**FIRST SECTION** Thursday, October 26, 2006

## CRAWFORD COUNTY AVALANCHE

**Publishing** In Grayling Since 1879

50¢

#### Incumbents challenged for county board seats

by Dan Sanderson Staff Writer

Creating jobs, resolving circuit court funding issues and addressing crumbling county roads were top issues raised by the four candidates vying for seats on the Crawford County Board of Commissioners.

Democrat Roy Spangler is challenging incumbent republican county commissioner Terry Beardslee for his seat on the county board. Shelley Pinkelman, also a republican currently serving on the board, is facing a challenge from democrat H.J. VanderPutten.

Beardslee, who has served four two-year terms on the board, sits on a tri-county committee, which deals with 46th Circuit Court operations. Crawford County and Kalkaska Counties recently prevailed in a case, which reached the Michigan Supreme Court over a funding dispute with court employees and Otsego County.

Beardslee said he would like to settle issues regarding court operations with commissioners from the three counties and the court employees.

"We stood strong and fought that through to the end, and now that we have won in the Supreme Court, we have a lot of loose ends we need to tie up, and Continued on Page 8A

See "INCUMBENTS..."

#### American Legion Post updates building facade

by Dan Sanderson Staff Writer

The American Legion Post #106, which has served as a gathering place for Grayling area veterans and the community for over a half century, is receiving a facelift.

Contractors last week started a project placing cultured stone and cedar trim on the front of the American Legion Post build-

"We are just trying to update the appearance of the building and the bricks out front are starting to deteriorate and crumble," said Larkin Baker, a past American Legion Post commander who is overseeing the construction.

Revenues from the lottery ticket machines placed in the post's lounge generated funds for the project, Baker said.

The American Legion currently has 184 members.

The post was built in 1953, largely through labor of post members and donated labor from local construction firms.

"The whole town pitched in to help," said Baker, an Air Force

The bowling alley was built first, and the post lounge and community room were added

American Legion members look forward to having the building upgrades completed in conjunction with the renovations of the former Crawford Continued on Page 8A

See "AMERICAN..."



Photo by Dan Sanderson Monte Malonen, foreground, and Rod Dunckley, employees for Collen

#### Grayling teens killed in tragic automobile crash

The Grayling community is mourning the deaths of two student athletes who were tragically killed in a car accident on Saturday.

Ryan James Davis, 19, and Joshua Leo Mastej, 18, died on Saturday, Oct. 21, as a result of an accident which occurred on White Road north of County Road 612 in Maple Forest Township around 4:18 a.m. The vehicle, driven by Davis, struck a tree, causing the car to catch on fire.

Crawford County Jason Alexander discovered the vehicle, which was fully engulfed in flames upon his arrival at the accident scene. The Frederic Township Department responded to the scene to put out the blaze.

High speeds and alcohol were believed to be factors in the accident, which remains under investigation.

Davis, is a 2005 graduate of Grayling High School. Davis was a member on the school's golf team, setting school records and participating in several statewide golf tournaments. He attended Ferris State University for professional golf management and Kirtland Community College.

Continued on Page 8A See "GRAYLING TEENS..."

#### Weather vane for fish hatchery building created

summers work at the Grayling Fish Hatchery has been completed.

A five and a half foot tall

the original weather vane at the hatchery, was recently completed by Timothy Gibbons, a designer and CEO for TMG

The crowning touch for this weather vane, modeled after Ventures of Traverse City, in cooperation with Originals Design & Fabrication of Empire.

The weather vane, which

features a fish hook and a 30inch long hand crafted grayling, was funded through a Continued on Page 8A

Masonry, place cultured stone on the front the American Legion Post #106.

See "WEATHER ..."



Timothy Gibbons, a designer and CEO for TMG Ventures of Traverse City, in cooperation with Originals Design & Fabrication of Empire, completed the new weather vane for the Grayling Fish Hatchery.

#### Halloween safety tips offered for trick-or-treaters

It's almost time for witches, ghosts and goblins to appear at parties and on neighborhood streets in search of fun and treats.

The Grayling City Police Department has recommended that children and families trickor-treat in the city from 6 p.m. to 8 p.m. on Tuesday, Oct. 31.

In order to make the Halloween holiday safe, the National Fire Protection Association recommends the following tips:

• Purchase only costumes, wigs and props labeled flameresistant or flame-retardant. When creating a costume, choose material that won't easily ignite if it comes in contact with heat or flame. Avoid billowing or

long trailing features. • Provide children with lightweight flashlights to carry for lighting or as part of their cos-

 Dried flowers, cornstalks and crepe paper are highly flammable. Keep these and other decorations well away from all open flames and heat sources, including light bulbs, heaters, etc.

· Use flashlights or batteryoperated candles when illuminating Jack-o-lanterns. Use extreme caution when decorating with candle lit Jack-O-Lanterns, and supervise children at all times when candles are lit. When lighting candles inside Jack-O-Lanterns, use long, fireplace-style matches and be sure to place lit pumpkins well away from anything that can burn including doorsteps, walkways and yards.

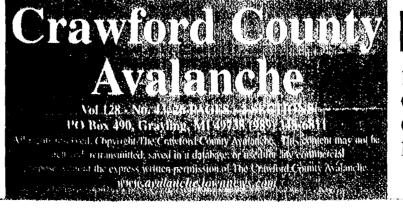
• Remember to keep exits clear of decorations, ensuring nothing blocks escape routes.

· Use flashlights as alternatives to candles or torch lights Continued on Page 8A See "HALLOWEEN..."

Fall Back Daylight Saving Time nds on Sunday, October 29. Remember to set clocks

#### Headlines New city manager hired.....2A Construction firm hired for new shelter.....3A Football season ends with 17-14 loss . . . . . . . 1B

IV squad ends season with 36-8 victory......1B



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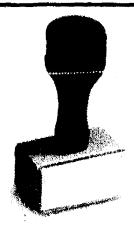


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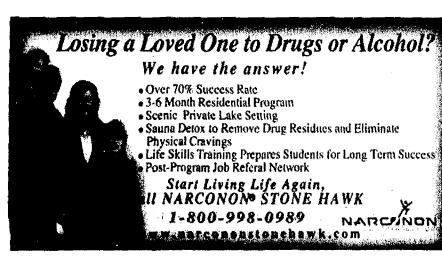


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## MSU extension director honored with state award

by Dan Sanderson Staff Writer

A local educator, who has expanded the outreach of programs for children and families, was recently recognized with a statewide award.

Linda Cronk, the director of the Michigan State University (MSU) Extension for Crawford County, was presented with a Meritorious Service Award at the MSU Extension's fall conference.

Cronk is the first person in the state to be recognized with the award.

Tom Coon, the director for the MSU Extension, said professional organizations affiliated with the the organization have previously given out awards, but there has been no recognition coming from the Extension administra-

"There are a lot of good people doing a lot of good work for the Extension, and Linda has found some innovative and creative ways to expand the programs the Extension is offering - not only locally - but statewide - that has really stood out," Coon said.

Cronk started as the MSU Extension Director in Crawford County in November, 2004.

Under her leadership, the staff has grown from three employees to having eight employees. She has been able to leverage state and local dollars to add over \$500,000 in federal funds to the local extension office's operating budget.

Cronk has collaborated with local Department of Human Services officials to provide educational programs to parents of infants as well as serving as an outreach to foster parents. The extension office has also spear-



Photo by Dan Sanderson

Linda Cronk, the director of the Michigan State University Extension (MSU) for Crawford County, was presented with a Meritorious Service Award at the MSU Extension's fall conference.

headed initiatives to create mentoring relationship between to benefit children and families." youth, adults, high school and college students through the fed- award by her staff and adminiseral AmeriCorps program.

"Linda has been a huge asset to the county," said Dave Stephenson, chairman of the Crawford County Boards of

Commissioners. "She's a real go

getter and has done a lot of work

Cronk was nominated for the trators serving the MSU Extension in Northern Michigan.

"We're certainly proud to have Linda in the role she is serving in Crawford County, and the impact of the programs being seen locally is a testament to her work," said Patrick Cudney, director for MSU Extension's north region.

Cronk attended the MSU

Extension fall conference under the guise that she was receiving another award from the professional organization.

"I saw this as confirmation for the programs that we are providing for the community and the citizens and that felt really good," Cronk said, "There are really a lot of good people doing a lot of good work here to help strengthen families, and it's an honor to work with such a committed group of people."

# October is Adopt a Shelter Pog Month



#### Bunny

is a 9 month old German Shepherd. She is active and beautiful and likes other dogs. She does need training.



Callie

is a 3 - 4 year old Wirehaired Pointing Griffon mix. She is smart and housebroken. No other pets please.



Chucky

is a nice mixed breed dog. He is good with other dogs, funny and very friendly.

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#### Max

is a 5 - 6 year old mixed breed dog. He is friendly, sweet and likes most other dogs and seems to be housebroken.



here are

spayed/neutered according to state law and fully vaccinated (if old enough). Adoption fees range from \$125-\$150.

The Animal Shelter of Crawford County took in 308 dogs/puppies last year. The numbers are on the same track for 2006. Most dogs come to the shelter

after being picked up as a stray by Animal Control or have been found wander-

ing by concerned citizens. Some are thoughtlessly abandoned by their owners when they move away. In 2005, less than one-third (97) of the dogs that found

refuge at our shelter were claimed by their owners. That leaves a lot of great

The Animal Shelter of Crawford County is located between the Road

Commission and the Eagles Hall at 508 1/2 Huron St. in Grayling

Phone: (989) 348-4117.

Hours: 9 a.m. to 3 p.m. Mon-Sat and 9 a.m. to 12 p.m. Sun/Holidays

Visit www.ascc.petfinder.com or www.verybestpetnetwork.com to see all of our dogs and cats awaiting adoption!

The Animal Shelter of Crawford County is a 501c3 nonprofit organization

dogs looking for loving, new homes... and they're looking to you for help!



Paige is a 6 - 7 month old Black lab mix. She is playful, affectionate and good with other dogs.



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New city manager hired years of county government serv-

The Grayling City Council unanimously approved and made an employment offer to David A. Thayer for the position of City Manager at a Special Council meeting on Oct. 20. Thayer, the former manager of the Village of Lexington, has accepted and assumed duties on Oct. 23.

Thayer brings to the position over 25 years of public administration experience and holds a Masters of Public Administration degree from Northern Michigan University.

His experience includes five years federal government/national non-profit service, 11 years of state government service with the Michigan House of Representatives, seven

ice, and four years of municipal government service. Thayer stated he carefully con-

sidered several employment opportunities and felt that the City of Grayling was the best fit. He acknowledged there are many exciting challenges ahead of him and hopes to make a positive impact on all of the issues.

First on his agenda is to get a grasp on the events that have led to the current state of affairs and to offer plans to move the community forward. His focus will be on getting the various groups involved in the community's commerce working together and improving the quality of life for all its citizens.

#### September blood drives

On Sept. 1, the American Red Cross Blood Drive held a special 0 type blood drive, at St. Mary's Family Center, 25 donors attended. Kimberly Wejrowski was a first time donor. Esther Mullins received a five gallon pin; Raymond Trudgeon received a 10 gallon pin and Joseph Rozenek received a 16 gallon pin.

On Sept. 6, 63 donors came to the American Legion and gallon pins were awarded. Donakowski received a two gallon pin; William Harwood, a three gallon pin; Vicki Royston and Robert Woodland receivedfive gallon pins; Mary Baker, a 10 gallon pin; Marilyn Fick, a 12 gallon pin; and Charlie Fick received a 31 gallon pin.

The next blood drive will be held on Wednesday, Nov. 1, from noon to 5:45 p.m., at the American Legion Hall.

Another blood drive will be held at Frederic Elementary School, on Thursday, Nov. 2, from noon to 5:45 p.m.

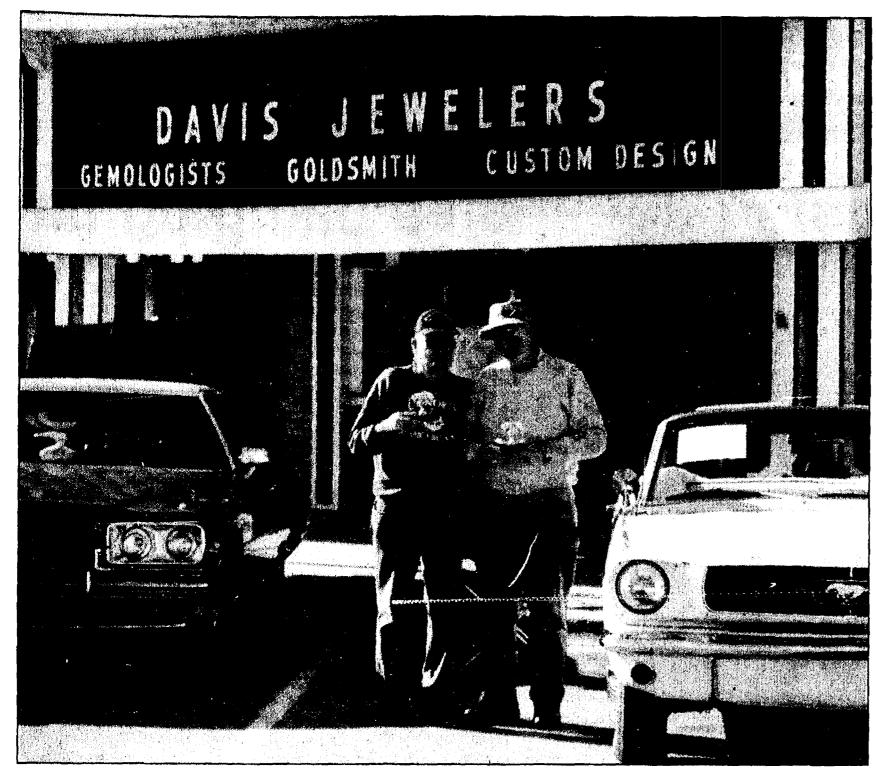
Donors must be 17 years of age and weigh at least 110. There is no age limit. At all drives, donors are requested to bring a photo ID or their Red Cross donor card. It must be at least 56 days since your last donation,

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## Fall Color Tour Car Show winners



Lloyd Berry and Derek McEvers, pictured above, received awards for being among the Top-10 judged entries in the Crawford County Historical Society's Color Tour Car Show held in downtown Grayling earlier this month. Other Top-10 award winners included Carl Hoops, Ralph Schenke, Tom Leski, Sonny Cannaday, Mary and Don Brilley, Wendy and Rod Hinkle, Mike Wood, Roxann and Dave Blankenburg. Other awards winners included: Ernie Dawson, the Crawford County Historical Museum's choice award; Carl Hoops, best paint job; Roxann and Dave Blankenburg, best interior; Mary and Don Brilley, best engine and best of show award; and Tom Leski, the Grayling Regional Chamber of Commerce's choice award.

## Construction firm hired for new animal shelter

by Dan Sanderson Staff Writer

The Crawford County Board of Commissioners hired a Houghton Lake-based construction firm last week to build a new shelter for stray animals in

Ten construction firms submitted bids for the new Animal Shelter of Crawford County, which will be located on the Crawford County Fairgrounds property. Four of the firms were interviewed by animal shelter and county officials for further consideration.

Ultimately, after extensive discussion regarding the bid review process, Wakefield Construction of Houghton Lake, was awarded the contract for \$364,570.

AuSable Construction of Grayling, Castle Brothers of Flint and Integrity Construction of Gaylord were the other construction firms considered for the job.

County Crawford Administrator Paul Compo said that all bids were within an \$8,000 range of one another.

Thomas O' Brien, the architect for the Animal Shelter of Crawford County project, rec-Wakefield ommended Construction for the job based on the use of local sub-contractors and building material suppliers.

all of us here in Crawford. County," said Sharon Priebe, president of the Animal Shelter of Crawford County, Inc. Board of Directors.

Wakefield Construction also did not include a markup on construction costs, meaning the firm stances occur during the project which could add cost for labor or materials.

"Anything he makes a mistake on, he's going to eat it," County Commissioner Rick Anderson said.

Wakefield Construction also suggested construction alternatives for the job, which eliminated \$18,075 from the initial bids for the contract.

In addition to the bid review interviews, Priebe said she also visited Dr. Paul Mesack, the owner of the Grayling Hospital for Animals, who had Wakefield Construction build his veterinarian clinic.

Priebe said that Mesack was comfortable with the work the firm completed, reviewed shelter building plans and made suggestions for the animal shelter proj-

"Having looked at what Dr. Mesack has and what we are trying to achieve, I feel that Wakefield Construction has a better concept of where we are going with this and are very aware of our cost restraints,"

The Crawford County Board of Commissioners received a \$330,000 Ioan through U.S. Department of Agriculture (USDA) on behalf of the Animal Shelter of Crawford County Board for the new shelter. The shelter board will repay the bonds issued to pay for construction of the facility over a 20-year period.

The Animal Shelter of Crawford County, Inc., a nonprofit agency, has operated the "That's very, very important to shelter since 1991 when the county decided it would no longer run the shelter due to budget woes.

> The current shelter facilities have outlived their usefulness, and are in need of repair and replacement.

The Crawford County Road will not seek extra funds from Commission Board in January the county if unforeseen circum- extended the lease for the current animal shelter through 2007, but have future plans for the use of the property.

Wakefield Construction will have the shelter completed within seven months. Other firms said they would be able to com-

plete the work in about half the Removal of Grayling, has been time, but Priebe said the shelter board was comfortable with the construction timeline.

"We know that it is not going to be at a point where it is livable until spring," Priebe said.

completed by Great Lakes Tree

completed, and construction is expected to begin this week. T-Rex Fencing of Houghton Lake will erect fencing for the shelter in the next couple of weeks.

"It's gratifying to see this Site clearing, which is being moving forward and we're excited for the animals," Priebe said.

#### **OPEN LETTER TO VOTERS**

The HONORABLE JANET ALLEN, our current 46th Circuit Court Judge is up for election on November 7th.

Judge Allen, prominent trial attorney for more than 24 years, earned the respect and now the endorsement of over 50 northern Michigan Judges and trial attorneys.

Since her appointment to the bench she has gained the reputation as an intelligent, fair, decisive and compassionate jurist.

I urge you to consider her candidacy.

Thank you,

John B' Huss **Prosecuting Attorney** 

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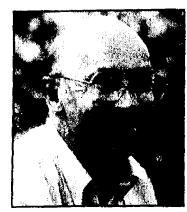
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#### ALMANACK

by Richard L. Milliman

## TV advertising dominates campaigning

IT'S NO SURPRISE, but television advertising has taken over statewide political campaigning.

The two gubernatorial candidates are ubiquitous in their endless TV spots, which have been liberally spiced with new ads every few weeks, or even more often.

"It (TV advertising) allows a candidate to put forth a good first impression and talk directly to voters in their living rooms," explained Tom Shields, head of a Lansing based political consulting and marketing firm, who has been advising campaigns and candidates for about 25 years now.

Sure, it's expensive, but one of the wonders of modern politics is that money seems to be available. If dollars don't come from the candidates' own campaign committees, then they're provided by local and national party organizations and interest groups .... and in the case of GOP governor hopeful Dick DeVos from personal and family bankrolls.

TV spots gobble up about 75 percent of statewide campaign

spending, with the rest for radio, newspapers and direct mail, according to Mr. Shields, who works most often for Republican candidates. He didn't say from where those irritating roto-call telephone messages are financed.

MOST TV ADS focus on tearing down an opponent, with maybe a few truths, but mostly half-truths and downright lies intermingling. They demean the entire process of seeking office.

Person to person campaigning - knocking on doors, neighborhood coffees, courthouse square barnstorming, factory gate hand shaking - remain, but these tried and true campaign methods have become less and less important in big races. TV reaches more people in shorter time and less effort. Only money and a strong stomach are required.

It's TV that rules the campaign roost, and station cash registers overflow during campaign season. Newspapers even review new ads, for heaven's sake, discussing content and sometimes applying a "truth test" to them. In the old days, print media would not even acknowledge the existence of electronic gadgets like radio and TV.

As the electronic and computer worlds continue to develop their reach, who can predict what campaigning will look like in the future. It may come to the day when a candidate may never have to venture outside a studio and control center to reach every constituent electronically in some mysterious way already in development.

Maybe the candidate of tomorrow won't even have to face a single voter face to face.

\* \* \*

FIGHTING FOR YOU - The terminology must have tested on a focus group somewhere, but almost every candidate promises to fight for something or other.

They will fight for veterans benefits, or health care, or more jobs, or anything that sounds good to the voter. The overall mantra is: "I'll fight for you."

Maybe that's why nobody gets along in Lansing or Washington. They're all just fulfilling cam-

paign promises. They're fighting all the time.

THAT DARN BRIDGE -Somewhere in Alaska, there's a famous bridge to nowhere.

We've heard about it in election ads all through this campaign season.

In the 7th Congressional primary, TV ads by the right wing Club for Growth in Washington savaged Republican Congressman Joe Schwarz as a liberal and free spender. He even voted to build "a bridge to nowhere in Alaska," the ads claimed.

In the statewide campaign for US senate, Republican challenger Michael Bouchard puts the free spender tag on Democrat Sen. Debbie Stabenow. She even voted to build "a bridge to nowhere in Alaska," claims a Bouchard ad.

I've done no research, but I am aware of how money often is allocated in Congress. Pork barrel projects are jammed into an omnibus spending bill, which usually sails through Congress

with near-unanimous approval by both parties. Most everybody has a pet project in there somewhere.

I'm guessing the famous "bridge to nowhere" was put into an omnibus spending bill by Alaska's delegation, just as other local projects are hidden in such bills by other delegations, likely including a project or two for Michigan's benefit.

Democrat Stabenow and Republican Schwarz don't often vote the same way on controversial items, but it's likely both voted "yes" on that Alaskan bridge.

CAYMAN CAPITAL - TV ads by the Michigan Democratic State Central Committee tattooed Republican Candidate DeVos for months on his business deals. In a new ad, the Democrats claim Mr. DeVos registered some of his businesses in the Cayman Islands, not an unusual business step in many cases. Democrats then suggest that if elected, Mr. DeVos might move the governor's office to the Caymans, too.

Why not move the whole capi-

tal to the Caymans, at least for half the year. Then we could have a real part time legislature - part time in the Caymans, part time in Michigan. I might even return to fulltime political reporting ... at

least for the winter sessions.

CORRECTION - In last week's Almanack, I discussed the five statewide proposals on the November 7 ballot. In one instance I misnumbered one proposal.

Proposal Five seeks to estab-'lish an annual automatic cost of living increase in state funding for education. In one instance, I wrote that was Number Four, which involves eminent domain, although the text discussed Proposal Five. The correctly labeled eminent domain question was discussed in a different area of the column.

I apologize for the error. # # #

Richard Milliman is a veteran newspaperman, and a contributing columnist to Michigan newspapers.

## DITOR

#### Viking fans showed wonderful compassion

To the editor:

There was a wonderful demonstration of compassion by the Viking Football fans who were seated near me at a recent football game.

I was accompanied to the game by a handicapped gentleman who was attending his first ever football game. Assistant Athletic Director Donna Boughner and Bob Vollmer were so helpful by providing rides for

us on their golf carts so we could get to the bleachers.

When we were leaving at the end of the game, several people moved to the edges of their seats so this man could put his hand on their shoulders to help himself up the stairs.

He had a great time and told me that he was excited to be

> Thank you, Renee' Deman

## Get into the Halloween spirit

(ARA) - Halloween is one of the biggest decorating holidays of the year, second only to Christmas. According to the National Retail Federation, nearly 60 percent of people plan to purchase decorations and 47 percent expect to decorate their home or yard this year. With everyone getting into the Halloween spirit, make your house stand apart from your neighbors' by keeping in mind this year's trends.

"Making homes festive with creative Halloween decorations can be easy and fun for everyone from beginners to advanced crafters," says Susan Atchison, trend expert for Jo-Ann Stores. "This season, cute is in and

creepy is out. Gone are the days of menacing mummies or frightening felines. Cute spiders, goofy monsters and playful witches will be especially hot. Also, décor adorned with sunny and unexpected color pairings such as royal purple mixed with hot green, pink and jack-o'lantern orange will add extra personality to the inside and outside of your home."

If you're in the mood to embrace the charming side of Halloween this year, check out these easy ideas from Jo-Ann Stores to add a playful and creative touch to your un-haunted house – inside and out:

· Show your trendy side by dressing your table with vibrantly colored place settings that feature friendly spiders made from basic shapes with large animated

• Accent your mantle with spider votive holders on a yarn table runner to add quirky distinction to party décor.

• For Halloween entertaining, give your guests goofy handmade spider boxes filled with goodies and treats. With wiggle eyes and bright, glittery colors, these little favors are gifts your guests won't soon forget!

• Greet guests and trick-ortreaters with a festive door wreath made with silly monster and jack-o'-lantern faces in a rainbow of colors.

Colorful lights aren't just for

Christmas anymore. Use strings of lights to decorate outdoor trees and bushes for Halloween. For a fun, friendly feel, add lively and unexpected hues of green and magenta with traditional orange and blacks to bring fresh life to your outdoor lighting.

• Post unique stakes in the yard featuring cute character cutouts to welcome guests (instead of scaring them away!)

• Let kids make their own personalized treat bags this year by easily stitching two pieces of black felt together with a strip at the top for a handle. Glue on ears, eyes and whiskers to make a black cat or use green and orange felt to create a pumpkin.

(Courtesy of ARA Content)

#### Unsportsmanlike conduct has far too long been tolerated

To the editor:

After reading Mr. Pindell's Oct. 10 letter to the editor, I feel compelled to say "kudos" Mark. This yearly rash of "unsportsmanlike conduct" has far too long been tolerated. It is no wonder people like us, take so much enjoyment out of just being in the "great outdoors." We have to. Too many times some jerk has lifted our legally placed property. Probably

thinking they can turn a fast buck, or have something for nothing. In either case, they can't ever get back, what they have taken from themselves. Respect and wishes of good luck from at least two hunters.

I am going to join Mr. Pindell with my own private little wish for their future hunting success.

> Don Steffes Grayling

#### LETTERS TO THE EDITOR

come on the Opinion Page. Letters may be typed or handwritten, but please doublespace or use every other line and limit to 500 words.

Every letter must be lished. signed and an address

to be considered for publication. Letters will not be published without the author's name. Telephone numbers are not pub-

All letters are sub-

Your views are wel- and telephone num- ject to editing and ber must be included will be printed as space allows.

Deadline for submission of letters to the editor is Friday at noon for consideration for publication in the following week's paper.

#### **DISCLAIMER**

The opinions expressed in the letters and columns on this page are solely those of the writer and do not necessarily reflect the views and opinions of The Crawford County Avalanche.

## CRAWFORD COUNTY

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Composition

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**Shelly Quintano Business Office** 

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## AVALANCHE DEADLINES

Community Briefs items submitted to The Avalanche must be turned in to the office by Monday noon, to appear in that week's issue.

Photographs must be turned in to the office by noon on Friday for consideration in the next issue.

News items and letters should be submitted on 8 1/2-x-11 inch paper, typed, and double-spaced.

Handwritten items must also have ample space between each line; on lined paper use every other line. Classified ads by the word must be turned in by Tuesday noon and have to be paid for in advance or they will not be published.

Classified display ads must be turned in by Monday noon. Full page, half page, or

color display ads must be turned in by Thursday at 5

The deadline for all display ads smaller than a half page is Friday at 5 p.m.

#### Finger printing and I.D. clinic to be held

A free finger printing and photo I.D. clinic for children will be held on Saturday, Oct. 28, from 1 p.m. - 4 p.m., at the Moose Lodge 1162, 4 Mile Rd. and Old 27. Sponsored by the Women of the Moose, Chapter 827 and the Crawford County Sheriff Dept.

#### Travel film presents Lewis and Clark

The Grayling Promotional Association Entertainment Series 34th season of Travel and Adventure will present Lewis & Clark: Confluence of Time and Courage, on Oct. 26, at the Rialto Theatre. Narrated, in person, by Gary Warriner, the show will begin at 7:30 p.m., doors open at 6:45 p.m. Tickets cost \$8 for adults and \$7 for seniors/students and are available at the Grayling Chamber of Commerce or at the door. For more information call the Chamber at 989-348-2921.

#### Local blood drives to be held

Crawford County American Red Cross will hold blood drives on Wednesday, Nov. 1, from noon to 5:45 p.m., at the American Legion Hall; and at the Frederic Elementary School on Thursday, Nov. 2, from noon to 5:45 p.m.

#### Church hosts all-you-can-eat luncheon

Michelson Memorial United Methodist Church, on Michigan Avenue, Grayling, will host an all-you-can-eat luncheon of hot casserole, a sandwich, salad, soup and dessert on Thursday, Nov. 2, from 11 a.m. to 1 p.m. The cost is \$5 per person and take-out orders are available. Everyone is welcome.

#### Garden club to meet

Beyond the Garden Wall Garden Club will meet on Thursday, Nov. 2, at 7 p.m., in the fellowship hall at Michelson Memorial United Methodist Church. There will be a Christmas craft project and refreshments will be served, everyone is welcome. For information call 889-5054.

#### Nominations open for 2006 O.B. Eustis **Environmental** Awards

Huron Pines is now accepting nominations for the O.B. Eustis Awards. The purpose of the award is to recognize individuals, organizations or businesses that have consistently represented a balanced longterm view of reconciling the protection of the environment with the intelligent use of our natural resources. The nominees may come from the 11 county region of Northeast Michigan including Alcona, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle and Roscommon.

The winner(s) will be recognized at the Annual Meeting of Huron Pines on Feb. 3, 2007.

The award is named for the late O.B. Eustis because his work was an excellent example of balancing environmental and economic concerns. He was widely known and respected as an industrialist, an environmentalist, and a nature columnist. The 2005 winners were the Montmorency County Tribune (the business category), the Long Lake Improvement Association (organization), and Robert "Bud" Slingerlend of Atlanta (individual).

Nomination forms, along with the criteria by which the applicants are judged, can be obtained by contacting: Huron Pines, 501 Norway St. Grayling, MI 49738. Phone: (989) 344-0753 x21, or Email: jill@huronpines.org

Nomination forms are due by January 12, 2007.

Huron Pines is a non-profit organization whose goal is to conserve the forests, lakes and streams in Northeast Michigan This is accomplished by developing public/private partnerships to promote resource stewardship and sustainable land use programs, implementing onthe-ground conservation practices, coordinating large-scale resource restoration practices, and enhancing local communi-

#### **Annual free Diabetes** Health Fair planned

More than 18 million the hospital will offer: Americans suffer from diabetes, a group of diseases characterized by high levels of blood glucose resulting from problems in insulin production or insulin action. And about 5 million of these people are not even aware that they have this potentially deadly condition.

To provide information about Hospital diabetes, Mercy Grayling is offering a free Diabetes Fair from 6:30 p.m. - 9 p.m. on Thursday, Nov. 2, at the Holiday Inn in Grayling. Featured speaker will be JoAnn Henderson-Collins, a diabetes champion.

Health care professionals from 0455.

A healthy snacking presentation/cooking demonstration by registered dietitians; free blood pressure checks; free body fat analysis; exhibits of diabetes supplies; recipe sampling; door prizes; free foot exams; and flu vaccinations for \$25 (if vaccine available)

There is no admission charge for this informative session, but space is limited. People who have Medicare should bring their cards with them because it will cover their flu vaccine. For more information, or to register, please call Mercy Hospital Grayling's Diabetes Education at (989) 348-

**Grayling Youth Booster Club** 

The 50/50 raffle winners for Oct. 22, of \$25 each: Tom Coors (2), Jeff Branch, Dennis Henning, Joy Hodges, and Tina Bassett.

#### **Project Graduation**

The "Lucky 300 Club" Raffle winner for Oct. 6 of \$100 is Barb Domcik, for Oct. 13 is Charlene Scheer, and for Oct. 20 is Larry McNamara,

#### **Big Brothers Big** Sisters holds Bike for Kids fundraiser



Alyssa Morley stands with the bike she won at the Big Brothers Big Sisters Bike for Kids fund raiser, donated by the Grayling Youth Boosters. The event raised money for Big Brothers Big Sisters programs in Crawford County.

the first Big Brothers Big Sisters Grayling High School, with a recharge station and turnaround point at Bright and Glory Lakes.

Afterwards there was pizza and the participants were given freebies from local businesses. a deserving child.

Over 30 people participated in There were also chances to win various raffle prizes, including a Bike for Kids fundraiser. They free child and adult bike. The biked seven miles to and from winner of the child's bike was Alyssa Morley of Grayling. The winner of the adult bike was Jeff Parkinson, but he graciously gave it back to BBBS (Big Brothers Big Sisters) to give it to

#### **PUBLIC NOTICE**

The Grayling City Police Department would like to remind citizens about two city ordinances.

1. City Ordinance 69-1 section 6 prohibits parking on the streets between the hours of 3:00am and 6:00am. Vehicles found on the streets during this time may be ticketed and/or towed. It is especially important to keep the streets clear in order to facilitate snow plowing during the winter months. Snow will soon be here and Vehicle owners should be aware that the Police Department will soon begin enforcing the ordinance.

2. City Ordinance 02-01, prohibits the accumulation of any kind of refuse or associated material upon the right-of-way of city streets. Trash, including yard waste, may not be placed in the right-of-way until noon of the day prior to the scheduled pickup. Trash receptacles must be removed from the right-of-way no later than midnight of the day in which items are picked up.

The City of Grayling appreciates the cooperation of its citizens in these matters.

Karl A. Schreiner Chief of Police

#### Worried About Identity Theft?



- Avoid carrying your social security card with you.
- Order and review your credit report annually.
- Use a paper shredder to dispose of sensitive documents.
- Add Identity Theft Coverage to your Auto-Owners Homeowners policy.

#### Auto-Owners Insurance



Cornell Agency, Inc. P.O. Box 527 M-72 E. at I-75 Grayling, MI 49738 348-6761 • 1-800-666-8896

Tiffanie Stadler



#### **Arbor Day** mini-grants available

Michigan Department of Natural Resources (DNR) and the Michigan Arbor Day Alliance are now accepting applications for Arbor Day minigrants. The grants are available through the DNR's Urban and Community Forestry program with funding from the USDA Forest Service.

The goal of the program is to highlight Arbor Day (April 27, 2007), the value of trees and forests, and improve the quality of life in communities. Grants may be used for planting trees on public lands, staging Arbor Day celebrations or purchasing natural resource-related materials for libraries.

Local units of government (city, township, village) public educational institutions (K-12, college, university), public libraries, non-profit organizations, neighborhood organizations (501(c)3 or equivalent, churches and tribes are eligible Grant applications to apply. and information packets are available from the Michigan Arbor Day Alliance at http://www/miarbordayalliance.org, or by calling 517-337-4999.

Applications must be received by Nov. 17, 2006. Fifty grants will be awarded through a random selection process. Projects must be completed by June 30, 2007, and grant money will be paid upon completion of the project. All grants require matching funds equal to the awarded amount. The match may be made up of other funding or in-kind services, but may not included federal funds. Grants up to \$200 may be requested.

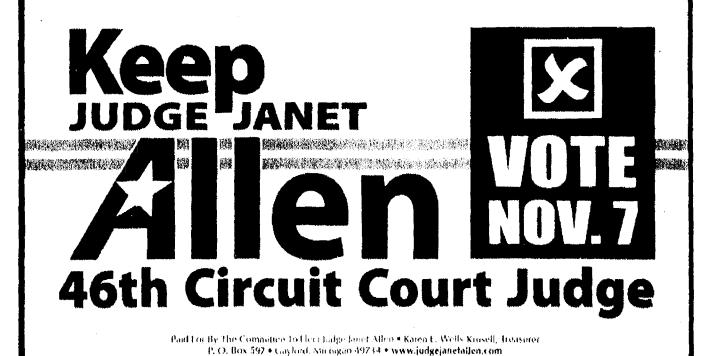
For more information regarding Arbor Day or the DNR's Urban and Community Forestry Program, contact Kevin Sayers, Urban and Community Forester, at 517-241-4632, or visit http://www.mi.gov/dnrucf.

Judge Janet Allen is for the people.

She believes in giving her time and talents to the community.

Whether working as a mentor for teens, as a Big Sister in Big Brothers Big Sisters, in her free legal representation of senior citizens as an attorney for the Retired Senior Volunteer Program, as Womens' Resource Center past president and board member, as secretary of the American Association of University Women, or as a 24 year member of St. Mary Cathedral...

> Judge Janet Allen always puts people and their needs first.



## The Bible Speaks

#### Justification of **Abraham**

In Romans 3:19-26 we studied how God's justification is all of God's grace through faith in the righteous life, death, burial, and resurrection of our Lord Jesus Christ is imputed to us for forgiveness of sins and eternal salvation. In Romans 3:27-31 we studied how all challenges to God's justification are rejected. Now in Romans 4 God uses two man, Abraham and David to illustrate that God's salvation is the same from Genesis to Revelation, for all nations, all ages, and all individu-

First, there is the question in Romans 4:1 of Abraham's flesh, what did Abraham's flesh have to do with his justification before God? "1What shall we say then that Abraham our father, as pertaining to the flesh, hath found?" Abraham is considered a religious father by three world religions, Islam, Judaism, and Christianity. But as Galatians 3:16 states: "16Now to Abraham and his seed were the promises made. He saith not, And to seeds, as of many; but as of one, And to thy seed, which is Christ." As Jesus said in John 6:63: "It is the spirit that quickeneth; the flesh profiteth nothing:

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RESTAURANT

First Baptist Church of Frederic Paster Dale Hatmoord

Byening Worthip 6 pm Week Prayer & Bible Study 7 pm

Criegian Walkey Tuberstances Cherick of God Paster Donald Godle Autoclasse Paster Priol Albert Meeting as the Primary School

unday School.

the words that I speak unto you, believed God, and it was counted they are spirit, and they are life." Being a descendent of Abraham's flesh can save no one. As Romans 8:8,9 state: "8So then they that are in the flesh cannot please God. 9But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his."

Second, there is a question in Romans 4:2 of Abraham's favor, did Abraham do anything to earn God's favor in justification? "2For if Abraham were justified by works, he hath whereof to glory; but not before God." Romans 4:2 reminds us Abraham's works brought him no glory or favor before God. As 1 Corinthians 1:27-29 says: 27But God hath chosen the foolish things of the world to confound the wise; and God hath chosen the weak things of the world to confound the things which are mighty; 28And base things of the world, and things which are despised, hath God chosen, yea, and things which are not, to bring to nought things that are: 29That no flesh should glory in his presence."

Third, there is a question in Romans 4:3 of Abraham's faith, and the place his faith had in his justification or salvation. "3For what saith the scripture? Abraham

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unto him for righteousness." God's Holy Scriptures give God's final word on Abraham's justification in Genesis 15:6: "6And he believed in the LORD; and he counted it to him for righteousness." As Galatians 3:6-8 repeats: "6Even as Abraham believed God. and it was accounted to him for righteousness. 7Know ye therefore that they which are of faith, the same are the children of Abraham. 8And the scripture, foreseeing that God would justify the heathen through faith, preached before the gospel unto Abraham, saying, In thee shall all nations be blessed. " As Jesus Christ said in John 8:56: "56Your father Abraham rejoiced to see my day; and he saw it, and was glad." From Hebrews 11:17-19 we read: "17By faith Abraham, when he was tried, offered up Isaac: and he that had received the promises offered up his only begotten son, 180f whom it was said. That in Isaac shall thy seed be called: 19Accounting that God was able to raise him up, even from the dead; from whence also he received him in a figure." Pastor "B"

The Bible Speaks is a paid advertisment and does not necessarily reflect the views and opinions of the Crawford County Avalanche.

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#### **OBITUARIES**



Ryan J. Davis

Mar. 17, 1987 - Oct. 21, 2006

Ryan James Davis, 19, of Grayling, passed away suddenly in an automobile accident on October 21, 2006.

Ryan was born on March 17, 1987, to Wayne and Jill (Howard) Davis.

He was a 2005 graduate of Grayling High School and attended Ferris State University Professional Golf Management and Kirtland Community College. Ryan had a cheerful attitude and loved sports from a very young age and into adulthood. He actively participated in baseball, soccer, football, and basketball, but truly loved golf. He played varsity golf all four years of high school, setting records and participating in several state level competitions. In a close second for love of the game was baseball, of which he also played varsity all four years, adult leagues and the vintage baseball league with his father.

He is survived by his parents, Wayne (Nancy) Davis and Jill (Brian) Andersen all of Grayling; brother, Justin Davis (Mary Wingfield) of Grand Rapids; sisters, Samantha Davis (Mick Clark) of Grayling, and Elizabeth Andersen of Lansing; grandmothers, Helen Davis of Warren, Jeanne Carlson of Roscommon, Betty Clark of Mt. Pleasant, and Yvonne Andersen of Grayling; grandfather, Bruce Andersen of Interlochen; niece and nephew, Paige and Aydden Clark of Grayling; and numerous aunts, uncles, and cousins.

He was preceded in death by his grandfathers, Donald Davis, Jesse Carlson, Paul Clark, and James Howard, and uncle, Gary Nettleton.

Funeral service held at 1 p.m., on Wednesday, October 25, at Michelson Memorial United Methodist Church, with Rev. Carl Davis officiating.

Condolences may be sent to www.sorensonlockwood.com. Memorial contributions may be made to the Grayling High School baseball or golf program. Arrangements made by Sorenson-Lockwood Funeral Home.

#### Rick A. Gaertner

Rick A. Gaertner, 47, of Traverse City, formerly of Grayling, passed away on October 19, 2006. A memorial service was held on October 22. at Sorenson-Lockwood Funeral Home. Arrangements made by Sorenson-Lockwood Funeral Home.

Joshua L. Mastej

Oct. 26, 1987 - Oct. 21, 2006 Joshua Leo Mastej, 18, of Grayling, passed away suddenly in an automobile accident on October 21, 2006.

Josh was born on October 26, 1987, in Detroit, to Adrian Joy (Kurpiewski) and John Mastej.

He moved to the Grayling area when he was in second grade and was a 2006 graduate of Grayling High School. He was an outgoing young man who loved sports and outdoor activities. During his school years he played football and basketball, but the sport that he truly loved and excelled in was baseball and won many awards for his catching abilities. He loved hunting and fishing, living on the farm, and school. He worked at the Gray Rock Cafe as a cook.

He is survived by his father, John Mastej; sister, Jennifer (Keith) Procunier; brother, Brian of Grayling; niece, Kaden Procunier; and grandfather, John E. Mastej.

He was preceded in death by his mother, Adrian Joy Mastej, in 2001.

Funeral service held at 1 p.m., on Wednesday, October 25, at Michelson Memorial United Methodist Church.

Condolences may be sent to www.sorensonlockwood.com. Arrangements made Sorenson-Lockwood Funeral Home.

#### Michael Hable

Michael Hable, 54, of Grayling, passed away on October 17, 2006. A family graveside service was held on October 21, at Beaver Creek Cemetery. Arrangements made by Sorenson-Lockwood Funeral

#### **46TH CIRCUIT** TRIAL COURT

Sentencings for Sept. 2006 Hon. Dennis F. Murphy

Kenneth Michael Kalicke, age 48 of Warren - Found guilty for a probation violation on Aug. 10, 2006; sentenced on Sept. 8, 2006 to serve 270 days with credit for 71 days served.

Larry Allen Love, age 27 of Frederic - Plead guilty on Aug. 10, 2006 to breaking and entering with intent; sentenced on Sept. 8, 2006 to serve 180 days in jail with credit for 94 days served; ordered to pay \$86.42 in restitution, \$60 state minimum costs, \$60 crime victim rights fee, \$300 circuit court costs and \$350 attorney fee; additional restitution to be determined.

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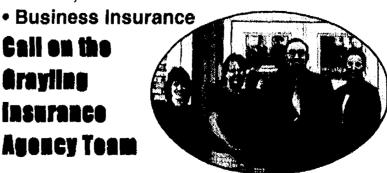
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#### **SENIOR CITIZEN** News

Join us for a meal, either at noon or 5 p.m. weekdays except Friday, when there is no evening meal. Please try to call for reservations at (989) 348-7123 or 1-888-355-4500, so that we know how many to plan for.

This week's menu (lunch/dinner) and activities:

Friday, Oct. 27 - Lunch - oven fried chicken, mashed potatoes with gravy, zucchini, and mandarin oranges. No Dinner. 1 p.m. Stagette Club and Pantry Bingo.

Monday, Oct. 30 - Lunch scalloped potatoes with ham, green beans, peaches, and apple. Dinner - taco salad with lettuce and tomatoes, Mexican corn, and tropical fruit salad. 10 a.m. aerobics, 1 p.m. Bridge Club, 5:30 p.m. Yahtzee.

Tuesday, Oct. 31 - Lunch hot turkey sandwich, mashed potatoes with gravy, carrots, and mixed fruit. Dinner - swiss steak, boiled potatoes, green beans and pears. 10 a.m. tenant council meeting, 12:45 p.m. Euchre, 5:30 p.m. Bunco.

Wednesday, Nov. 1- Lunchtuna noodle casserole, asparagus, tossed salad, and mandarin oranges. Dinner - western omelet, O'Brien potatoes, fresh fruit medley, muffin, and orange.

Thursday, Nov. 2 - Lunch-Teriyaki chicken with rice, broccoli, cauliflower, and pineapple. Dinner - roast pork, sweet potatoes, creamed peas, and applesauce.

The Crawford County Commission on Aging's Senior Center is located at 308 Lawndale, behind Burger King in Grayling. Walk-ins are wel-

#### SHERIFF'S REPORT

Crawford County Sheriff Kirk Wakefield reports his office handled the following 87 complaints the week of Oct. 16 -Oct. 22.

hazardous-spill-leakpower line, four false alarms, three criminal conducts/sexual assaults, one assault and battery/simple assault, three larcenies, one nonsufficient funds check, one damage to property, seven public peace/disorderlies, OUIL/UBAL, two health and safeties, one invasion of privacy/wiretap, one runway, one miscellaneous criminal offense, two miscellaneous arrests, 14 traffic accidents, one accidentnon-traffic, two motor vehiclesvehicle identification numberschool busses, three civil matters/family disputes, 17 suspicious situations, 17 general noncriminal complaints and four

Sheriff Wakefield asks: "Do you know where your children are? Please remember, our children are our future."

driving violations/driving while

license suspended.

For more information, log on to: www.crawfordsheriff.org,

#### LIBRARY NEWS

**Devereaux Memorial Library** 

Come and see the best carved and painted pumpkins in Crawford County at The Great Pumpkin Jack O' Lantern contest, Oct. 30 - Nov. 1. The pumpkins will be submitted by the Grayling High School art students and will be judged Monday, Oct. 30, at 3:30 p.m.



#### Breakfast served until Stop in after church for brunch 201 James • Grayling 11 a.m. on Sundays 348-7654 1-75 Bus. Loop Grayling, STEPHAN WOOD PRODUCTS Ph. 348-2269 605 Huron • Grayling Calvary Baptist Church Christian Science Society 209 First St. - Suite 103 - Gaylord Dr. Robert Barnett, Pastor (989) 732-7001 April through October 2nd & 4th Wednesday Sunday School .10:30 am Prayer & Awada Club (Wed.) m Memorial United Methodist Church Church of Clarist Old US-27 at Skyline Rd. • 275-8613 In Search of the Lord's Way Sunday Mornings on Pastor: Dr. William A. Cargo 400 Michigan Ave. • 348-2974 Website: www.mm-umc.org Barrier Free .8:30 & 11 am Sunday Classes. Sunday Worship Sunday School (preschool - 3rd grade) .......11 am State of the Heart Adult Sunday School Children's Sunday School (Childcare Available) ...9:45 a.m. Isl Sunday Evening of every month there is no service, Mid-Week Bible Study (Wed) Seventh Day Adventist Pastor David Jorgensen Phone 989-348-1909 Services held Saturday at Camp AuSable off M-72 East (1st building on right inside camp entrance) Abundant Life Tabernacle Pastor Lyle Studer 211 Shellenbarger St. • 348-5325 Saturday Church Service Saturday Sabbath School Sunday Worship luesday Prayer Meeting .... .....7 pm Grayling Baptist Church Affiliated with S.B.C. Pastor John Scott Lovells Community Chapel (Bible based & non-denominational) Pastor Larry Hankins The Church of Jesus Christ of Latter Day 705 Madsen St. \* Grayling \* 348-2557 Associate Pastor Tom Faunce 8133 Bald Hill Rd. Lovells President David Page .10 am Sunday School Sunday School (youth & adult). .11 am Wednesday Service Morning Worship Wed Prayer & Bible Study 11 am Bear Lake Christian Pustor David Rosemberg Associate Pastor Scott Hoffer Burning Bush Tabernacle Pastor Patricia Petrie, 348-1278 M-72 & East Bear Lake Rd. 6652 (M-72 W.) • 348-9093 501 E. Michigan Ave., Grayling Early Service Sunday School Morning Service Prayer Meeting (Wednesday)... Bible Study (Wed.). 10 am ....10 am Sunday Service, Children's Church and Youth Youth Group 2" & 4" Wed... ..11 am Luzerne Baptist Pastor James Durfee 2247 Durfee Lane Emma Lowery United Church Of Christ 3474 West Park Road, Luzerne Monday Prayer Meeting ...... Wednesday Service ...... Priday Prayer Meeting .... Sunday School (van transportation available) Sunday Morning Worship :... Sunday Evening Worship. Wednesday Bible Study... St. John Letheran (ELCA) Heritage Baptist Paster Ernic Wagner 348-1411 710 Spruce Street 348-5224 Harvest Time Church of God hertiagebaptist-grayling org 1841 Hartwick Pines Rd.(1/4 mile west of 1-75) Pastor Fred Coates : 506 North Birch St., Kalkaska (231) 258-3448 Sunday School ...... Worship Service 11 am & 6 pm Family Training Hour and Prayer (Wed) 7 pm Community of Christ Pastor Carol Stephan North Down River Rd. a Mt. Hope Latheran Church (LCMS) (489) 348-3921 905 N. 1-75 Bus. Loop. at the junction of M-93 & Old 27 1030 Glenn Rd. • 348-9751 Graviling Assembly of God Paster Gary Weiden 701 S. 1-75 Business Loop Church School. Midweek Service Prayer ..... Summer Worship: Parsonage 348-7466 St. Mary's Roman Catholic Community Robert W. Nalley, J.V., Pastor Parrish Office - 708 Peninsular - 348-7657 Unity Church of Today North Terry Dickinson, Minister Virtual Church—an Email Bible Study available at timod@freeway.net Saturday Evening Masses ... with the Elijah Message 7662 Kelly Ave., Prederic St. Martin Ev. Lutherne (WELS) St. Francis Episcopal Reverend Ellemeth Chace M-72 West • Office 348-5850 Douglas Carter - Paster For information call 989-390-5920 Morning Prayer Tues-Pri... Eucharist (Wed) The Roscommon Community Center, 510 South St., Roscommon, MI. (989) 821-9474 Sunday Holy Rocharist ..... .8:30 & 10:30 am

Mid Week Services (Wed)

(Behind Cornell Real Estate)
Mail 9141 N. Cut River Rd Roscommon, MI

48653
Phone: 989-348-9382 or 989-821-6722
B-mail: reshtefellowship@hormail.com

This Church Directory is used by residents and visitors. If you wish to show your

port for area charches, call the Avalanche at 348-6811, to be included on this page.

#### Legg, Gerkin wed



Teresa Legg and Matthew Gerkin

Teresa J. Legg and Matthew K. Gerkin were united in marriage on May 27, 2006 at Greystone Mansion in Honor.

Teresa, is the daughter of Ivajoan Legg of Grayling and Douglas Legg of Norway. She is the granddaughter of Patricia Legg and the late Donald Legg and William and Faye Gallagher, all of Grayling.

Matt is the son of Stephen Gerkin and Shelia Vincent of Roscommon and the grandson of Richard and Alice Vincent of Houghton Lake.

groom were Tracy Rice of Iron

Mountain, Cheryl Papendick of Traverse City, Jeremy Spradlin of Ga., Mark Gerkin of Davison, and Brian Legg of Iron Mountain.

A reception with 75 of their close friends and family immediately followed the wedding.

The couple honeymooned at Sandals Grande Ocho Rios Resort in Ocho Rios, Jamaica.

Teresa is a 2000 graduate of Grayling High School and is a registered nurse at Munson Medical Center.

Matt is a 1998 graduate of Attendants of the bride and Houghton Lake High School and is a firefighter and student.

#### Smith, Stirrett wed



**Ester Smith and Andrew Stirrett** 

On Sept. 9, 2006 Andrew W. Stirrett and Ester J. Smith were joined in marriage. The ceremony was officiated by Reverend Richard Duprey, lifelong friend of the bride, at the home of the bride's parents in Houghton Lake.

Among other close friends and family in attendance were the groom's mother and step-father,

Karen and Jay Brewer, and the parents of the bride, Guy and Deborah Smith.

Andrew is a Specialist in the U.S. Army. Ester has worked as an AmeriCorps member with 4-H Mentoring in Crawford County for the past year, and is a student in Kalamazoo. The two will live together in Alaska, where Spc. Stirrett is stationed.

#### Shepard's celebrate 50 years



Marja and Russell Shepard

Russell and Marja Shepard, celebrated their 50th wedding anniversary on Sept. 1, 2006. They were married at the Bath Methodist Church, in Bath on Sept. 1, 1956.

They have two children, Russell, who lives in Grand Rapids and Leeann, who lives in Gaylord; six grandchildren: Brian, Michelle, Christi and Emily Dunckley, and Rachael and Sydney Shepard.

#### RANGE FIRING

River Rd.

Heavy weapons range firing

is scheduled from sunrise until

three hours after sunset. Due

to mobilizations or critical

training requirements, the Post

Commander may authorize

mission-firing requirements

This firing schedule is sub-

the

Resources for the areas closed

for hunting within the bound-

aries of the installation.

Grayling DNR telephone num-

ber: (989) 348-6371. For fur-

ther information call 1-989-

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the public.

Contact

Department

344-6320.

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Range firing scheduled for the period of Oct. 26 - Nov. 1 is as follows:

The Range 40 Complex, Air to Ground, located north of County Rd. 612, east of Guthrie Lake, south of Old State Rd. 618, and west of County Rd. F97 (Twin Bridge Rd.) will be conducting live and inert bombing operations by the Air National Guard during Oct. 26 - 27 and Oct. 30 -Nov. 1.

Small Arms Ranges located west of Lake Margrethe, north of Howe Rd., east of the gas pipeline and south of Portage Creek. Oct. 26 - Nov. 1.

ARF Range, located west of Lake Margrethe, north of Howe Rd., east of the gas pipeline and south of Portage Creek. Oct. 27 - 29 and Nov.

Range 15, located south of the main post, bounded on the west by Cadillac Rd., and on the east by Carrier Rd. Oct. 27 - 28.

Range 30 Complex, located north of North Down River Rd., east of Jones Lake Rd., and south of County Rd. 612, and west of Bald Hill Truck Trail. Oct. 27 - 28.

In addition, the following roads will be closed on Oct. - 28, Bucks East - West Truck Trail from Jones Lake Road to Bald Hill Truck Trail, Ketchum Truck Trail from Bucks East-West to N. Down River Rd., Stephan Bridge Rd. from County Rd. 612 to N. Down River Rd., and

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> Thank You, Amy Leonard

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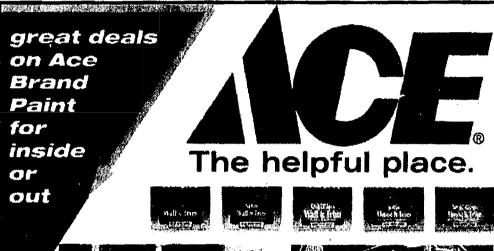
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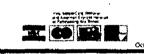
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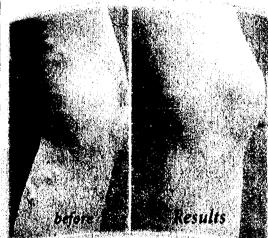
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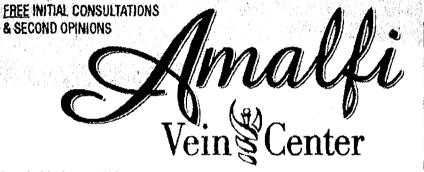
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2006 GENERAL ELECTION

GRAWFORD COUNTY DEMOCRATS

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## Grayling teens killed in tragic automobile crash

Continued from Page 1A

Mastej is a 2006 graduate of Grayling High School. He loved and excelled at baseball and won many awards for his catching abilities.

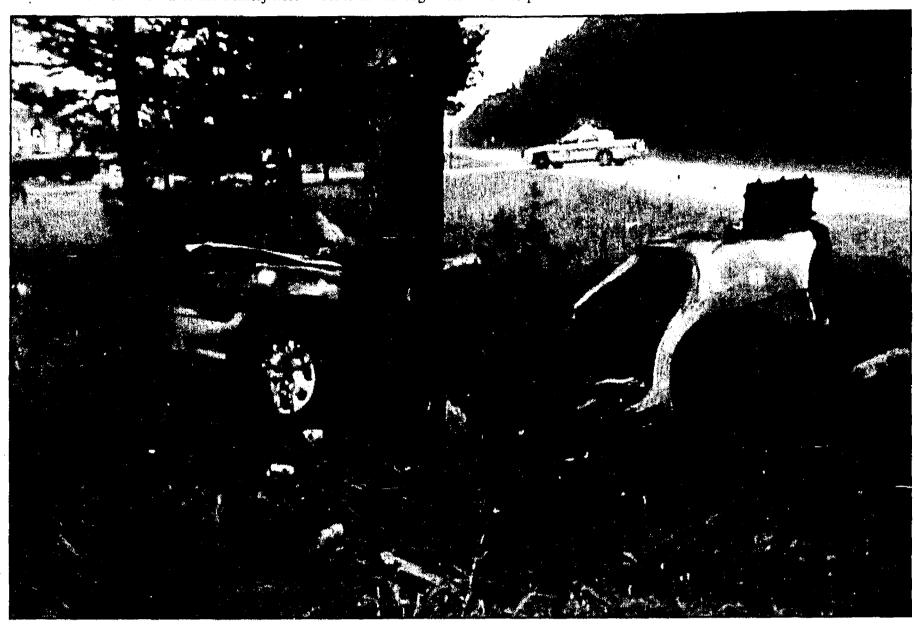
Funeral services for Davis and Mastej were

scheduled to be held at 1 p.m., on Wednesday, Oct. 25, at Michelson Memorial United Methodist Church.

Counselors held special sessions with students at the high school to help them deal

with the tragedy.

"Something like this effects the whole community in every little corner and we have to try to deal with it and get through this," said Crawford County Sheriff Kirk Wakefield.



Ryan James Davis, 19, and Joshua Leo Mastej, 18, died on Saturday, Oct. 21, as a result of an accident which occurred on White Road north of County Road 612 in Maple Forest Township around 4:18 a.m. The vehicle, driven by Davis, struck a tree, causing the car to catch on fire.

#### Incumbents challenged for county board seats

Continued from Page 1A

hopefully, we save the taxpayers some money," Beardslee said.

Pinkelman said she is also trying to retain her seat on the board to address court opera-

tions and other issues facing the thing I can still add to county into play," Pinkelman said. county.

"We are so close, and we need to be proactive to address these issues so we can come up with a solution that will be positive for everyone," said Pinkelman, who has also served four two-year terms on the board.

Spangler, a retired Michigan State University Extension director for Crawford and Roscommon Counties, said he still wants to continue serving the public.

"I've always wanted to be a county commissioner, and I have a lot of knowledge working with local units of government for 32 years and I'm an advocate for creating jobs and economic development," said Spangler, who has served on the Kirtland Community College Board for 16 years.

VanderPutten, who served on the Macomb County Board of Commissioners for 16 years, feels that his background can benefit the community at the

commissioner's table. "I just think there is some-

government," VanderPutten, a retired insurance agent who moved to

Crawford County in 1999. All candidates cited job creation and economic development as the top issues facing the county.

"Our people can't take anymore of a tax burden, so we need to try to bring in more industry, more people and try to grow tax base and the community," Beardslee said.

Spangler believes the county needs to devote more resources to the Crawford County Economic Development Partnership.

"The county has to step up to the plate and provide more financing for the partnership that they have with the city, township and everybody else," Spangler said.

Pinkelman also said the county needs to be proactive recruiting business to the county.

"We needed to have that structure in place, helping businesses come in if that does come

VanderPutten said he would like to see more financial support for law enforcement.

"Most local law enforcement agencies are short manned right now," he said.

Providing additional services for seniors and low-income citizens was also an issue raised by candidates for the two board

"We have to stay active on these committees we are on so we can bring some money back to the county," Beardslee said.

Supporting the Crawford County Road Commission and finding funds for road repairs was another issue raised by the candidates.

"Something is going to have to be done because some of the roads are terrible and its going to be quite a ways down the road before they are going to be repaired," VanderPutten said.

The polls are open from 7 a.m. to 8 p.m. on Tuesday, Nov. 7 at the Grayling City Hall or at the six township halls in the

#### DEMOCRATIC CANDIDATES

Absentee ballots can be obtained from your

City or Township Clerk office

until the Saturday before the election (Nov. 4).

If you need assistance getting your ballot or getting to the

polls call your local precinct delegate.

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#### **Secretary of State** Carmella Sabaugh

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#### **Attorney General**

**Amos Williams** 

#### **United States Senator**

**Debbie Stabenow** 

#### **1st District US Representative**

**Bart Stupak** 

#### **36th District State Senator**

Paul M. Reid

#### **106th District State**

Representative

**Matt Gillard** 

#### State Board of Education

**Reginald Turner** 

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Julia Dovovan Darlow Kathy White

#### **Michigan State University**

#### **Board of Trustees**

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#### **Wayne State University Board**

#### of Governors

**Debbie Dingell Eugene Driker** 

#### **County Commissioners**

Roy Spangler (District 7) H. J. VanderPutten (District 3) Richard Anderson (District 6)

## Remember you can vote a straight democrat ticket.



#### **Michigan Supreme C**ourt

Jane Beckering

Michael Cavanagh

#### **District 4 Court of Appeals Judge**

**Alton Davis** Stephen L. Borrello

#### **46th Circuit Court**

Janet Allen

#### **Crawford County Judge for Probate Court**

**Monte Burmeister** 

Paid for with regulated funds by the Crawford County Democrats

Continued from Page 1A

(USDA) Rural Business Enterprise Grant and local matching funds.

"It was fun to work on, and should last for years," said Gibbons, who has been involved in the hatchery museum project for some time.

Gibbons interest in the hatch-

ery developed years ago when U.S. Department of Agriculture he would visit relatives in

Weather vane for fish hatchery building created

"It was natural that I would, as a graphic artist, want to be involved in such an exciting project" he said.

Gibbons and his collaborator, Curtis Warnes of Originals Design & Fabrication, spent over 100 hours on the project.

As a work of art, they expect to have smaller versions of the weather vane to be available for collectors soon.

The original Hatchery weather vane is on loan to the Crawford County Historical Museum.

The USDA grant and local donations also paid for a new roof for the hatchery building and to paint the exterior.

#### American Legion Post updates building facade

#### Continued from Page 1A

County Library, which will become a local nature center, and the project wrapping up in the ect. Grayling City Park.

"We are just trying to keep up with the times and wanted to do our part to make Grayling look nice," said Steve Green, the current commander for the American Legion Post #106. Grayling based Collen

Masonry was hired for the proj-

Employees for the firm said they appreciate being able to work on a job at a place which serves local veterans.

"We know just about everybody in here," said Monte

Malonen, a Collen Masonry

employee. Todd Collen, the owner of Collen Masonry, plays in the Friday night bowling league at

the American Legion. "This is a great place for the community and a great place for the kids to learn to bowl," Collen

#### Halloween safety tips offered for trick-or-treaters

#### Continued from Page 1A

when decorating walkways and yards. They are much safer for trick-or-treaters, whose costumes may brush against the

lighting. • Instruct children to stay away

sources. Be sure children know how to stop, drop and roll in the event their clothing catches fire. (Stop immediately, drop to the ground, covering your face with

from open flames or other heat—over to extinguish flames.) Cool the burn.

• Instruct children who are attending parties at others' homes to locate the exits and plan how they would get out in your hands, and roll over and an emergency.

## Safety concerns raised about older drivers

by John Bronze **Capitol News Service** 

Tom Casperson knows all too well that some people don't belong on the road.

The Republican representative from Escanaba was driving a logging truck in the Upper Peninsula when an 83-year-old man drove into the side of his truck.

"He admitted he didn't even see me. Luckily, I had time to swerve a little and not hurt him," said Casperson, a member of the House Transportation Committee. "He had no family here to drive him anywhere, so he had to do it all himself."

Other drivers aren't so lucky. For example, two elderly driviers died in August 2006 and November 2005 near the I-75 and M-127 interchange at Grayling. Both drivers mistakenly thought they were on a highway but actually were on an exit.

Such problems may increase because of the elderly population in Michigan, expected to double in the next 20 years, while roads becoming more congested, highway safety experts say. A number of groups is looking at ways to improve driving for people 65 and older.

"A 27-year-old is less likely to die from the same accident a 77-year-old would because their body is more fragile," said Elinor Ginzler, director for livable communities at AARP. "We need to minimize risks by states creating effective screening and identifying at-risk drivers, improving the travel environment and individual responsibility, such as refresher courses for drivers, friends and fami-

Currently, Illinois and New Hampshire require mandatory testing starting at age 75 for license renewals. Ten other states require a physician's note after age 65. Michigan is not among them.

The Michigan Department of Transportation (MDOT) developed a type face for road signs that is 65 percent clearer and easier to read and is installing rumble strips on highways and larger traffic signals to help older drivers.

Pedestrians also feel safer with countdown traffic signals. These signals start at 10 and count down to zero to let pedestrians know how much time is left before a light turns.

Also, Bob Felt, MDOT communications specialist, said the department is working on M-32 in Gaylord to create one entrance to multiple shopping centers.

"The less entry points you have to an establishment the less accidents you have," Felt said. "The traffic usually meets at one stoplight."

In addition, AARP offers safe-driving courses around the state to anyone over 50. Sessions are schedule for at 9 a.m. Nov. 1-2 in Petoskey, 10 a.m. Nov. 6 and 8 in Bay City and 8:30 a.m. Dec. 13 and 15 in Traverse City. The class lasts four hours. The fee is \$10.

The class also available online. For information contact AARP at 888-AARP-NOW or online at www.aarp.org/fami-

#### **Driving Quiz**

- 1) Drivers aged 55 and over, compared with drivers aged 30-54, are involved in:
- a) More accidents per mile
- b) About the same number of accidents per mile
- c) Less accidents per mile
- d) It varies each year
- 2) The traffic light ahead is green when you first see it. You should:
- a) Speed up to make the green light before it turns yellow
- b) Slow down and wait for the light to turn red
- c) Proceed with caution and be prepared to stop
- d) Both (a) and (c) are correct
- 3) You want to change lanes. You can see if another vehicle is in your blind spot:
- a) Only if you check your rearview mirror.
- b) Only if you check your sideview mirror
- c) Only if you turn and glance over your shoulder
- d) Only if you check both mirrors
- 4) The best response to a "Roadwork Ahead" sign is to: a) Continue driving at the posted speed limit and look for the road-
- b) Look for the roadwork
- c) Slow down and look for the roadwork
- d) Brake and be prepared to stop
- 5) If you take medication before driving, the most important thing for you to do is:
- a) Have another person ride with you
- b) Be sure to eat a light meal
- c) Plan on making several rest stops along the way
- d) Find out the effects of the medication, and adjust your driving accordingly
- 6) When following a vehicle under good road conditions, the meas-
- a) I car length for every ten miles per hour you are traveling
- b) 2-second following distance
- c) 3-second following distance
- d) 10 feet for every ten miles per hour you are traveling
- 7) When backing up, it is usually best to:
- a) Open the left door and look back
- b) Steer with one hand, while looking into the rearview mirror
- c) Steer with one hand, while looking out the rear window
- d) Steer with both hands while looking into the rearview min
- 8) Frequent use of mirrors on a car is especially important for those
- a) Drive a lot on highways
- b) Have hearing problems ••
- c) Drive a lot at night
- d) Are driving unfamiliar cars
- 9) What is the Number one traffic violation committed by drivers aged 50 and over?
- a) Speeding
- b) Following too closely
- c) Failure to observe right-of-way
- d) Running a stop sign
- 10) What is the Number two traffic violation committed by drivers
- aged 50 and over? a) Speeding
- b) Improper left turn
- c) Tailgating
- d) Running a stop sign

Answers: 1)a 2)c 3)c 4)c 5)d 6)c 7)c 8)b 9)c 10)b

lies/driver\_safety.

Ginzler said, "The class refreshes, drivers on how to merge with traffic, anti-lock brakes, and reflects the changing among the times such as dealing with road-rage and warning signs."

AA of Michigan programs include an instructional lecture called "The Elder, Wiser Driver," which helps drivers adjust to physical limitations such as slower response time and limited night vision. AAA also offers a DVD, "Road Lies" with a review test of driving skills and cognitive abilities. Carfit, a joint program with AARP, helps seniors determine if their mirrors and seat are set correctly tips on how to fit the' car to the driver's specifications.

Education of younger generations is also important, AAA says. It encourages children and grandchildren to talk about, when to take away an older relative's car keys.

"Start early and be creative," said Jack Peet AAA manager for community safety services.

As an example he said: "A co-worker convinced his aunt to give her car to her niece because they would see each other more. The niece needed a car and if she needed to go anywhere the niece would take

Peet suggested taking the bus with older relatives because it becomes less scary and helps them transition into using public transportation.

Gogebic County, in the Upper Peninsula, is using tax dollars creatively. Casperson said, citing a voucher system that pays for seniors to take a cab or bus to doctors' appointments.

"It is a lot cheaper than investing in public transportation and it gives the person the feeling of being independent," said Casperson.

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#### "THE PEOPLE'S CHOICE" FOR 46TH CIRCUIT COURT JUDGE

In September of 2005, Janet Allen, former personal injury attorney and former chairwoman of the Otsego County Democratic Party, was appointed by Governor Granholm to the 46th Circuit Court, based on her patronage to the Democratic party. It is now time for the citizens to voice their opinion and vote for a candidate that represents the people of Crawford, Kalkaska and Otsego counties.

The courts, like other branches of government, must be fiscally responsible to the citizens that elect our judges. The Court should never have sued the citizens of Kalkaska and Crawford county over enhanced employee benefits that the counties could not afford. This lawsuit will now cost the citizens of the Crawford, Kalkaska and Otsego approximately 2 million dollars in attorney fees, which will come directly from the taxpayers. At the same time, our counties are facing decreasing revenue and have had to We need a change in our courts and Daniel J.Bebble will work cut their budgets. hard to keep our courts fiscally responsible.

Our citizens deserve a conservative judge who will apply the law, not make law. Daniel J. Bebble has the family values we want in a circuit court judge, believes in prolife, and will be tough but fair against crime, especially those committed against our children and the vulnerable members of society.

"Daniel J. Bebble has the ability, the experience and the highest standard of integrity necessary to carry out the important duties of Circuit Court Judge. The people of Crawford, Kalkaska, and Otsego Counties could be well served if he is elected Circuit Court Judge. I enthusiastically support his candidacy."

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Retired 46th Circuit Court Judge for Crawford, Kalkaska and Otsego Counties

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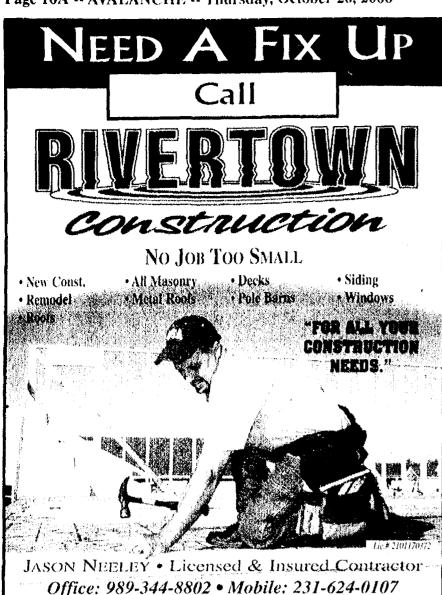
#### IT'S TIME FOR A CHANGE



AND FOR THE **CITIZENS OF CRAWFORD** COUNTY TO ELECT "THE PEOPLE'S **CHOICE**" DANIEL J. BEBBLE FOR **CIRCUIT COURT JUDGE** 

Endorsed by the Crawford County Republican Party This message was paid for by the committee to elect Daniel J. Rebble Circuit Court Judge,

505 S. Classic, Gaylord, MI 49735, D. Smith, Treasurer.



## Do cougars live here?

by Chris Jackett Capital News Service

The Michigan Wildlife Conservancy insists cougars are in Michigan, but the Department of Natural Resources (DNR) wants more evidence.

Cougars have been reported and documented by more than 20,000 residents, plus 100 DNR employees, in the state over the past 20 years, the conservancy said. However, the DNR doesn't recognize them as living in Michigan.

"It hasn't been in the DNR's interest that there's cougars," said Dennis Fijalkowski, executive director of the conservancy. "Since 1985, we've known about cougars."

He estimated that more than 100 cougars live in the state.

Fijalkowski said that there may be a financial reason the DNR won't acknowledge their existence. Because the cougar is a federally endangered animal, the DNR would be required to help protect them.

"It's a monopoly. Since 1921, they've had sole ownership of the wildlife population in Michigan," Fijalkowski said of DNR. "When someone talks about wildlife, they think of the DNR.

"Everyone turns to them for the authority. It builds enormous power in bureaucracy."

The cougar population hasn't grown much in the past two decades because of a genetic problem from inbreeding, he said.

Cougars survived the early 20th century in remote, privately owned areas in the Upper Peninsula and the northeastern quadrant of the Lower Peninsula, Fijalkowski said. Both areas were kept forested for deer and wildlife, and cougars survived long enough to follow their prey south in the late 1950s, Fijalkowski said. He said he is concerned that the cougars will meet with those expanding out of the Appalachians, moving west through Ohio, West Virginia and Kentucky and making their way up the Western Wildlife Corridor toward Michigan.

"If that is so, the cougars from the Appalachians have different genetic stock and can add new genetic material to the Michigan population," Fijalkowski said. "We could see reproduction in just two to three years throughout southern Michigan and northern Ohio. If that's the case, we'd better do something."

If the cougar population grows larger than 300 in the state, there could be serious

problems with cougars threatening people and their pets, because of population density in southern Michigan, he said.

Battle Creek and Bay City have declared public safety alerts because police have seen the animals in town, and cougars have been killing cats, dogs and, occasionally, horses.

Raymond Rustem, supervisor of the Natural Heritage Unit of the DNR, insists that those killings were investigated and could not be confirmed as cougar attacks.

Rustem attributes many of the cougar reports to large dogs or jaguarundi, exotic cats that resemble smaller cougars. Jaguarundi, allowed licensed pets in Michigan, live primarily in South America and don't live in the wild much north of southern Texas.

It's been illegal to keep cougars as pets since 1989, and only one is currently licensed in Michigan. Cougars have a 16- to 17-year life span in captivity. Rustem said the DNR confiscated a pair of illegally held cougars in southeastern Michigan as part of an exotic pet trade.

DNR suggest that cougars also may have traveled more than 1,000 miles from South Dakota to Berrien County in southwestern Michigan.

Fijalkowski responds that neither of the scenarios are viable, and that it would take 200 years for cougars to expand from the southwestern corner of South Dakota to Berrien County because female cougars travel no more than five to six miles away from other adult females. The 1,048-mile journey would have to have been made by males only, who have been known to travel 500 to 600 miles in their lifetime, but then were unable to reproduce. The South Dakota group was not discovered until 1990.

Douglas Edwards, the Houghton County prosecutor, encountered a cougar a few years ago near Lake Linden, about 10 miles north of Technological Michigan University.

"I was on the way to work at about 8:30 in the morning and it crossed the road in front of me. There was a warning on the radio that a cougar was sighted in Hancock by two ladies who were jogging.

"I laughed, and a quartermile from my house I saw it and said, "What is that?"

"I slowed down, looking in the woods, and it was sitting on his hind legs 20 to 30 feet away. I called a buddy who was a trapper and he said it was a cougar. It had a black tip on its tail, about a 90 to 100pounder."

Fijalkowski also said that a cougar followed a volunteer along a hiking trail at Sleeping Bear Dunes in Leelanau County for 20 minutes in September 2003. The park has posted warnings and conducted studies of potential cougar interaction.

DNR's Rustern said that there have been hair and scat analysis determined to be from cougars, but those tests did not test where they came from, suggesting that some cougars may simply be "passing through." However, DNR surveys wolf and bear tracks, and said that many people use dogs to hunt other animals, but have not encountered cougars.

"We should be able to detect them in one of those ways," Rustem said. "We haven't had any road kills. North Dakota and Florida have killed cougars in road kills. They have much lower densities of roads than Michigan.

"We're looking for physical evidence. We haven't gotten any really good photographs or videos," he said.

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The Crawford County Museum purchased four emergency exit lights through a \$950 grant from the Grayling Promotional Association. The purchase of the lights, which have a battery-powered back up, was the last item on a list of recommended fire safety upgrades made at the museum, said Kay Cosgray, president of the Crawford County Historical Society. Above, Carolyn DiPonio, president of the GPA, is pictured by one of the exit lights.

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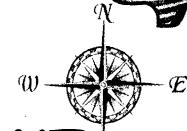
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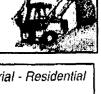
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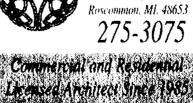
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## Credit union honored for community involvement

North Central Area Credit Union (NCACU) has been awarded the Michigan 2006 Dora Maxwell Social Responsibility Recognition Award. Administered by the Michigan

Credit Union League (MCUL) and the Credit Union National Association (CUNA), the Dora Maxwell Award honors credit unions for their involvement in community events and activities.

NCACU reached out to their community through Habitat for Humanity during a time when the program was in dire need. In the wake of Hurricane Katrina, financial support for local charities took a hit as many people directed their donations to New Orleans. NCACU recognized this and donated \$42,000 through the sale of an old administration building, and also raised \$5,194 in addition to the property contribution. The end result was a large enough donation for Habitat to build an entirely new home. The credit union raised awareness

through an extensive media blitz. The credit union's winning entry will advance to the national competition, where it will compete with other projects from credit unions in the same asset category nationwide.

The Dora Maxwell Social Responsibility Recognition Program was established to encourage credit union and chapter involvement in community projects and activities. Dora Maxwell was a pioneer of the elected to the first board of directors of the New York State Credit Union League in 1921. Ms.

Maxwell was also employed as an organizer for the Credit Union National Extension Bureau, now known as the Credit Union National Association (CUNA). credit union movement and was She held numerous volunteer positions within the movement and was active locally and nationally until 1955.



NCACU was recognized for donating \$42,000 through the sale of an old administration building, and also raised \$5,194 in addition to the property contribution to the local Habitat for Humanity.



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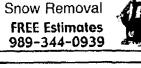
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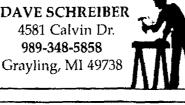
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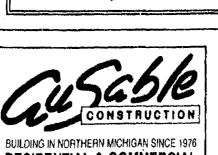
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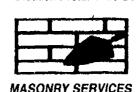
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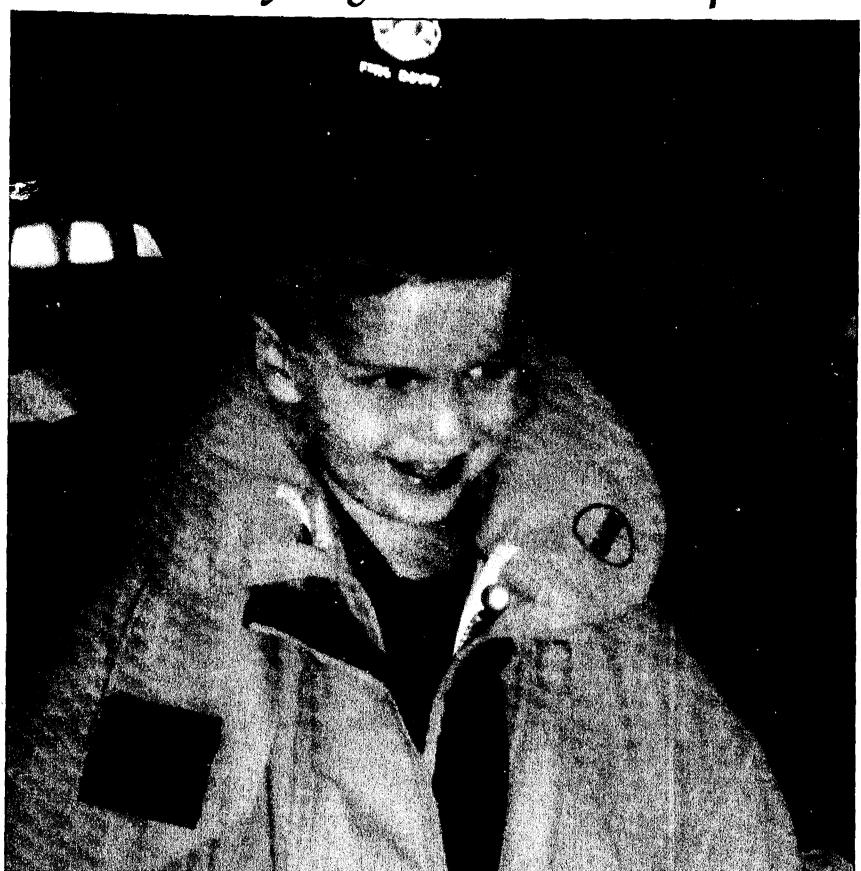
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## Fire safety is a hot topic



Students from the Grayling Cooperative Preschool learned about fire safety last week. Students from the 4-year-old class visited the Grayling City/Township Fire Station to see the fire trucks and fire gear up close. Teacher Angie Huber tried on the fire gear for the students as they learned the use for each piece of equipment. Firefigthers from the department also paid a visit to the preschool to teach the 3-year-old class about 911 and how to stop, drop and roll. Above, Ethan Dannenberg modeled a fireman's coat during the safety program.

## Experts to seek methods to improve residents health

by Briann McVicar **Capital News Service** 

Officials from Michigan's public health agencies will converge for a conference with one goal in mind; improving the health of state residents.

About 400 health professionals from at least 10 state and federal agencies will meet Oct. 18-19 in Gaylord to discuss how public health agencies deal with chronic disease prevention, environmental health, emergency preparedness, maternal and child health and nutrition and physical activity.

"This is an opportunity for people to look at how we can continue to move forward in the area of public health," said Linda VanGills, health director for the district of the Michigan Association for Local Public Health that serves Mason, Lake and Wexford counties.

Officials will participate in workshops seeking alternative solutions for public health issues and modifying existing programs, VanGills said. This will be accomplished as experts share knowledge and ideas, she added.

"I think the key is having your partners on the same page," VanGills said.

Dr. James Wilson, medical director for the same district as VanGills, said he hoped the conference would draw more attention to public health. Little attention is paid to public health until there is a severe problem, he

"It's a good place to find out what's going on," he said.

Teen smoking, unintended pregnancies and an underinsured population are among the problems his district faces, Wilson

Mark Bertler, executive director for the Michigan Association for Local Public Health, said the conference is important because it brings all of the state's public health experts together in one location. In the past, Bertler added, most state health organizations held separate confer-

The impact of chronic diseases, vaccine shortages and food poisoning are some of the issues that public health agencies deal with on a daily basis,

Bertler said he will participate in a workshop that will examine whether the state's public health code--which hasn't changed since 1978--is out of date and needs to be updated in order to better deal with evolving public health issues.

a review," he said.

The conference also will

Kevin Hughes, health education manager for the district that serves Mason, Lake and an award for the Girls on the Run Program, which he over-

The program, which serves third-through

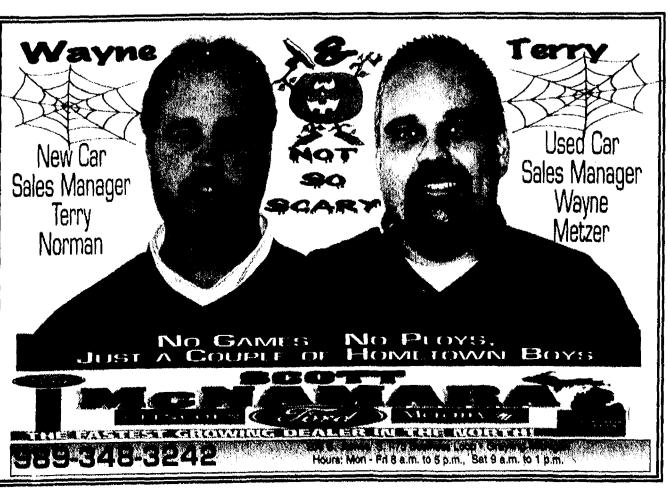
"Our hope is they will continue to do those things as they progress through life," Hughes

"We think it's important to do

honor health programs throughout the state.

Wexford counties, will receive

fifth-graders, fights child obesity and teaches girls about nutrition and mental and physical health, Hughes said. The girls can develop healthy habits that they carry on to adulthood, he added.



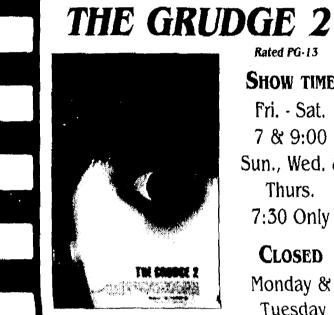
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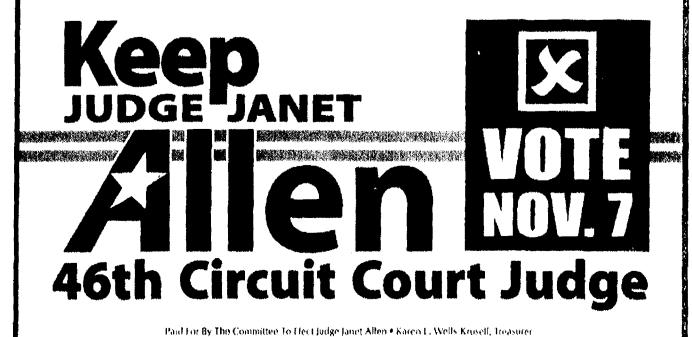
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# Graying City Police to host crime prevention sessions

The Grayling City Police Department is taking steps to help business owners combat crime.

The Grayling City Police Department is hosting two crime prevention workshops for small business from 8:30 a.m. to noon on Wednesday, Nov. 1, and from 5:30 p.m. to 9 p.m. on Thursday, Nov. 2 at the Grayling City Hall, located at 1020 City Boulevard.

Business owners and managers of small business are encouraged to attend the workshop, which are being offered free of charge, so they can reduce losses, liability and recognize risk factors that threaten the business—owner or manager's personal safety.

Grayling City Police Officer Tim Coe, a certified crime prevention specialist, and other officers from the department will be the presenters at the workshops,

Topics covered at the workshops will include armed robbery, response and prevention and alarms. Officers will also go

over current trends involving fraudulent activities, bad checks, shoplifting, counterfeit money, break-ins and identity theft. The workshops will also feature information regarding business policies and practices, policy manuals and guides, alarms and alarm systems, emergency preparedness plans and employee training. Finally, officers will present information on business crime watch programs and

"I am confident that business owners will find the information presented at the workshops beneficial and their time to attend the workshops well spent," said Graying City Police Chief Karl Schreiner. "The Grayling Police Department looks forward to working with our business community in making Grayling a safer place to live and work."

To register for the workshops or for more information, contact the Grayling City Police Department at 348-4621.

# Free clinic passes one year milestone

The AuSable Free Clinic, Inc., passed the milestone of one year of operation on Aug. 18. In the year since the doors opened, the clinic had 709 client visits.

The clinic is staffed by a parttime nurse director, volunteer physicians, a corps of nurses and social workers, and several administrative assistants. anticipation of reaching the one year milestone, in the spring the clinic recognized the nearly 100 volunteers that help make it a success. In its mission to provide free health care to residents of Crawford, Roscommon, Oscoda, and Montmorency counties, who do not have health insurance, the clinic staff and volunteers have also been instrumental in referring clients to other services and programs offered in the community and for which they are eligible.

The clinic has also been fortunate enough to see agencies who initially invested in opening the clinic, such as Blue Cross and Blue Shield of Michigan, demonstrate their continued confidence in the clinic by renewing financial support. Additionally, many individuals and agencies in the four county service area have donated monetarily. Because of that support, the clinic approaches its next fiscal year in 2007, in sound financial support.

Still further, the momentum on client visits continues at a steady pace. Since the one year anniversary in August approximately 130 additional client visits have occurred, making the grand total 739 client visits since inception.

The clinic continues to be operated in Thursday nights (except holidays), from 5 p.m. - 8 p.m. and is located behind Huntington Bank, in Grayling.

## MiAEYC receives donation to purchase books for children

The Michigan Association for the Education of Young Children (MiAEYC) received a donation of \$2,090 from the Michigan Department of Transportation to purchase new books for young children who normally wouldn't have any of their own. With the donation, MiAEYC purchased 1,356 new children's books appropriate for children from birth to 8 years old.

Several MiAEYC chapters will distribute books in the areas they serve, including the local chapter, COOR. The COOR chapter covers Crawford, Ogemaw, Oscoda and Roscommon counties. Children in homeless shelters and programs for low-income families will receive books.

"Research has shown there is a relationship between reading regularly to a young child and that child's later reading achievement," said MiAEYC President Jennifer Griffith. "We want to put books into the hands of children and families who probably don't have books. This tool will allow parents to begin a habit of reading together."

Griffith said the main goals of this distribution are to provide an opportunity for these children and their families to read together, promote family bonding and begin teaching children literacy skills. "This partnership between MiAEYC and MDOT to give books to young children around the state has been an enjoyable collaboration," Griffith said.

The donation came from the sales of MDOT's centennial book, "Bridget and Little Mac's Birthday Trip."

For local information, contact Sherry Garner at 989-348-7639 or at garners@nemcsa.org.



## SPORTS & RECREATION Thursday

**Crawford County Avalanche** 

**CRAWFORD** COUNTY AVALANCHE

**PUBLISHING** IN GRAYLING **SINCE 1879** 

Thursday, October 26, 2006

## JV squad ends season with 36-8 victory vs. Charlevoix

Vikings finish year with a 7-2 overall record and a 6-1 conference record

by Caleb Casey Senior Staff Writer

The GHS junior varsity football team finished its 2006 season with a 36-8 victory over the Charlevoix Rayders last Thursday at Grayling High School. The Vikings finished the year with a 7-2 overall record, and a 6-1 record in Lake Michigan Conference

On the first series of the game, Charlevoix drove deep into Grayling territory, but the Vikings kept the Rayders out of the end zone for four goal-togo plays to end the possession.

Grayling started at its 6-yard line. Quarterback Jimmy Osga passed to Eric Ferrigan for 12 yards on 2nd and 9. On the next play, Dustin Russo ran for 25 yards, but was injured on the play and did not return. A pass to Ferrigan and a run by Tyler Hanson picked up a first down.

Ferrigan for 11 yards. Hanson ran for seven yards on the next play. On 2nd and 3, Osga passed to Justin Farnsworth for ended with punts. a 29-yard touchdown. Osga passed to Ferrigan for two points on the conversion, and GHS led 8-0.

The Vikings forced a punt and drove 63 yards on three plays for a touchdown. The possession included a 43-yard pass to Tyler Steffy, which set up a 7-yard TD pass from Osga to Jordan Helsel on 1st and

On 3rd and 10, Osga passed to goal. Osga passed to Steffy for the two-point conversion. Grayling had a 16-0 lead.

The next two possessions

On 1st and 10 from the 49yard line, Charlevoix ran 51 vards for a touchdown. The Rayders scored two points on the conversion with a pass play. GHS led 16-8.

An interception ended Garyling's next drive, and Charlevoix punted after three Continued on Page 4B

See "JV SQUAD..."





Photos by Caleb Casey

(Left) Quarterback Jimmy Osga rolls out of the pocket and looks for an open receiver during last Thursday's JV game vs. Charleviox. (Right) Tyler Hanson runs the ball for the Vikings.

## Football season ends with 17-14 loss at Charlevoix

Rayders take advantage of three of seven GHS turnovers with 2 TDs, field goal

by Caleb Casey Senior Staff Writer

Grayling High School's varsity football team ended its 2006 season with a 17-14 loss at Charlevoix on Friday. The Vikings finished the year with a 5-4 record and did not qualify for the playoffs, ending the squad's postseason streak at three sea-

The Vikings were unable to overcome seven interceptions thrown during Friday night's game. Three of the turnovers led to scoring drives by Charlevoix,

including one interception that was returned for a TD.

On the third possession of the game, the Rayders intercepted a Grayling pass to give Charlevoix the ball 22 yards from the goal line. On the third play of the series, the Rayders scored a TD on an 8-yard pass on 1st and goal. With the extra point kick, Charlevoix led 7-0.

Grayling picked up a first down on 3rd and 10 with a 20yard pass from quarterback Jeff Bancroft to Nick Parkinson. On 1st and 10, Charlevoix intercepted a Grayling pass attempt and returned it to Grayling's 31-yard

Continued on Page 3B See "FOOTBALL..."

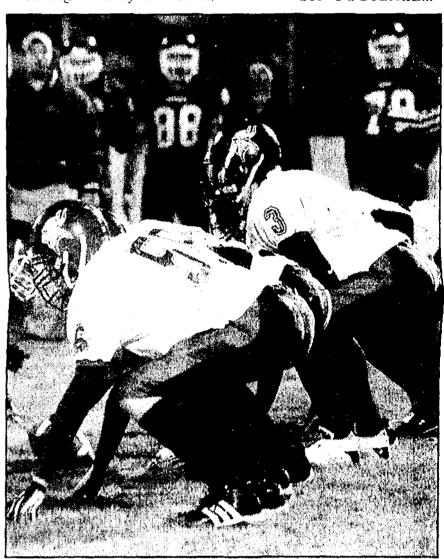


Photo by Caleb Casey

Grayling runs a play on offense during last Friday's varsity football game at Charlevoix.

#### JUNIOR CHEERLEADERS



Photo by Caleb Casey

This year's Junior Cheerleaders – 97 local girls in grades K-5 who took part in a clinic with the 2006 Grayling High School cheerleading squad - cheer for the Vikings during the second quarter of last Thursday's junior varsity football game at GHS.

## Vikings lose at Boyne, **TCSF**

The GHS varsity and junior varsity girls basketball teams lost games on the road last week at Boyne City and Traverse City St. Francis.

On Thursday, Boyne City defeated Grayling's varsity squad 73-37.

"A good all-around effort, which is not reflected in the score. I was proud of the way we came out and played with energy. I can definitely see the improvement. We were down by six with 30 seconds left in the first half before a couple of silly turnovers," Coach L.J. Mead said.

Leading scorers for Grayling were: Laura Boylan, 11 points, 5 rebounds, 1 assist, 2 blocks; Abby Wheeler, 10 points, 8 rebounds; Ashley Bindschatel, 8 points, 3 rebounds, 3 assists, 2 steals; Monica Peters, 5 points, 6 rebounds, 1 assist; Gabby Calkins, 2 points, 1 assist, 1 steal; Annie Melroy, 2 points, 4 rebounds, 2 assists; Jessie Baker, 1 point, 2 rebounds, 2 Continued on Page 2B

See "VIKINGS LOSE..."

#### **Crawford County** Transportation Authority

Weekday Scheduled Services to:

	•		į
FREDERIC &	MAPLE FOREST		LOVELLS
Leaves Grayling	5:45 a.m.	Leaves Grayling	9:00 a.m.
Leaves Grayling	6:45 a.m.	Leaves Grayling	11:30 a.m.
Leaves Grayling	9:00 a.m.	Leaves Grayling	1:30 p.m.
Leaves Grayling	11:30 a.m.	Leaves Grayling	3:30 p.m.
Leaves Grayling	1:15 p.m.	Leaves Grayling	5:00 p.m.
Leaves Grayling	3:30 p.m.		·
Leaves Grayling	5:00 p.m.		

		BEAVER	CREEK 8
M-72 EAST		ROSC	COMMON
Leaves Grayling	6:00 a.m.	Leaves Grayling	7:30 a.m
Leaves Grayling	7:00 a.m.	Leaves Grayling	11:00 a.m
Leaves Grayling	9:00 a.m.	Leaves Grayling	1:00 p.m.
Leaves Grayling	11:30 a.m.	Leaves Grayling	2:15 p.m
Leaves Grayling	1:30 p.m.	Leaves Grayling	4:30 p.m
Leaves Grayling	3:30 p.m.	*The 1:00 p.m. sou	th run does no
Leaves Grayling	5:00 p.m.	go all the way int	o Roscommon

To request weekday demand response services call dispatch @ 348-5409

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#### SPECIAL EVENT TRIPS \*:

Scheduled For November 2006

Trip #1 Thursday, November 9, 2006 "Out to Lunch Gang" Lunch and shopping in Frankenmuth Departing the Center at 9:00 a.m.

Trip #2 Tuesday, November 14, 2006 Victories Casino, Petoskey Departing Center at 8:30 a.m.

Trip organized by the Crawford County Commission on Aging Contact Elouise Mize @ 348-7123 to reserve a seat

\*Special event trips require: (1) a minimum of twenty-two passengers; and (2) that passengers less than 18 years of age be accompanied by a responsible adult.

To reserve seats or request information concerning special event trips

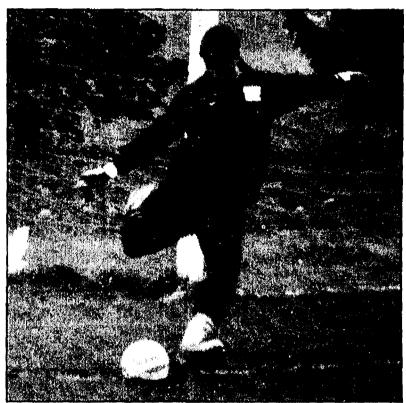
call Richard or Gary @ 348-4101 COMMUNITY EVENT SERVICES:

Service schedules may be modified to meet increased demand during special community events, such as the Milltown Festival. To request information concerning expanded services call Richard or Gary @ 348-4101

#### Soccer team falls to **Bucks in districts**



Tony Florival handles the ball for Grayling High School's varsity boys soccer team during the squad's 7-1 district tournament loss to the Roscommon Bucks at Elk Rapids on Tuesday. Florival had Grayling's only goal.



Goalkeeper Janosch Kluge takes a goal kick for the Vikings on Tuesday.

#### **BOWLING LEAGUE**

Recreation League Hawk Ridge Golf..... 18 - 10 Glen's Market . . . . . . . 18 - 10 American Legion . . . . . 15 - 13 Woody Girls . . . . . . . . 15 - 13 Mickey Perez CPA.... 13 - 15 Grayling Manf Housing. 12 - 16 Days Inn ..... 10.5 - 17.5 Gale Enterprises . . . 10.5 - 17.5 High Series: M. Starks, 542; V. Balmes, 523; S. Johnson, 503. High Game: M. Starks, 201; P. D'Amour, 198; V. Balmes, 195. Friday Mixed Doubles

Poopsie Pin Pounders 19.5 - 8.5 American Legion . . . . 16 - 12 New "Kids" . . . . . 14.5 - 13.5 G.L. Hauling . . . . . . . . 14 - 14 Foreget About It . . . . . 14 - 14 Great Lakes Roofing... 12 - 16 Moshier Auto Repair . . . 11 - 17 Collen & Starks..... 11 - 17 High Series Men: D. Wallace, 583; D. Canfield, 573; D. Williamson, 554. High Game Men: D. Wallace, 234; D. Canfield, 220; P. Thomas, 209. High Series Women: P. Younglove, 473; M. Starks, 459; S. Johnson, 446. High Game Women: P. Younglove, 187; J. Williamson, 170; M. Coe, 168.

American Men's League Derwich Ind . . . . . . . . . 36 - 13 McLeans ACE . . . . . . . . 32 - 17 West Side Diner ... 31.5 - 17.5 Fenton's Auto Serv. . 25.5 - 23.5 GADCO . . . . . . . . . . . . . 22 - 27 Moore's Auto . . . . . . . 17 - 32 Grayling Chiropractic . . 17 - 32 Scheer Motors . . . . . . . 15 - 34 High Series: Lance Davis, 688; D. Yelinek, 677; Larry Davis, 628. High Game: Lance Davis, 300; D. Yelinek, 259; J. Arwood,

Senior Bowling Grayling Pharmacy ..... 23 - 5 Flowers By Josie . . . . 16 - 12 Sylvesters Sports . . . . . 15 - 13 169. Kickin Grass . . . . . . . . 14 - 14 Gaylord Electric. . . . . . 12 - 16 Spike's . . . . . . . . . . . . 11.5 -High Series Women: N. Glasslee, 511; C. Clark, 443; D. Doremire, 433. High Game

Women: N. Glasslee, 203; D.

High Series Men: B. Hollis,; 593; P. Faustman, 565; K. Harris, 552. High Game Men: B.; Hollis, 233; K. Harris, 221; P.; Faustman, 201.

**National First** J- Bar . . . . . . . . . . . . . . . . . . 34 - 15 Continental Rental . . . . 31 - 18 Scott Pittman Bld. . . . . . 30 - 19 Corky's Karaoke..... 25 - 24 Upper Lakes . . . . . . . . . 21 - 28 Legion Lanes . . . . . . . . 20 - 29

Faustman Insurance . . . . 18 - 31 Great Lakes Mort. . . . . 17 - 32 High Series: T. Sowinski, 665; S. Pittman, 649; D. Lawe, 605. High Game: D. Lawe, 257; T. Sowinski, 255; S. Pittman, 236. Pioneer League

Cal Dutton Const. . . . . . 17 - 7; Grayling Rest . . . . . . . 14 - 10 T.C. Lawncare . . . . . . 14 - 10: McDonald's . . . . . . . . . 11 - 13 " 5" B's . . . . . . . . . . . . 11 - 13 Tim's Collision. . . . . . . 10 - 14 G.B.D. Const . . . . . . 10 - 14; Spicy Bob's . . . . . . . . . 9 - 15 High Series: T. Rock, 594; L. Golnick, 526, S. Johnson, 512. High Game: T. Rock, 220; L. Golnick, 205; N. Clark, 198. **Sunday Mixed Doubles** 

River Rats. . . . . . . . . . . . 31 - 11 Gray Rock Cafe #1 .... 28 - 14 Cuts and More...... 26 - 16 Little Tyke Daycare. . . . 24 - 18 Dennco . . . . . . . . . . . . 16 - 26 Gray Rock Cafe #2 . . . . 14 - 28 Jerry's Jokers . . . . . . . . . . 9 - 33 High Series Men: P. Faustman, 601; E. Brosky, 538; K. Slater, 529. High Game Men: P. Faustman, 228; R. Strohpaul, 223; E. Brosky, 195. High Series Women: R. Brown, 488; C. Wyatt and E. Slater, 451. High Game Women: S. Davis, 177; E. Slater, 171; R. Brown,

Northwood League

Bear's Den Pizza ...... 13 - 15 Bud Lite Babes ...... 20 - 8 Preston Heating . . . . . . 19 - 9 Pro Paint Princes . . . . . 16 - 12 Riverland Rowdie . . . . . 15 - 13 Choppers Spare . . . . . . 12 - 16 High Series: C. Moore, 513; T. Hellebuyck, 469; T. Preston, 458. High Game: C. Moore, 192; T. Hellebuyck, 190; N. Glasslee, Doremire, 164; M. Rysso, 153. 177.

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#### Vikings lose at Boyne, TCSF

Continued from Page 1B

On Tuesday, Grayling lost 46-

29 at Traverse City St. Francis. "We played tough on the defensive side of the ball, but we couldn't get anything going on offense until the fourth quarter. Abby Wheeler, Jessie Baker, and Monica Peters did an excellent job of shutting down the taller TC post players. I was happy with our defensive effort, but we have to step up and execute our offense," Coach Mead said.

Leading scorers for GHS were: Boylan, 15 points, 5 rebounds; Wheeler, 6 points, 6 rebounds, 2 assists, 3 steals; Ashley Feldhauser, 4 points, 5 rebounds, I assist, I steal; Baker, 2 points, 4 rebounds; Melroy, 2 points, 2 assists, 1 steal.

Grayling's JV squad lost 52-19 at TCSF on Tuesday.

Sam Schreiber had nine points, Hannah Smith had four points, and Alyssa Lewis had three points.

"They were a very good team and our girls played hard, we just aren't converting when we need to," Coach Angie Dalak said.

On Thursday, the JV team lost to Boyne City 46-24.

"We really spread out the scoring this game, which is one of our team goals. Alyssa Lewis had eight, Jess Bindschatel had four, and Sam Schreiber and Hannah Smith each had three. Schultz. Krista Hailey McMahon, and Naomi Anglemyer each netted two points," Coach Dalak said. "We have definitely shown improvement from the first time we played them. In our first matchup, Boyne City scored 62 points against us. They have some good offensive players and we held them down. We are really doing well with consistently giving our all out on the court. I am very proud of them for how they keep going strong."

The Vikings play at East Jordan on Thursday, Oct. 26.

#### **HONORS-SPORTS**



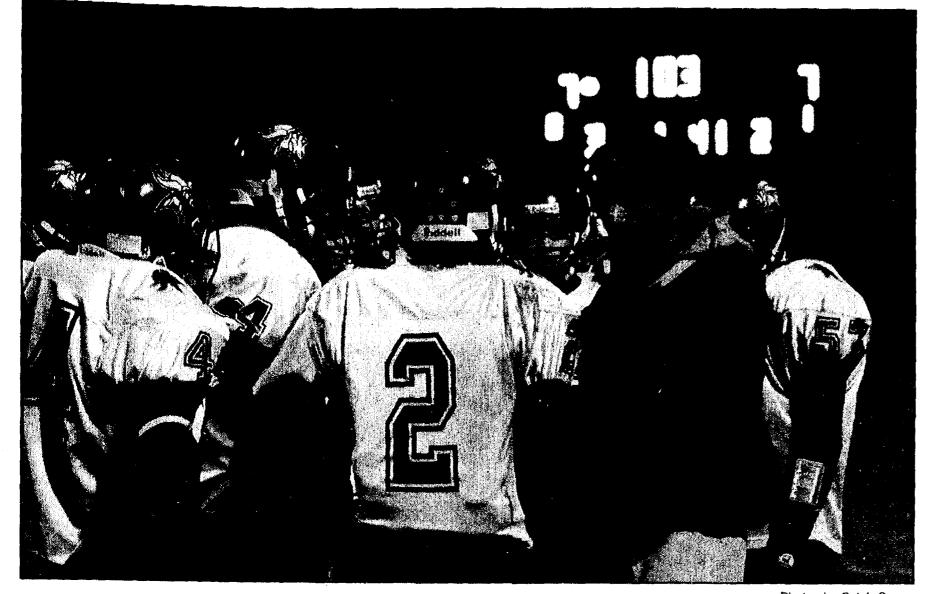
Paul Martin, of Grayling, known as "Small Paul." recently won his weight class (155) at an Ultimate Fighting Contest event held in Ohio. Ultimate Fighting is a full contact, mixed martial arts sport. Paul's next fight is expected to take place in December. most likely in Las Vegas.

#### POOL LEAGUE

N	Aen's Stan	dings
Two Tra	ck I	
Sawmill	I	
Legion		
Sawmill	II	17
Riversid	e	
Holiday	Inn	14
Growler	s	
Two Tra	ck II	9
8 Ball I	Run: Kevir	ı, Kurt, Rex
and Kip	(Two Track	(I) and Mike
•		n all six: Jin
and	Jeff	(Legion)

#### Women's Standings Sawmill ......30 Growlers Pub ......25 Legion ......23

5 Ball Runs: Carla (Growlers); 6 Ball Runs: Paula and Jeanne (Sawmill), Carla (Growlers) and ? Dawn(Legion).



Photos by Caleb Casey

Coach Tim Sanchez talks to Grayling's defensive unit during last Friday's varsity football game at Charlevoix.

## Football season ends with 17-14 loss at Charlevoix

Continued from Page 1B

The Vikings held the Rayders for four plays and took over on downs.

Grayling gained eight yards on a pass to Isaac VanNuck and Ryan Cooper ran for nine yards on the next play for a first down. Cooper ran for 29 yards on 3rd and 3 to bring up 1st and 10 at the 11-yard line. On 4th and 1 at the 2-yard line, Bancroft scored a middle. Jason Drudge kicked the extra point, and the score was tied at 7-7.

On the fifth play of Charlevoix's next series (2nd and 10), Josh Stapleton picked off a Rayder pass and returned the ball 30 yards to Grayling's 45-yard

The resulting possession ended with an interception on 2nd and 9. Charlevoix turned the ball over on downs. The next two possessions ended with punts.

Grayling started at its 44-yard line. A pass to VanNuck gained 18 yards. On 3rd and 4, the Rayders picked off a Grayling

Charlevoix drove from its 23yard line to Grayling's 20-yard line on 11 plays, including a 17yard pass completion on 4th and 10. On 4th and 10 at the 20-yard line, with 20 seconds left on the first half clock, Charlevoix tried for a field goal. The ball hit the left upright and went through, giving Charlevoix three points and a 10-7 halftime advantage.

The Rayders started at their 39-yard line after the second half kick return. On 4th and 8, Charlevoix's punter fumbled the snap, picked the ball up, and started to run with it. Two Grayling defenders were closing in on the punter, who stopped and kicked the ball just prior to being tackled. The Vikings were called for roughing the kicker, and the penalty gave Charlevoix 1st and 10 at Grayling's 44-yard

up 1st and 10 at the 33-yard line. Grayling held Charlevoix for the next four plays and took over on

Grayling punted on the seventh play of the resulting series.

Charlevoix fumbled on the fourth play of its next drive and Tory Myers recovered the ball for GHS.

touchdown on a QB sneak up the from the goal line. Tim VanNuck defense played very well and year," Coach Brock said. ran for 13 yards on 1st and 10. A run by Cooper (plus a face mask penalty on Charlevoix) gave GHS a first down at the 12-yard line, On 3rd and 7, the drive ended with an interception.

Charlevoix drove from its 5yard line to Grayling's 37-yard line on seven plays. On 3rd and 11, Stapleton intercepted a Charlevoix pass attempt.

Grayling began the possession at its 22-yard line. On 1st and 10, Grayling handed off to Geo Bindschatel, who passed. The throw was tipped into the air and Charlevoix caught it. The defender ran the ball into the end zone for a touchdown. With the extra point kick, Charlevoix led

Grayling's next drive, Charlevoix came up with another interception. The drive ended with a punt on 4th and 20.

Grayling started at its 38-yard line with 5:15 left in the game. Passes to I. VanNuck and Parkinson picked up a first down. A pass to I. VanNuck gained 14 yards. Passes to I. VanNuck and Stapleton brought up 1st and goal at the 4-yard line. Bancroft scored a TD on the next play with a QB sneak. Drudge kicked the extra point and GHS trailed 17-14 with 3:15 remaining in the

Grayling's defense forced Charlevoix to punt on 4th and 7. The Vikings took over at their 18-yard line with 2:04 left in the

line. Three running plays brought contest. On 4th and 15, Bancroft threw deep for a completion to. Parkinson, but the play was nullipenalty. On 4th and 20, incomplete.

> end the game and the Rayders won 17-14.

"We outplayed them in every Coach (Tim) Sanchez should be proud of how his guys responded. I run the offense and I am to blame for not executing like we should have. It just was not meant to be for us this season. We had many chances throughout the season and simply did not get the job done," Coach Ben Brock said.

season passing for 1,414 yards through the air with 12 touchdowns. He also ran for 11 touchdowns on the ground to finish with a new school record of 23 touchdowns in a season. He finished his career passing for nearly 3,000 yards and I do not know if that has ever been done at Grayling High School. He will On the fourth play of be greatly missed next season," Coach Brock said.

> "Senior Nick Parkinson finished the season with 31 catches for 480 yards and two touchdowns. On defense he had 84 tackles and two sacks. He was a great team leader and as a captain he exemplified what we wanted as a student-athlete. Nick's playing days are not done as he will be visiting schools in the off-season to see if college football is a good fit for him," Coach Brock said. "Hank Abney was our other senior starter and he started every game at right guard on the offensive line. Hank is also a tremendous student-athlete as he is a straight A student. He worked very hard to become a starter in his final season."

"Our program will be hungrier and better than ever next season as we will return 10 defensive fied by an illegal procedure starters and eight offensive starters. Our only job now is get-Grayling's pass attempt fell ting bigger, faster, and stronger in the off-season. Our coaching Charlevoix kneeled twice to staff will also be attending clinics to get better at what we do. We are not satisfied with what we accomplished this season as we The Vikings started 40 yards category but turnovers. Our expect to make the playoffs next

The Vikings finished the year with five victories and four losses. Six of Grayling's nine opponents in 2006 qualified for the playoffs this year - Traverse City St. Francis (8-1), Charlevoix (8-Elk Rapids Roscommon (8-1), Houghton Lake (6-3), and Boyne City (6-3). The Vikings defeated "Jeff Bancroft finished this Roscommon and Elk Rapids but lost to the other four playoff qualifiers they faced this season.

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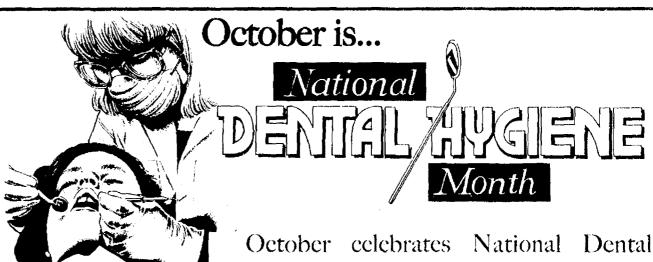
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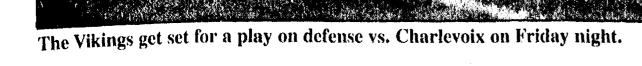
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Photos by Caleb Casey

Grayling's offense lines up for a play vs. the Charlevoix Rayders during Thursday night's game at Grayling High School.

# JV squad ends season with 36-8 victory vs. Charlevoix

Continued from Page 1B

The Vikings started the series at their own 38-yard line. Hanson ran for 12 yards on first down. Two runs by Hanson picked up

Full Log

Vinyl

idina

13 yards. Osga passed to Steffy for six yards on first down. After two incomplete passes, Osga passed to Ferrigan on 4th and 4 for 24 yards. On 1st and goal at the 7-yard line, Osga passed to Steffy for a TD. Osga ran the ball on the conversion try and dove across the corner pylon for two points. Grayling led 24-8.

The Rayders fumbled Grayling's kickoff and Joey Contreras recovered the ball for the Vikings.

On the first play of the resulting series, Osga passed to Farnsworth for 49 yards. On 2nd and goal from the 9-yard line, Osga passed to Farnsworth for a touchdown. The two-point conversion attempt failed, and GHS led 30-8.

Charlevoix ran the ball three times and the first half ended.

The only points scored in the second half came in the fourth quarter. On 3rd and 14, Charlevoix fumbled and Jacob Aubry recovered the ball for Grayling. The Vikings started at Charlevoix's 32-yard line. Two runs by Hanson gained 21 yards. Two runs by Matt Haight brought up 3rd and 1 at the 2-yard line. Cody Collen punched the ball into the end zone for a TD. The two-point conversion try failed.

Grayling won by a final score of 36-8. Farnsworth had four catches for 78 yards and two TDs. Hanson

The Vikings finished the game with 229 passing yards and 141 rushing yards. Osga completed 16 passes for 229 yards and four touchdowns. Ferrigan caught six passes for 68 yards, Steffy had five receptions for 74 yards, and

Farnsworth had four catches for 78 yards and two TDs. Hanson carried the ball 15 times for 82 yards.

"This is the smartest and most disciplined team we have ever coached. They averaged 30 points per game with just six penalties per game. The offense

averaged 308 yards per game. The defense had 11 interceptions and 16 fumble recoveries," Coach Chris Kucharek said,

"It was fun to watch Jimmy Osga and our receivers – Farnsworth, Steffy, and Ferrigan – play such a great game," Coach Ron Wyman said.



Dustin Russo carries the ball for Grayling during Thursday's season finale.



Mercy Hospital Grayling Welcomes Our Newest Physician

GARRICK R. CVITKOVICH, MD GENERAL SURGERY

Garrick R. Cvitkovich, MD, has joined the staff of Mercy Hospital Grayling as a specialist in General Surgery. A graduate of the Indiana University School of Medicine, Dr. Cvitkovich completed his general surgery residency and surgical critical care fellowship at Henry Ford Hospital in Detroit, MI. Dr. Cvitkovich will join Mercy Surgical Services and is currently accepting new patients in Grayling and Prudenville.

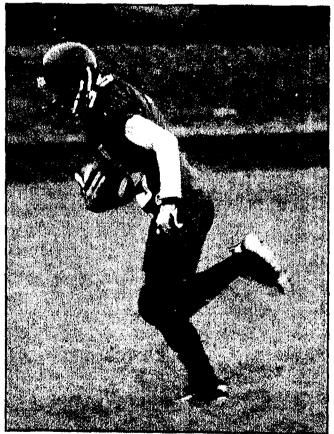
Mercy Surgical Services 1250 East Michigan Ave. Grayling

For more information or an appointment, call (989) 348-0880 or toll-free at 1-866-736-3611.

MERCY HOSPITAL GRAYLING

For additional information, call Physician Referral Service at 1-800-533-5520 or visit mercygrayling.com.





(Left) Matt Haight punts the ball for the Vikings on Thursday. (Right) Jordan Helsel catches a touchdown pass vs. Charlevoix.



## 2006-2007 FOOTBALL CONTEST

#### PLAY 2 WIN -WEEKLY PRIZES-

Sports Cap - Scheer Motors

Sports Cap - Scott McNamara Ford of Grayling Free 20 lbs. Propane Cylinder Fill Up - Fick & Sons \$50 - Crawford County Avalanche

\$10 Gift Certificate - Medicine Shoppe

Hungry Howies - Certificate for Free Large 1 topping pizza

7-Eleven - Extreme Gulp 52 oz Refill Mug

#### Week 7 Winner:

Jerr Gildner

is the winner for week 7 with 9 correct won on ist tiebreaker

2. Atlanta vs. Cincinnati

Ask me about the new 2007

cars, trucks and vans or close-out special on all our

remaining 2006 models!

#### **Week 7 Winning Games**

1. NY Jets

9. Denver

2. Cincinnati 3. Green Bay

10. Oakland 11. U of M

4. Houston

12. MSU

**PROPANE** 

**SERVICE** 

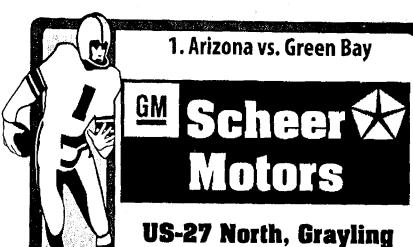
113 Fig St.

5. New England

7. Atlanta 8. Kansas City

6. Tampa Bay Tie Breaker 1- 55 Tie Breaker 2-24 Tie Breaker 3- 79

3. Baltimore vs. New Orleans

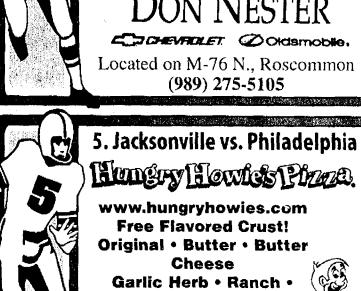


4. Houston vs. Tennesse Open 24 Hours a Day **Every Day of the Year** 



(989) 348-5451

313 S. James Street, I-75 Business Loop Grayling, Michigan • (989)-348-7737

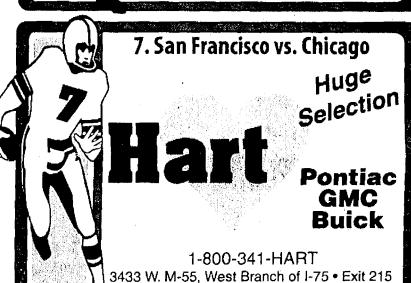


Kevin Elliott

Hungry Howies Phase www.hungryhowies.com Free Flavored Crust! Original • Butter • Butter Garlic Herb • Ranch •

Onion • Sesame • Cajun **WE DELIVER** 307 s. James St. Grayling 989-348-1800







Grayling (989) 348-3242



8. Tampa Bay vs. NY Giants Stop In & See Our

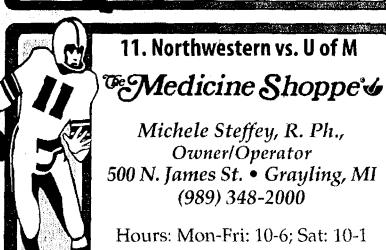
Woodlands

COLLECTION At Bradley's... We don't have to guarantee the lowest price...

**WE HAVE THE LOWEST PRICE!! Bradley's Furniture** 

(989) 275-5421 708 Lake Street, Roscommon email: bradsfurn@yahoo.com

"Caring Beyond Prescriptions"



9. St. Louis vs. San Diego

Stop in and see us for all your building supplies and rental solutions!!

ner Bëst & Rental Center

6593 West M-72 Grayling, MI 49738 (989) 348-4831

12. MSU vs. Indiana

ASSIFIEDS **GET IN THE** GAME! **ADVERTISE YOUR** 

**BUSINESS HERE** 

AVALANCHE

Name	Phone	
Address	Signature	
Please Note: Advertiser Winner	MUST be written in next to team or slip will be Advertiser	VOID!!
		*
Game 2		
Game 4		
Game 5		
Game 6		
Game 7		
Game 8		
Game 9		and the state of t
Game 10		
Game 11		
Game 12		

Tiebreaker 1 Game #1 \_\_\_\_\_ Tiebreaker 2 Game #9 \_\_\_\_ Tiebreaker 3 Game #12 \_\_\_\_ Avalanche Football Contest Official Rules (1) Contestants must list the advertiser in which each game is found. Write your prediction for the games played, advertisers and tiebreakers (total points scored by both teams) on entry form. Entry form without advertisers listed will be invalid. The (1) Contestants must list the advertiser in which each game is located will be invalid. The person with the most correct picks wins all the weekly prizes listed. If the tie breakers can not determine a winner, a drawing will be held to select a single winner. (2) One entry per person a week will be accepted. Crawford County Avalanche employees are not eligible. (3) Completed entry forms must be returned to the Avalanche no later than 1970 and 1970 a are not eligible. (3) Completed entry forms must be returned to the Avalanche notice in deer than 5 pm Friday. Mail to Crawford County Avalanche, PO Box 490, Grayling MI 49738. (4) Entries must be on an official entry form as printed in the Avalanche. No purchase necessarry to enter. Entry forms available at the Avalanche office. Winner may claim their prizes at the Avalanche office between 9 am and 5 pm weekdays. Identification and a social security number must be presented when claiming prizes.

#### LEGAL ACTION

#### **FORECLOSURE**

This firm is a debt collector attempting to collect a debt. Any information obtained will be used for this purpose. If you are in the Military, please contact our office at

made in the conditions of a certain mortgage made by:

601

701

and wife, as joint tenants with the rights of survivorship

Option One Mortgage Corporation Mortgagee, dated October 7, 2005 and recorded October 25, 2005 in Liber 678 Page 63 Crawford County Records, Michigan. Said mortgage was subsequently assigned to: Deutsche Bank National Trust Company, as Trustee for the Certificateholders of Soundview Home Loan Trust 2006-OPT2, Asset-Backed Certificates, Series 2006-OPT2, on which mortgage there is claimed to be due at the date hereof the sum of SixtyNine Thousand Two Hundred Three Dollars and Seventy-Nine Cents (\$69,203.79) including interest 11.6% per

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the front door to the County Bldg, in Grayling, MI at 10:00AM on Wednesday, November

Said premises are situated in Township of Beaver Creek, Crawford County, Michigan, and are described as:

Parcel A-1: A parcel of land situated in the Township of Beaver Creek, Crawford County, State of Michigah, being part of Parcel A as shown on the Certificate of Survey recorded in Liber 136, Page 88 in the South one-half of the Southwest onequarter of Section 6, Town 25 North, Range 3 West described as commencing at the Southwest corner of said Section 6; thence North 00 degrees 30 minutes 00 seconds East, along the West line of said section 919.83 feet to the point of beginning; thence continuing North 00 degrees 30 minute 00 seconds East, along said section line, 196.62 feet; thence North 89 degrees 04 minutes 50 seconds East 660.00; thence South 00 degrees 30 minutes 00 seconds West 196.59 feet; thence South 89 degrees 04 minutes 45 seconds West 660.00 feet to the point of beginning. Subject to the right of way of Oak Road over the Westerly 33 feet thereof

Commonly known as 6793 S Oak Rd, Grayling MI 49738

The redemption period shall be 12 months from the date of such sale, unless determined abandoned in accordance with MCL 600.3241, in which case the redemption period shall be 30 days from the date of such sale.

Dated: OCTOBER 17, 2006 Deutsche Bank National Trust Company, as Trustee for the Certificateholders of Soundview Home Loan Trust 2006-OPT2, Asset-Backed Certificates, Series 2006-OPT2,

Assignce of Mortgagee

Potestivo & Associates. Attorneys:

811 South Blvd. Suite 100 Rochester Hills, MI 48307 (248) 844-5123

Our File No: 06-57186 -26-2-9-16-23

NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee.

lender's successors and/or assigns, Mortgagee, dated January 3, 2006, and recorded on January 5, 2006 in Liber 679 on Page 305, and assigned by said Mortgagee to JPMorgan Chase Bank, N.A. as assignee by an assignment, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Seventy-Nine Thousand Four Hundred Fifteen

And 63/100 Dollars (\$79,415.63), includ-

ing interest at 6.625% per annum.

In that event, your damages, if any, shall

be limited solely to the return of the bid

MORTGAGE SALE - Default has been

made in the conditions of a mortgage

made by Gregory A. O'Dell and Tammy

J... O'Dell aka Tammy O'Dell, Husband

and wife, original mortgagor(s), to

Mortgage Electronic Registration

Systems, Inc., as nominee for lender and

amount tendered at sale, plus interest.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the Front door of the County building in Grayling at 10:00 AM, on November 15, 2006.

Said premises are situated in Township of South Branch, Crawford County, Michigan, and are described as: Lot 18, Livingstone Acres, According to the Plat thereof, as recorded in Liber 1 of Plats Page 56, Crawford County Records

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 12, 2006 For more information, please call: FC S 248.593.1304 Trott & Trott, P.C. Attorneys For Servicer 30400 Telegraph Rd Ste 200 Bingham Farms, Michigan 48025-5822

-12-19-26-2

**CLAIMS NOTICE** 

File #109008F01

THE HELEN C. CORBETT TRUST **AGREEMENT** Social Security No: XXX-XX-1737

TO ALL INTERESTED PARTIES:

Your interest in the estate may be

barred or affected by the following: HACY NOTICE

**Notice to Grayling Township** residents

On October 11, the Grayling Township Board of Trustees adopted the following resolution:

> RESOLUTION OF INTENT TO ESTABLISH GRAYLING TOWNSHIP AS A CHARTER TOWNSHIP

> > October 11, 2006

WHEREAS, the Township of Grayling having a population of 2000 or more according to the most recent United States census, and having been notified by the Michigan Secretary of State of eligibility to become a charter township under the provisions of the Charter Township Act of 1947 (PA 359, as amended; MCL 42.1 (et seq.)), and

WHEREAS, the members of the Grayling Township Board of Trustees have been provided information which enabled them to fully understand the responsibilities, advantages and disadvantages of becoming a charter township, and

WHEREAS, it is the intention of the Township of Grayling to develop and implement a short and long-term plan to provide a variety of municipal services to areas of the township, as needed, and WHEREAS, the residents of Grayling Township have been notified of this intent, and have been given ample opportunity to question, discuss and provide their input into this decision, and

WHEREAS, after much discussion, thought, and consideration, the members of the Grayling Township Board of Trustees voted in public session on Wednesday, October 11, 2006 to approve the incorporation of Grayling Township as a charter township,

NOW THEREFORE LET IT BE RESOLVED, by the Grayling Township Board of Trustees of the intent to incorporate under the regulations of the Michigan Charter Township Act, and to abide by and operate under those regulations as "The Charter Township of Gravling."

Motion to adopt this resolution as presented by O'Mara Motion second by Long Roll call vote:

Long "AYE" Kraycs Absent Ashton "AYE" O'Mara "AYE"

Wright "AYE"

The chair recognizes four "ayes" and zero "nays." The motion passes and the resolution of Intent is hereby adopted.

Terry R. Wright, Supervisor Monica Ashton, Clerk

Township residents opposed to the incorporation of Grayling Township as a charter may submit a petition of disagreement with the township clerk within 60 days of this publication date (on or before December 26, 2006). The petition must include the valid signatures of not less than 10% of the number of electors of the township voting for township supervisor at the last election in which the supervisor was elected (at least 219 valid signatures.) The wording of the petition must be in accordance with section 2 of Act No. 359 of the Public Acts of 1947 (section 42.3a of the Michigan Compiled Laws).

if a valid petition is received and certified as such by the township clerk, the question of township incorporation must be presented to the electors of the township at the next general election.

Monica S. Ashton Grayling Township Clerk

The decedent, HELEN C. CORBETT, whose last known address was 8733 M-72 West, Grayling, MI 49738, died September 29, 2006.

By Trust indenture dated the 26th day of October, 1993, as amended, the decedent established the Helen C. Corbett Trust Agreement.

Creditors of the decedent are notified that all claims against the trust estate will be forever barred unless presented to the Trustee, HELEN C. BALNAVE, at P.O. Box 521, Bath, OH 44210, within four months of the date of publication of this

Notice is further given that the trust estate will be thereafter assigned and distributed to the persons entitled to it.

THIS NOTICE IS PUBLISHED ON October 26, 2006.

KEVIN G. KLEVORN (P35531) **KLEVORN & KLEVORN** Attorney for the Trustee 215 South Lake Street Boyne City, MI 49712 2331-582-7911

-26

#### STATE OF MICHIGAN IN THE 46TH CIRCUIT COURT FOR THE **COUNTY OF CRAWFORD**

FILE NO. 06-7053-CH CPTF - Forest Dunes Holding Company, L.L.C., a Michigan Limited Liability Company Plaintiff,

CPTF-FOREST DUNES HOLDING COMPANY, L.L.C., a Michigan Limited Liability Company, SOUTH BRANCH TOWNSHIP, KENNETH RIEHLE, Chairman, Crawford County Road Commission; JAMES E. BURTCH, Drain Commissioner, Crawford County Drain Commission; JAY B. RISING, Treasurer, State of Michigan; GLORIA J. JEFF. Director, Michigan Department of REBECCA A. Transportation; HUMPHRIES, Director Michigan Department of Natural Resources; STEVEN E. CHESTER, Director for the Department of Environmental Quality, CONSUMERS ENERGY, JAN M. WAL-TON, JILL ROBINSON, DEBRA KADE, DANA WALTON, JUDY WAL-TON AND JOAN WALTON, NANCY ANN GENO-MISHKO, RON MISHKO, MILTON RAY COLVIN, SANDRA K. COLVIN, JP MORGAN CHASE BANK, BANK ONE NA, DAVEY JOHN HOADLEY, ROBERT S. GOEBEL, BARBARA A. GOEBEL and ALAN L. WIENE TRUST U/A/D 9-12-91

Defendants.

GERARD F. BRABANT, P.C. By: Gerard F. Brabant P31123 Attorney for Plaintiff P.O. Box 35 Roscommon, MI 48653 (989) 275-4365

#### ORDER TO ANSWER

On the 21st of June 2006, an action was filed by Plaintiff, against Defendants in this court to pursue a judgment to vacate plats against the Defendants concerning the following described real property:

All lots with the plat of South Branch Ranch Unit No. 1, except Lots 31, 67, 68,

Upon consideration of the Complaint of Plaintiffs, attesting to the fact that service upon the Defendants, MILTON R. COLVIN of Lot 101 of the Plat of South Branch Ranch Unit No. 1, BARBARA A. GOEBEL of Unit 36, Forest Dunes Condominium, best be apprised of the pendency of this action by publication of this Order in a newspaper.

IT IS HEREBY ORDERED that the Defendants, MILTON R. COLVIN, BAR-BARA A. GOEBEL, shall file their answer with the Court and serve a copy of their answer on the law office GERARD F. BRABANT, P.C. by Gerard F. Brabant, Attorney for Plaintiffs, whose address is 241 Lake Street, P.O. Box 35, Roscommon, MI 48653, or take such other action as may be permitted by law on or before the 16th day of November, 2006. Failure to comply with this Order may result in a judgement by default against the Defendants, MILTON R. COLVIN, BARBARA A. GOEBEL, for the relief demanded in the Complaint filed in this Court.

IT IS FURTHER ORDERED that a copy of this Order be published once each week for three consecutive weeks in Crawford County Avalanche.

IT IS FURTHER ORDERED that the first publication of this Order be made within 14 days from the date of entry of this Order.

IT IS FURTHER ORDERED that a copy of this Order be posted once each week for three (3) weeks on the property owned by the Defendants named herein.

Date of Order: 28 September 2006 HONORABLE JANET M. ALLEN

P30817 Circuit Court Judge

#### NOTICE

the number listed below.

MORTGAGE SALE - Default has been

Todd H Nye and Kathleen J Nye, husband

**Notice to Crawford County Electors** 

To All Qualified Electors Of Crawford County: The General Election will be held Tuesday, November 7, 2006 to elect candidates to the following State, County, Township, and Judicial offices. As well as state and countywide proposals:

**General Election** 

Governor Lt. Governor Attorney General U.S. Senator Congressional Representative State Senator State Representative Members of the State Board of Education Members of U of M Board of Regents Members of MSU Board of Trustees Members of Wayne State University Board of Governors County Road Commissioner County Commissioner Lovells Township Trustee Justice of the Supreme Court Judge of the 4th District Court of Appeals Judge of the 46th Circuit Court

The following polling places will be open at 7:00 A.M. and remain open until 8:00 P.M. on Tuesday, November 7, 2006.

5 State Proposal's

County Millage Proposals (1 & 2)

101 Beaver Creek Twp. Office, 8888 S. Grayling Rd., Grayling, MI 49738

Frederic Twp. 7565 West Co. Rd. 612 (Co Center), Frederic, MI 49733

302, 304, 305, 306 & 307 Grayling Twp. Office, 2090 Viking Way, Grayling, MI 49738 Lovells Two. Office, 8405 Twin Bridge Rd., Grayling, MI 49738 401 Maple Forest Twp. Office, 8802 N. Peterson Rd., Frederic, MI 49733 501

South Branch Twp. Office, 5245 M-18, Roscommon, MI 48653 Grayling City Office, 1020 City Blvd., Grayling, MI 49738

SANDRA MOORE, COUNTY CLERK

Maple Forest Township Amendment to Land Division Ordinance 1998-10-13 **Amendment Ordinance** 

ace 2006-10-10

Amendment #2006-04-11 Section V: Application For Land Division Approval

Amendment #1998-10-13 Section V: Which read...

SECTION V APPLICATION FOR LAND DIVISION APPROVAL

An applicant shall file all the following with the Township Assessor or other official designated by the governing body for review and approval of a proposed land division before making any division either

by deed, land contract, lease for more than one year, or for building development:

A. A completed application form on such form as may be approved by the Township Board. B. Proof of fee ownership of the land proposed to be divided. C. A certified survey including an accurate legal description of each division, and showing the boundary lines, approximate dimensions, and the accessibility of each division from existing

or proposed public roads for automobile traffic and public utilities. D. Proof that all standards of the State Land Division Act and this Ordinance have been met. E. If a transfer of division rights is proposed in the land transfer, detailed information about the terms and availability of the proposed division rights transfer.

F. The fee as may from time to time be established by resolution of the governing body of the Township for land division reviews pursuant to this Ordinance to cover the costs of review of the application and administration of this Ordinance and the State Land Division Act.

Amendment #2006-04-11 Section V: Now reads:

#### SECTION V APPLICATION FOR LAND DIVISION APPROVAL

An applicant shall file all the following with the Township Assessor or other official designated by the governing body for review and approval of a proposed land division before making any division either by deed, land contract, lease for more than one year, or for building development:

A. A completed application form on such form as may be approved by the Township Board.

B. Proof of fee ownership of the land proposed to be divided. C. A survey including an accurate legal description of each proposed division, and showing the boundary lines, approximate dimensions, and the accessibility of each division from existing or proposed public roads for automobile traffic and public utilities.

D. Proof that all standards of the State Land Division Act and this Ordinance have been met.

E. The history and specifications of the land proposed to be divided sufficient to establish that the proposed division complies with Section 108 of the State Land Division Act.

F. If a transfer of division rights is proposed in the land transfer, detailed information about the terms and availability of the proposed division rights transfer.

G. Unless a division creates a parcel which is acknowledged and declared in the instrument of conveyance to be "not a development site", all divisions shall result in "buildable" parcels with sufficient area to comply with all required setback provisions, minimum floor areas, offstreet parking spaces, approved on-site sewage disposal and water well locations (where public water and sewer service is not available), access to existing public utilities and public roads, and maximum allowed area coverage of buildings and structures on the site. Declared agricultural land and land for forestry use shall not be subject to the foregoing as "development

sites" as provided in the State Land Division Act at Section 102. H. The fee as may from time to time be established by resolution of the governing body of the Township for land division reviews pursuant to this Ordinance to cover the costs of review of

the application and administration of this Ordinance and the State Land Division Act. I. Land Divisions must be completed within one year from the date the application was approved by the Township Assessor of official designated by governing body. Land Divisions not completed before expiration of application are subject to new application and fees.

#### **CLERK'S CERTIFICATION OF PUBLICATION**

The foregoing Amendment Ordinance #2006-10-10 to amend Maple Forest Township Land Division Ordinance #1998-10-13 was duly adopted and passed by the Township Board of Maple Forest, Crawford County, Michigan on the 10th day of October 2006 by the following vote. 5 yes 0 no 0

I further certify that the foregoing Ordinance was published in the Crawford County Avalanche, a newspaper of general circulation, in the above township, on the 26th day of October 2006.

The Amendment Ordinance takes effect on November 24th, 2006.

Sandra L. Bavnham Maple Forest Township Clerk

-12-19-26

#### NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Tim Swain, Single Man, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for lender and lender's successors and/or assigns, Mortgagee, dated August 4, 2004, and recorded on January 20, 2005 in Liber 673 on Page 411, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Forty-Five Thousand Nine Hundred Twenty-Four And 22/100 Dollars (\$45,924.22), including interest at 7% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a

Sandra Moore

County Clerk/Register of Deeds

Grayling Township Hall

Grayling, MI 49738

Beaver Creek Township

7565 W. County Rd. 612

8888 S. Grayling Rd.

Grayling, MI 49738

Frederic Township

Frederic, MI 49733

**Grayling Township** 

2090 Viking Way

Lovells Township

Grayling, MI 49738

8405 Twin Bridge Rd

Grayling, MI 49738

Maple Forest Township

South Branch Township

Roscommon, MI 48653

Crawford County Clerk

2520 W. Marker Rd.

Frederic, MI 49733

5245 M-18

by law.

Sandra Moore

P.O. Box 521

1020 City Blvd.

P.O. Box 549

**Crawford County Zoning** 

**Board of Appeals** 

**Board Position** 

The Crawford County Board of Commissioners are presently

accepting applications for positions on the Zoning Board of

Appeals. Applicants are required to be county residents and

requested to have a genuine interest in applying regulations that

effect land use for zoning in Crawford County and participate in the

many decisions which take place at monthly meetings held every

third Thursday at 7:00 pm. Applications can be obtained and sub-

mitted to Sandra Moore, Crawford County Clerk/Register of Deeds,

no later than Friday, October 27th, 2006, at the Crawford County

**PUBLIC ACCURACY NOTICE** 

NOTICE IS HEREBY GIVEN that the Public Accuracy Test for the

November 7, 2006 General Election has been scheduled for

Wednesday, November 1, 2006 at 10:00 a.m. at each of the fol-

lowing voting precincts located in Crawford County, Grayling, MI:

Precinct #

101

201

302, 304, 305,

306 & 307

401

Maple Forest will hold theirs @ 4:00 p.m. on November 1, 2006

501

601

The Public Accuracy Test is conducted to determine that the pro-

gram(s) and the election ballot counters being used to tabulate the

results of the election, counts the votes in the manner prescribed

Courthouse, 200 W. Michigan Ave., Grayling, MI 49738.

sale of the mortgaged premises, or some part of them, at public vendue, at the Front door of the County building in Grayling at 10:00 AM, on November 29,

Said premises are situated in Township of South Branch, Crawford County, Michigan, and are described as: Parcel 1: A parcel of land located in the West 10 acres of the Northeast 1/4 of the Northwest 1/4 of Section 33, Town 25 North, Range 2 West, South Branch Township, Crawford County, Michigan, being further described as follows: Commencing at the North 1/4 corner of said Section 33, Town 25 North, Range 2 West, thence North 89 degrees 37 minutes 04 seconds West along the North line of said Section 1155.66 feet for a point of beginning; thence continuing North 89 degrees 37 minutes 04 seconds West, 163.63 feet; thence South 00 degrees 08 minutes 33 seconds East along the West 1/8 line 443.62 feet; thence South 89 degrees 35 minutes 17 seconds East 163.63 feet; thence North 00 degrees 08 minutes 33 seconds West 443.70 feet to the Point of Beginning.

Subject to: A County Road and utility easement over the Northerly side thereof. Together with and subject to: A 66 foot wide road and utility easement lying 33 feet on either side of a line described as: Commencing at the North 1/4 corner of Section 33, Town 25 North, Range 2 West; thence North 89 degrees 37 minutes 04 seconds West along the North section line 1155.66 feet for a point of beginning; thence South 00 degrees 08 minutes 33 seconds East parallel with the West 1/8

line 1331.10 feet to the North 1/8 line for amount tendered at sale, plus interest. a Point of Ending

Subject to easements, building and use restrictions, and reservations or record, if

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 26, 2006 For more information, please call: FC R 248.593.1305 Trott & Trott, P.C. Attorneys For Servicer 30400 Telegraph Rd Ste 200 Bingham Farms, Michigan 48025-5822 File #111476F01

-26-2-9-16

#### **SYNOPSIS BEAVER CREEK TOWNSHIP OCTOBER 9, 2006** MEETING

The regular meeting of the Township Board was called to order at 7:00 PM. Board members present: Riley, Balmes, Hartman, Summers and Little. There were 11 residents present..

Motion to approve the minutes of the last meeting. Seconded and carried.

Don Babcock was present to answer any questions regarding the millage request on the November ballot for roads. The next Crawford County MTA Chapter meeting will be held at the Road Commission on October 24th at 8:00 AM.

Reports given by the Treasurer, Supervisor, by Fire Chief on Fire Department and Zoning.

#### Old Business:

1. Discussion regarding adding a zoning layer to our countywide mapping system. No action taken at this time.

2. Motion by Hartman and seconded by Little to accept the bid from SMK Beautification for snowplowing for the coming winter season. Ayes: 5, nays: 0. Motion carried.

3. Discussion regarding vandalism at the park and the need for more lighting before the November election.

4. The Township discussed our options as we have been notified by the DNR that we must take over ownership of the land we currently use as a transfer site or vacate.

5. Motion by Little and seconded by Balmes to have our sign out front repaired and to spend up to \$100 for the repair. Ayes: 5, nays: 0. Motion carried. The Supervisor has requested that the original sign company repair it for over a year with no results.

#### **New Business:**

Clerk

Michele Moshier

Sharon Hartman

Nancy Bindschatel

348-2131

275-8878

348-8778

348-4361

Monica Ashton

Cheryl Hopp

Sandra Baynham

348-9215

348-5794

Lynn George

275-8232

1. Motion by Balmes and seconded by Little for the Township to pay for elected and employees to attend the CCEDP meeting with all other governmental units on October 30th at the Holiday Inn. Ayes: 5, nays: 0. Motion carried.

2. Discussion regarding repair of the fence at Pere Cheney Cemetery. We will look into getting railroad ties to use as a barrier.

3. Motion by Balmes and seconded by Little to reimburse the Clerk for Planning Commission meetings that she did not take a per diem for. Ayes: 5, nays: 0. Motion carried.

4. Motion by Balmes and seconded by Summers to supply funding in the amount of \$730.00 to the Sheriff's Department for an increased liquor control program. Ayes: 5, nays: 0. Motion carried.

Meeting adjourned at 8:45 PM.

Sharon K. Hartman

#### NOTICE OF **MORTGAGE FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Michael L. Purdy, a single man, original mortgagor(s), to Option One Mortgage Corporation, a California Corporation, Mortgagee, dated June 25, 2004, and recorded on July 22, 2004 in Liber 670 on Page 377, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Fifty-One Thousand Six Hundred Thirty-Two And 90/100 Dollars (\$51,632.90), including interest at 10.55% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the Front door of the County building in Grayling at 10:00 AM, on November 29, 2006.

Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: All that part of the South 1/2 of the South 1/2 of the North 1/2 of the Southeast 1/4 of the Northwest 1/4, Section 17, Town 26 North, Range 2 West, Township of Grayling, Crawford County, Michigan lying on the West side County Road.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 26, 2006 For more information, please call: FC G 248.593.1310 Trott & Trott, P.C. Attorneys For Servicer 30400 Telegraph Rd Ste 200 Bingham Farms, Michigan 48025-5822 File #111625F01

-26-2-9-16

#### **Notice of Sale**

Default having been made in the condition of a certain mortgage made the 3rd day of October, 2001, by Jason A. Hoffmann, to Northwestern Savings Bank &Trust, n/k/a Northwestern Bank, and recorded on October 4, 2001, in the office of the Register of Deeds for Crawford County, Michigan, in Liber 555, Page 140, and on which mortgage there is claimed to be due and unpaid at the date of this Notice SIXTY FIVE THOU-SAND EIGHT HUNDRED FIFTY THREE AND 16/100 DOLLARS (\$68,853.16) and no suit or proceeding at law or in equity having been instituted to recover the debt, or any part of the debt, secured by said mortgage, and the power of sale in said mortgage contained having become operative by reason of such default.

NOTICE IS HEREBY GIVEN that on Wednesday, November 22, 2006 at 10:00 o'clock in the forenoon in the lobby of the Courthouse, located at 220 W. Michigan Avenue, Grayling, MI, there will be offered for sale and sold to the highest bidder, at public sale, for the purpose of satisfying the amounts due and unpaid upon said mortgage, together with legal costs and charges of sale, including an attorney fee of Seventy-Five (\$75.00) Dollars provided by law and in said mortgage, the lands and premises in said mortgage mentioned and described as follows,

The E 1/2 of the W 1/2 of the E 1/2 of the N 1/2 of the NW 1/4 of the NW 1/4 of Section 12, T26N, R3W. Grayling Township, Crawford County, Michigan.

The redemption period shall be six (6) months from the date of sale; provided, however, that if the subject premises are conclusively presumed to have been abandoned pursuant to MCL 600.3241 or MCL 125.1499k as the case may be, the applicable period for redemption shall be one (1) month from said date, and if the subject premises are conclusively presumed to have been abandoned pursuant to MCL 600.3241a or MCL 125.1449v, as the case may be, the applicable period for redemption shall be thirty (30) days from said date.

Dated: October 5, 2006 Northwestern Bank Mortgagee

**CALCUTT ROGERS & BOYNTON** by: Jack E. Boynton (P23137) 109 E. Front Street, Suite 300 Traverse City, MI 49684

-19-26-2-9

#### **NOTICE OF MORTGAGE FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Matthew J. Ashton, a single man, to First Franklin Financial Corporation, subsidiary of National City Bank of Indiana, Mortgagee, dated June 7, 2004 and recorded June 11, 2004 in Liber 668, Page 978, and rerecorded 06/21/2004 liber 669 page 297, Crawford County Records, Michigan. Said mortgage is now held by Wells Fargo Bank, N.A., trustee by assignment. There is claimed to be due at the date hereof the sum of Seventy-Six Thousand Six Hundred Ninety-Eight and 82/100 Dollars (\$76,698.82) including interest at 6.5% per annum.

Under the power of sale contained in said mortgage and the statute in such case made an provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue at the front door of the County Building in Grayling in Crawford County, Michigan at 10:00 a.m. on NOVEMBER 1, 2006.

Said premises are located in the Township of Grayling, Crawford County, Michigan, and are described as:

Lot 7, Clough's Highland Acres, Township of Grayling, Crawford County, Michigan, according to the recorded plat thereof, as recorded in Liber 1 of Plats, Page 65, Crawford County Records.

The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA §600,3241a, in which case the redemption period shall be 30 days from the date of such sale. TO ALL PUR-CHASERS: The foreclosing mortgagee can rescind the sale. In that event, your damages, if any, are limited solely to the return of the bid amount tendered at sale, plus interest.

Dated: September 28, 2006 Orlans Associates, P.C. Attorneys for Servicer P.O. Box 5041 Troy, MI 48007-5041 (248) 457-1000 File No. 209.3831

-28-5-12-19-26

#### **NOTICE OF MORTGAGE FORECLOSURE** SALE BY **ADVERTISEMENT** OF ABANDONED **PROPERTY PURSUANT TO** MCL 600.3241(a)

THE PREPARER OF THIS NOTICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. PLEASE CON-TACT OUR OFFICE AT THE NUM-BER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY

Default having been made in the terms and conditions of a certain mortgage made by Leland A. Tedford, Jr. and Janet Rae Tedford, husband and wife, of 10706 Deerwood Trail, Roscommon, MI, Mortgagors, to Firstbank West Branch, Mortgagee, dated March 25, 1998, and recorded in the office of the Register of Deeds for the County of Crawford, State of Michigan, on April 7, 1998, at Liber 450 Pages 610-617, on which mortgage there is claimed to be due hereof the sum of Forty Thousand Eight Hundred Seven and 14/100 (\$40,807.14) Dollars including interest at eight and one-quarter (8.25%) percent per annum

As no suit or other legal proceedings have been filed to recover the debt secured by the mortgage; Now, therefore, by virtue of the power of sale contained in the mortgage, and pursuant to the statutes of the State of Michigan; NOTICE is hereby given that on Wednesday, November 8, 2006, at 10:00 o'clock a.m., the mortgage

will be foreclosed by a sale at public auction to the highest bidder, in the main entrance of the County Courthouse in Grayling, Crawford County, Michigan, of that premises described in the mortgage, or so much thereof as may be necessary to pay the amount due in principal and interest on the mortgage and all legal costs, charges and expenses, including attorney fees allowed by law, and also any sums which may be paid by the Mortgagee to protect its interest in the mortgaged premises described as follows.

Lots 441 and 442, Indian Glens of the Ausable No. 6, as recorded in Liber 4 of Plats, pages 1-14, Crawford County Records, Beaver Creek Township, Crawford County, Michigan.

Street Address: 10706 Deerwood Trail, Roscommon, MI Tax Parcel No. 20-052-520-000-441 & 442-00

The redemption period pursuant to MCLA 600.3241(a) shall be thirty days (30) from the date of the sale. During the thirty (30) days immediately following the sale, the property may be redeemed, unless the mortgagor or anyone claiming under the mortgagor shall comply with the provisions of 1948 MCLA 600.3241a (c), in which case the property may be redeemed during the six (6) months immediately following the sale. The property may be redeemed by paying the amount of the bid at the foreclosure sale plus interest, any unpaid encumbrances on the property, and any advances paid by the Mortgagee. For additional information, contact Danny Gallagher, Firstbank West Branch, of 502 W. Houghton Ave., PO Box 335, West Branch, Michigan 48661, or the preparer of this Notice.

Dated: September 28, 2006 JUÁREZ & JUÁREZ, PC Attorneys for Mortgagee 132 South Eighth West Branch, MI 48661 (989) 345-0601

-5-12-19-26

#### NOTICE OF MORTGAGE **FORECLOSURE** SALE

THIS FIRM IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. PLEASE CONTACT OUR OFFICE AT THE NUMBER BELOW IF YOU ARE IN ACTIVE MILITARY DUTY.

ATTN PURCHASERS: This sale may be rescinded by the foreclosing mortgageè. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

MORTGAGE SALE - Default has been made in the conditions of a mortgage made by Cheryl A. Russell, an unmarried woman, original mortgagor(s), to Option One Mortgage Corporation, a California Corporation, Mortgagee, dated February 23, 2004, and recorded on June 17, 2004 in Liber 669 on Page 131, in Crawford county records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of Seventy-One Thousand Seven Hundred Fifty-One And 19/100 Dollars (\$71,751.19), including interest at 7.99% per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the Front door of the County building in Grayling at 10:00 AM, on November 29,

Said premises are situated in Township of Grayling, Crawford County, Michigan, and are described as: Lot 1, Sherwood Forest, according to the plat thereof, as recorded in Liber 3 of Plats, Page 11, Crawford County Records.

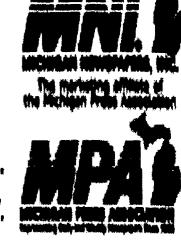
The redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: October 26, 2006 For more information, please call: FC G 248.593.1310 Trott & Trott, P.C. Attorneys For Servicer 30400 Telegraph Rd Ste 200 Bingham Farms, Michigan 48025-5822 File #111070F01

-26-2-9-16

PUBLIC TAMIAT

Public Notices in Newspapers. Your Right to Know, Delivered Right to Your Door.



## LOOK AT OUR PAST



October 27, 1983 - George Smith of Grayling holds an 11 pound, 14 ounce puff-ball mushroom he and his wife Zelda found southeast of Camp Grayling. The mushroom measured 14 inches in circumference.

Crust:

23 Years Ago October 27, 1983

Local authorities have lifted a ban on Halloween trick-or-treating this year, but are cautioning all children and parents to beware of dangerous treats. Last year the Grayling City Council asked for a halt of all trick-or-treating following a nationwide scare of Tylenol tampering and other product poison-

Grayling football recorded its fourth shutout of the season Friday by stomping Boyne City 18 - 0. The Vikings are now 5 -2 and face Charlevoix, 4 - 3, at home on Friday as Grayling

RECIPE

OF THE

WEEK

seeks to equal its best season

ever since joining the Michigan

Huron Shores Conference. Grayling girls basketball ran its record to 10 - 2 using aggressive defense and a fast-breaking offense to thump Petoskey 59-40 at Petoskey.

A special four man committee appointed by the Crawford County Board of Commissioners is studying alternatives to the county's current landfill disposal of solid waste. One of the most attractive alternatives researched by the committee, composed of Don Welser, Bud Joyce, Randy Thompson and Roy Spangler, is incineration. Spangler, the

potatoes

cup boiling water

teaspoon salt

cup all-purpose flour

tablespoons olive oil

5 minutes longer or until cheese melts. Sprinkle with basil.

cup dry roasted garlic flavored mashed

MSU Co-operative Extension agent for Roscommon and Crawford Counties, said there could be a large reduction in bulk if waste was burned and there's a valuable sideline to incineration.

46 Years Ago October 27, 1960

The Grayling junior varsity football squad will entertain the little Blue Blazers of Kalkaska High at Grayling Memorial Recreation Area tonight in their final game of the season. Coach Frasier Dean is hoping that his team will turn in a fine performance for their last game. The Grayling jayvees trimmed the Kalkaska team 13 to 6 in a game earlier this season.

St. Mary's Ladies Club of St. Mary's Church will sponsor a Halloween masquerade dress party. It will take place at the parish hall. There will be dancing, games, and refreshments, all for \$1.25 per couple.

Bob Bovee received his master of arts degree from Central Michigan University. He was initiated the national honorary educational society, Phi Delta Kappa.

The Grayling Vikings football team played the Boyne City Ramblers and the Ramblers put a crimp into the Viking homecoming as they downed the Vikings 26-0. The Ramblers ranked eighth in Class C in the state turned two Viking fumbles into touchdowns.

Fresh Tomato And Zucchini Pizza

Combine dry roasted garlic flavored mashed potatoes with boiling water in a bowl, using a fork to moisten

all potatoes. Let stand for one minute. Add flour, olive oil and salt to potato mixture. With hands, knead mix-

ture until dough forms a ball. Let rest 5 minutes. Preheat oven to 400° F. Press dough into 12-inch by 8-

inch baking pan. Arrange zucchini slices and tomato slices over the dough, leaving a 1/2-inch border.

Drizzle with olive oil and sprinkle with salt and pepper. Bake about 15 minutes. Top with mozzarella; bake

69 Years Ago October 28, 1937

Albert Madill is preparing the basement for his new house in Frederic. It is to face the AuSable River bridge, just north of town. The house is southeast of the bridge and cement blocks are being made at the present time.

Frederic supervisor, Lyle Dunckley is building a structure near his house that can be used for a garage and filling station or for a "garage bungalow."

A special meeting of the voters of Grayling School District No. 1 was held. It was called by petition to the Board of Education to consider the question of transportation for children living within the school district. The matter came to a vote and was carried 57 to 1. This vote authorized the school board to set up bids for service for three cars or a bus to be used in carrying school children from the vicinity of Lake Margrethe. Only those who are two or more miles from school will be furnished their transportation.

#### 92 Years Ago October 29, 1914

Louie Joseph is playing on the U of M soccer football team, as half-back at Ann Arbor.

T.E. Douglas, in putting alcohol in Clayton Straehly's machine last night, lit a match causing an explosion, which resulted in burning his eyebrows and eyelashes off and burning some of his face.

plum tomatoes, thinly sliced and patted

small zucchini, thinly sliced

Salt and ground pepper to taste

Makes 4 main-dish servings or 6 appetizer servings

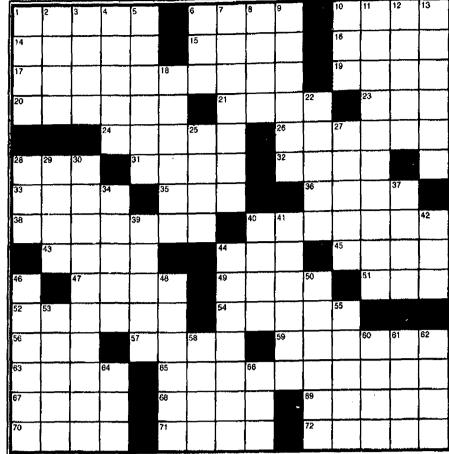
ounces shredded mozzarella cheese

tablespoons fresh shredded basil or 1

tablespoon olive oil

teaspoon dried basil

#### CROSSWORD



1. Podium

Northern Children

Mars and Jupiter.

8. Lavish, formal dance.

Testament.

Goodbye.

electrical apparatus.

22. Sends by mail.

18. Middle East republic.

34. Coil of worsted yarn.

39. Visual representation.

9. Afraid

families.

3. Exclamation of good will.

2. Acronym for Integrated Services for

4. Rewrite to make fit for a new purpose.

6. Asteroid in the main asteroid belt between

7. Greek form of Zebadiah used in the New

10. Acronym for Smart Living Association.

13. Lower the rated electrical capability of an

25. Desire to have something possessed by

27. Tropical American trees with palmately

compound leaves and showy, bell-shaped

28. Hardy, sure-footed animal smaller than a

29. Long, drawn-out bitter quarrel between

30. Someone who repeats malicious gossip.

Sincere, steadtast fixity of purpose.

5. Any of the 50 sea nymphs who were

daughters of Nereus the sea god.

Across Collection of Persian poems.

Traditional log house of rural Russia. 10. Carangid fish of the genus Decapterus inhabiting tropical and subtropical shore

waters. Message departing from the main subject. Deprived of hearing.

16. Body of ore set off adjacent rock forms

17. Not liable to change. Middle East chieftain 20. Variant of "escapes."

21. Jack ..., actor. 23. Extinct, ostrich-like flightless bird of Nev

24. Depleted of strength 26. Person who believes that one race is

28. Toward a vessel's stern. 31. Marion Bauer, author.

32. Formal, deliberative assembly.

33. Bodies of water smaller than an ocean Selis, singer, 36. Make a portrait of.

38. in a sulky manner. 40. Someone no longer important 43. Consider.

superior to others.

44. Multi-seated vehicle. 45. \_ Sinkovska, model.

47. Potential applied to an electrode in an electronic device to produce the desired characteristic.

49. Different from

52. Get satisfaction by punishing the person

responsible for hurting another. 54. Pile of stones formed by a person. 56. Anything apparently limitless in volume.

57. Acronym for European Television Services 59. Without payment

63. Light riding horse that originated in the Maghreb region of South Africa.

65. Sporting competition involving a series of games to decide the winner.

67. (Alexander) Wilder, composer. 68. Requiring little labor.

69. Commonly hard, and brittle seed outer

70. Vortex

71. Second-largest moon of Saturn. 72. Exhibiting activity.

41. Transfer ownership of property by signing a document 42. Not any.

37. Hawaiian island's rare, wild goose.

Polynesian rain dance performed by a

44. In order that. 46. Great talker of uninteresting things. 48. Long-haired dog that helps hunters find

50. List of printed mistakes included on an insert within the volume in which the mistakes

were made 53. Not fully developed

55. Verbal labels for a person, place or thing. 58. Acronym for State Office of Administrative

Hearings 60. Match between two national teams.

61. Peruvian money.

62. Glowing ball of gas.

64. Acronym for Before the Common Era.

66. Swedish shag rug.

#### **ANSWERS IN THE CLASSIFIEDS**

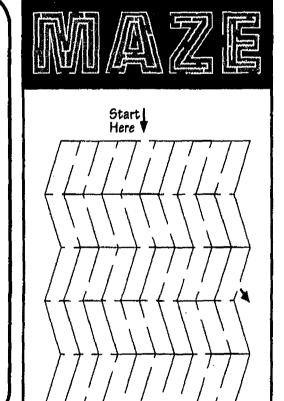
ADOPT A PET





DID YOU KNOW ??

"Stewardesses" is the longest word that is typed with only the left hand.



#### $(\mathcal{A})(\mathcal{A$ For the week of October 26, 2006 The chill in the air Prepare for a crash



doesn't do much to improve a friend's hot temper at an event. Take them aside and ask them to cool off before December 22- they say something they will regret.



March 21-April 19

April 20-

May 20

May 21-

June 21

landing, Aries, as a situation at home spirals out of control. A monetary gift allows you to get the ball rolling on a home improvement project.

fonly you had

nown, Taurus, that a

promise was about to

oe broken, you might

compensate. Chalk it

ip to hindsight and

do what you can to

ease the situation.

have been able to



July 22

July 23-

August 22

You shudder in fear at the thought of confronting a relative, but you really have no choice. Get the family involved and make an intervention before it's too late.

A friend's rise in

toll on their family

ife. Be honest when

asked about it and

what you see. Your

tell them exactly

feedback will be

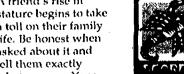
appreciated.



get in your way. The need to take care of a 🗒 transportation matter becomes clear and you must act quickly.

Confidence boils over

and nothing stands to



resolving an issue at work, Scorpio.Keep directions clear and concise and never los sight of your goal. A financial objective is met easily.

Brevity is key to



October 23-

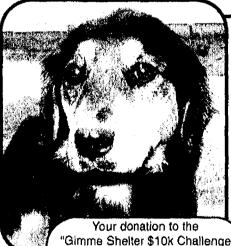
November 21

of fall give everyone at work a huge life Use the energy to pull ahead on a few projects and get the

The warm colors

November 22- others. A decision at December 21 home is final,



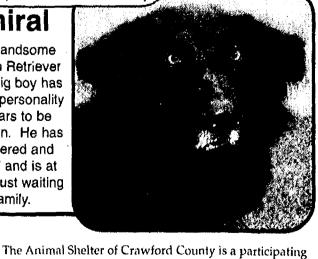


will be matched up to \$10,000!

is a very pretty black and tan Setter mix. She is easy to get along with and loves people. Latte has been spayed and is up to date on all of her shots. All she needs now is a loving home.

Help build a new shelter today! **Admiral** 

is a very handsome Lab/Golden Retriever mix. This big boy has a very nice personality and appears to be housebroken. He has been neutered and vaccinated and is at the shelter just waiting for a family.





10/24 37 32 0.15

member of the Very Best Pet Network.

The Animal Shelter of Crawford County is located at: 508 1/2 Huron Street (M-72 East) in Grayling Between the Road Commission and the Eagles Hall

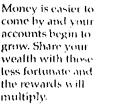
Hours: Open 9 to 3 Monday thru Saturday, 9 to 12 on Sundays and Holidays After hour appointments available. Call (989) 348-4117 For more pets or more information, visit our website www.ascc.petfinder.com



lanuary 20-

**Pebruary** 18

come by and your accounts begin to grow. Share your wealth with those less fortunate and the rewards will Pebruary 19- multiply. March 20



Romance is not dead,

at least not for you,

sizzles and life is full

of promise. A phone

call generates a lot of

Aquarius, Love

activity at work.

You just can't get over it. Rumors you thought were false. turn out to be true. Settle down, They are not as bad as they seem and may in fact benefit you and



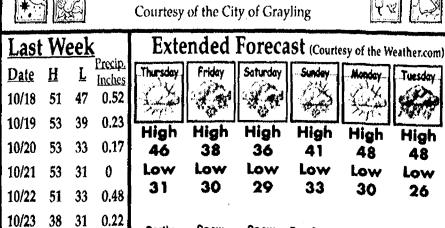
FOR ENTERTAINMENT PURPOSES ONLY

Get ready, Virgo, to be whisked off on a fabulous trip. A chance meeting results in several new prospects for the business and many kudos for September 22 you.



T PURPOSER CHLY

ideas brewing for 



Snow

Shower

Partiv

Cloudy

Snow Few Snow

Shower Showers

Partly

Cloudy

Rain/snow

Showers

Display Advertising Rate - \$8.00 per column inch Deadline for Display Classifieds - 12 noon, Monday Classifieds by the word rate - \$6.00 for 15 words or less, 10¢ per each additional word; includes Internet listing:

Classified by the word deadline - 12 noon, Tuesday

www.avalanche.townnews.com

Classifieds must be paid for in advance

# DVERTISING ASSIFIED

Crawford County Avalanche

#### 1. Real Estate

TWO HOMES Great locations in Grayling for winter sports. \$69,900 on 2.5 acres or \$139,000 on 10 acres. For details, 989-344-0299. (-26-2/1)

#### 1. Real Estate

AUTOMATICALLY RECEIVE NEW LISTINGS emailed to you. Call us at 348-5474 or email to cnt21@i2k.com Century 21 River Country Real Estate. Visit our web: www.century21grayling. (2/23/06tf/1)

#### 1. Real Estate

LOW INCOME housing available to purchase. Apply with Connie at Century 21. Call for an appointment. 348-5474 or cell 390-2888. Currently 5 homes available. (2/23/06tf/1)

#### 1. Real Estate

FOR SALE OR LEASE mobile home lots, 2.5 acres, relocate your mobile home and use existing mobile home for storage. Located on M-72 near Burtons Landing in Grayling. 14' x 65' concrete slab with hook-ups including 4" well, electric service and 1,000 gallon septic. A large frontage in nicer area located near state forest and canoe pickup area. \$25,000. Mel, 877-365todd@ingallsenterprises.com.

(LR12/7/06/1)

#### 1. Real Estate

Commercial & Residential

**2-3 BEDROOM** 2 bath, year round ranch in peaceful setting, on maintained road, near lakes and snowmobiling. 2482 Sandy Trail, south off M-72, 7.3 miles east of Grayling. Price reduced. (586) 446-0004, (586) 713-7500. (6/22/06tf/1)

FIND THAT VACATION CABIN OR HOME in the Avalanche For Rent Classifieds 102 Michigan Avenue, Grayling -(989) 348-6811

#### 1. Real Estate

FOR SALE - COMMERCIAL BUILDING Built in 2000 with 2,100 sq. ft., central A/C, full kitchen, four bathrooms, handicap ramp, cyclone fencing, and three rear decks. Excellent location for office or retail business. \$195,000. Call 989-348-3018. (LR10/26/06/1)

**AVALANCHE** OFFICE **HOURS:** Monday through Friday, 9 a.m. to 5 p.m. 102 Michigan Avenue, Grayling -(989) 348-6811

Servicing Every

Size and

Every Budget!

This home has 1800 square feet with spa

square feet upstairs that has not been fin

garage with separate heated work shop. This

has been kept up very nicely and is just a short walk to Horseshoe Lake and also right

on the snowmobile trail. \$139,900 #5735

shed. Nice big yard along with 41 x 44 large



Broker/Owner State Licensed Appraiser



of Grayling

5728 M-72 West EACH OFFICE INDEPENDENTLY



**CHARLENE SCHEER** Broker / Owner Limited Real Estate Appraiser CRB, GRI, CRS, ABR

#### No more sleepless nights

Worried about selling

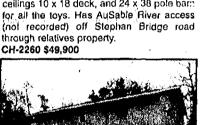
your home?



2,196 s.f. brick 4 bedroom, 2 bath home. 800 s.f. wrap-around deck, full finished walkout basemen custom cedar sauna, brick fireplace with gas logs sliding doorwall out to patio and riverside jacuzz hot tub. This year around home is located close to state land, hunting, ski hills, and Northern \$239,500 CH-2429



SECLUDED ACRES OFF PRIVATE ROAD. Peaceful setting with improvements built approx. 800' off private road. 1986 14 x 70 mobile with 3 bedroom, 2 baths, vaulted ceilings 10 x 18 deck, and 24 x 38 pole barn for all the toys. Has AuSable River access (not recorded) off Stephan Bridge road through relatives property.

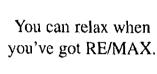


LAKE MARGRETHE ACCESS! Completely renovated 1,250 s.f., 3 bedroom, and 1 bath home. Ceramic tile flooring, central A/C, raised six panel doors, drywall interior, whirlpool bath, and new 4 inch well. Adjoins State Land On West Side!!



CH-2321 \$98,900

ACRES ADJOINING STATE LAND Bradford Creek frontage on each side. Second creek-tributary through acreage. Two streams with approximately 4,400' frontage. Ideal location for recreationalhunting-fishing retreat. Electricity, gas, well. CH-2329 \$139,900



RE/MAX agents average more experience and more sales than other agents. They know what it takes to sell a home,

because they do it all the

time.

You'll find RE/MAX agents in offices across the country and around the world, staying up late so you don't have to.

Why not call one today and get some sleep tonight?



JUST COMPLETED ON 10 ACRES ADJOINING STATE LAND. 3BR/2BA custom knotty pine interior. Great-room features Fieldstone Fireplace and Trapezoid windows, 10x40 screened porch overlooking natural hillside setting. 3-car finished garage, 30x40 pole barn. Other features: What a Master BR Suitelf 18x30, plus 2 dormers, a gas fireplace, and door-wall onto deck. A must see! CH-1926 \$259,000



REMODELED CLOSE TO TOWN! 3 bedrooms, 1 bath, large living room, nice back yard with over 1/2 acre. New carpet, drywall and paint. New roof. Garage. Very Nice. Immediate Occupancy. CS-2313 \$89,500



closing. CS-2388 \$177,900

LAKESIDE LIVING! 58 FEET ON BEAUTIFUL CRAWFORD LAKE.

KALKASKA. Attractive waterfront cottage on 160 acre all sports lake,

enjoy the sunrise from this clean 2

bedroom, 1 bath home offering 775 sq. ft. Features include open kitchen,

dining and living area. Patio door off

living room overlooking the lake.

New maple floors in both bedrooms.

Oak floor in kitchen and dining room.

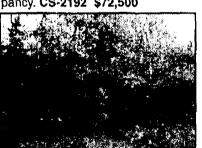
Drywall throughout with fresh paint.

New bathroom vanity. Snack bar in

kitchen. New aluminum dock with 8 x

10 platform. Turn key. Possession at

BUY? 3 bed, 1 bath, double city lot, open kitchen & dining area. Fresh paint, new vinyl siding. New floors in kitchen and dining. Washer, dryer & freezer included. Immediate occupancy. CS-2192 \$72,500



10 ACRES OF BEAUTIFUL HARDWOODS. This rolling terrain is full of wildlife and is close to state land. Electricity is at road and the access road is blacktop. CS-2217 \$32,000



Spacious, clean, energy efficient 3 bedroom

1.5 bath family home in the City of Grayling

Plenty of storage, gas brick fireplace, ceiling

fans, fenced-in back yard, large deck with built

in seating. New landscaping in front, Mist sec

the inside to appreciate what this home has t

76' OF SANDY BEACH FRONT! This

with 20' bar. Heated ceramic flooring. Ceiling fans in every room, beautiful decking. Attached 2.5 car garage, fire-pit and doc at the beach are just some of this stunning homes features. \$279,900 #5654

walk-out fully finished basemer

ranch home, all on one level, no stairs Beautiful yard, double corner lot, just outside the city limits. Close to hospital, schools and library. Neat as a pin move right in. \$128,500 #5684

Featured Listing

ig 3,600 square fee ncluding full finbasement Aassive kitchen fea ures heated tile loors, custom made cabinetry & over 30 lineal feet of counter top, Stone fireplace architectúre arches, tray & cathe-

dral ceilngs. Great

home for enterain



Sparkling 3 bedroom 2 bath home in

Sherwood Forest. Natural gas hot

water heat/central air/4" well/cov-

ered porch/3 season room/shed and

finished attached garage all just 10:

Great Place at the Right Price. This

lot backs up to State Land with

Trails 150' away. Updates include:

windows, roof, electric, well, fur-

nace. Located about 1 mile north of

Kalkaska. #5682 \$59,900

years old. #5681 \$98,000

Great up North Get-Away! Two room lo cabin with knotty pine interior and 20 x 24 garage, located just minutes from the famed AuSable River and from Wakeley Lake. Enjoy the solitude of Northern Michigan in this affordable vacation home. \$36,000 #5672



3 bedrooms, 2 baths, fuil walk-out

basement, close to public access, with

a view of tranquil K.P. Lake and a

garage for the toys. A peaceful set-

ting...summer, winter, spring or fall.

of Grayling. Well maintained 2 story brick building with many recent upgrades, 3000 square foot floor. Currently divided into 2 office suites, Seller will hold land contract.



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800-731-4002

See us on the internet www.remax-grayling-mi.com Office Hours: Mon. - Fri. 8 a.m. to 5 p.m. • Sat. 9 a.m. to 5 p.m. • Sun. 9 a.m. to 2 p.m.

5688 M-72 West Grayling, Michigan 49738

989-348-5474

877-763-1487







NEED

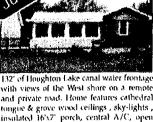




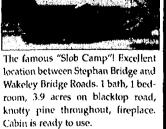




bath home with central air, and 30' 40' heated & air conditioned pole barn with workshop. Excellent location, just a couple of miles from the AuSable River and lots of State Land. #247892 \$114,500



insulated 165.7° porch, central A/C, open floor-plan with separate dining area, 200 amp electric service with generator hook-up,



#246327 \$49,900

Great hunting area, adjoins State Land, mixed tree cover, Accessed by trait road over State Land. Close access to the North Branch of the Ausable River. 1247165 \$49,900

Nice 10 acres, all high and dry. Excellent for camp, or to build a cabin or yearund home. Road maintained through property taxes. #246427 \$26,500

vice square 10 for hunting, snowmobiling, or just relaxing in the woods. There is an older mobile that needs TLC, a well, no electric and a large white shed.

Great 10 acre parcel offers mixed variety of tree cover, a hill, and adjoins State land in South and East side. Great property to build new home with a walk-out base-iient or just to enjoy. Close to Manistee river and trails. #246818 #39,900

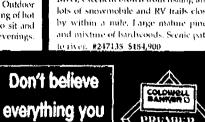
Nicely wonded acreage, perfect for that log cabin or summer retreat.

Lots of wildlife, hilly and rolling, electric is nearby. #244999 \$32,000



# 245098 \$ 173,000











RUBBER

CRAWFORD COUNTY AND SECOND 102 Michigan Ave. • Grayling • (989) 348-681 [8



**Cornell Realty Grayling** 2003 S. I-75 Business Loop 800-300-6653

989-348-6481 Water talling of























#### 1. Real Estate

DEER CAMP LAND: 2.5 acres, end of private road adjoining state land, unique location, Grayling between Roscommon. Electric and well on site. \$22,900. 989-275-4126. (-12-19-26/1)

#### 1. Real Estate



Everything is immaculate! Bradford Lake Hills, only \$159,000 #5771 Ask for: **Pete Kocefas Century** 

989-344-1880

Grayling

HOUSE FOR RENT in downtown Grayling. Small 2 bedroom, 1 bath, inside completely remodeled. \$500 a month, plus utilities. Call 586-899-4405. (-26-2/2)

2. For Rent

HIGGINS LAKE rent/sale. 3

bedroom, 2 bath, gas fireplace,

newer home, 2 blocks from the

lake. \$650 per month, plus secu-

rity deposit, no pets. 517-256-

rent on 3 acres, 9 miles from

town. \$600 a month, plus

deposit. 348-2416. (-26-2/2)

3589. (-26-2/2)

SMALL FARM 2 bedroom, 1 bath, office, refrigerator, stove washer and dryer. Clean and cozy, 2 barns, between Gaylord and Grayling, nice yard. \$450, plus \$450 deposit, plus utilities. References required. 231-947-4178. (-28/2)

#### 1. Real Estate

#### Affordable Housing!

Financing available for families with very low income for Crawford County. No money down with 100% financing. Rural Development Direct Loan. It's easier than you think. Don't throw your money out the window every month on rent, start building equity in owning your own home. Call me today to get prequalified and get



5728 M-72 West Grayling, MI. 49738

(989) 915-1556 Cell (800) 731-4002 Office email char@i2k.com



**Broker / Owner** 

#### 2. For Rent

**MOBILE HOMES 4 RENT** \$425 and up, some pet restrictions. Also trailers for sale. 348-5278. (9/28/06tf/2)

TWO BEDROOM 1 bath, washer/dryer hookup, refrigera-TWO BEDROOM home for tor, range included. Utilities not included. No Pets. \$425/month, plus \$425 security. 6272 Old Lake Rd. (989) 348-4716. (8/17/06tf/2)

> RUSTIC LOG CABIN with 250 feet on scenic Manistee River, newly renovated, fully furnished. 3/2, 2 fireplaces, finished basement with pool table, outsauna, \$500/week; \$2,000/month. First/last, plus security, non-smoking, no pets. References required. Contact 989-348-6141 or 989-348-8497. (10/12/06tf/2)

AUSABLE RIVER FRONT 2 bedroom, natural gas, cable, 1 mile from town. \$750 per month. Sept. 1 to June 1, 348-8818. (8/31/06tf/2)

FOR RENT Grayling 2 bedroom home, new carpet, freshly painted, includes stove, refrigerator, and outdoor storage shed. \$450 per month, \$450 deposit. For application, call 989-344-1406 and leave a message. (-26-2-9/2)

#### 2. For Rent

#### 2. For Rent

FOR RENT IN TOWN 2 bedroom, I bath, nearly 1000 sq. ft., additional room could be used as office. \$550, plus utilities and deposit. 586-899-4405 or 586-786-9060. (-26-2/2)

2 BEDROOM APARTMENT no animals, \$610 a month. Includes all utilities and cable. Above the Frederic Inn. Call 348-8636 or 705-7111, ask for Sis or Lona. (9/28/06tf/2)

NEWLY REMODELED 2 bedroom, 1 bath, with washer/dryer, close to Grayling. 1968 M-72 East. Contact Caroline at 231-796-5099. (LR10/26/06/2)

FOR RENT 2 bedroom home with small garage. Close to town. \$550/month, plus utilities. Discounts for on-time payment. Available 11/1. Call 989-390-1807. (10/5/06tf/2)

CABINS AT LOST ACRES Rent a cozy cabin year round from \$375 per month, including all utilities. 30 wooded acres, walk to Blue Gill Lake. \$200 security, no pets. 877-227-6976. (10/12/06tf/2)

NICE, CLEAN two bedroom mobile with garage, washer/dryer and appliances. \$425/month, plus deposit. No pets. 348-2418. (-26-2/2)

#### 2. For Rent

Senior Apartments available at The Brook Retirement Communities.

Offering Independent and Assisted Living. Lots of Amenities, Activities, Beautiful Surroundings and Affordable Living. Communities located in:

Houghton Lake (989) 422-7200 Roscommon (989) 275-4000 West Branch (989) 343-1400 Gladwin (989) 426-8700

Call or stop by today for a personalized tour.

#### 2. For Rent

GRAYLING 2 bedroom apartment, 1 1/2 baths, lots of amenities. \$625 a month, plus security deposit. No pets. (989) 344-9070. (-26/2)

TWO BEDROOM 1 bath, semi-furnished, wood burning stove. \$500 per month. 248-398-7539. (-19-26/2)

NICE, CLEAN two bedroom duplex. Natural gas, storage, lawncare, laundry, \$435. 8110 Insley Ave. Phone 348-2178. (10/19/06tf/2)

TWO STORY 3 bedroom, 2 baths, spacious living, kitchen, and family room with a separate dining area. In the city of Grayling on the AuSable River. Large private back yard. Home includes washer/dryer, stove and refrigerator. \$800 a month, plus utilities. References required. Can furnish home for temporary job placement. Call 989-619-1344. (10/19/06tf/2)

ONE BEDROOM DUPLEX with utilities, \$500. 2 bedroom house, \$500. Call 348-5230. (LR11/9/06/

WORKING IN THE AREA and need housing by the week or month? We can help. North Country Lodge, 348-8471, (-26-2-9/2)

**FOR RENT:** 6930 M-72 West Totally remodeled home, carpet throughout, 3 bedroom, 1 1/2 bath, new stove, refrigerator, washer, dryer, and furnace, 2-car garage. Convenient to Grayling, yet private. \$750/month, plus First/last/security utilities. deposit required. Non-smoking. No pets. References and deposit Available 12/5/06. required. Call 989-348-6141 or 989-348-8497. (10/26/06tf/2)

#### 

TWO BEDROOM 1 bath with garage on the Manistee River, located off Riverview Road. Recently remodeled. \$650 per month, plus security deposit. Available 11/1/06. Call Debbie at 348-7440 for application. (-26-2/2)

FOR RENT 2 bedroom apartment located in town. \$650 per utilities. includes month, Application and references required. Call 710-1194 or 370-2745. (-26-2/2)

THREE BEDROOM RANCH \$500 per month. Appliances. Tamarac Circle. Call 313-294-3266, leave message. (-26-2/2)

CLEAN, 2 bedroom house in country, 1 plus car garage, washer/dryer furnished, references, plus security deposit. \$525 per month. 989-329-4826. (-26-2/2)

#### 

NURSE MANAGER POSI-TION: The Brook Retirement Communities are looking for a dynamic individual to manage their Houghton Lake site. R.N. preferred; L.P.N. considered. Full-time, days, no weekends, some on-call. Competitive wage/benefits. Position will involve clinical care of residence, over sight of staff, public relations, activities, and more. Send resume to: 195 State Street, Roscommon, MI 48653 by Nov. 6, 2006. (-26-2/3)

**HUNGRY HOWIES PIZZA** of Grayling is now hiring seasonal; help for 2 inside and 2 delivery positions. Apply in person at 307 S. James or call 348-1800. (-26/3)

#### 3. Employment

#### MERCY HOME CARE

MERCY HOSPICE **HOMECARE POSITION OPEN** Contingent Registered Nurse in Northern Grayling/Mio area

Candidate must be a graduate from a accredited school and have a current Michigan license. Requirements: Minimum 1 year of professional nursing experience, ability to assess and act upon client needs without direct supervision, and willingness to travel in our geographic region. Automated documentation system, experience with this a plus. Incredible benefits, competitive pay, some on-call responsibility. For immediate consideration, please fax resume to:

> Brenda Lake, Business Manager Fax 989-348-0047

Or call 1-800-424-1457 or 1-800-822-8318 Mercy Home Care & Mercy Hospice is committed to the Mission and Values as set forth by Trinity Health. Mercy Home Care is committed to achieving workforce diversity and is an equal opportunity employer.

#### **Grayling Recreation Authority Assistant Director**

Job Description

Salary: \$20,000 + Benefits Application Deadline: October 31, 2006

Under the direct supervision of the Director of Operations for the Grayling Recreation Authority, this position is responsible for the effective planning, coordination, supervision, delivery and evaluation of comprehensive year-round, seasonal and special recreational activities and programs for the Grayling Recreation Authority.

- Develops schedules, coordinates volunteers and program offi-
- Directs and evaluates recreational programs.
- Reviews and evaluates the success of programs and makes recommendations for continuation or cancellation.
- Prepares Grant applications and sponsorship requests to enhance recreation programs.
- Marketing and promotion of programs through advertising, including the creation of seasonal brochures, news releases, flyers, pamphlets and all public relation materials.
- · Performs related tasks as required for the organization.
- May be required to physically set up programs.
- Evening and weekend hours may be required on a regular basis.

Requirements:

Minimum of (2) years experience, or a Bachelors Degree in Recreation Management, Parks & Recreation, Sports Management, Administration, Business Management, or related field. Must be a U.S. Resident.

**Employer Information:** 

The Grayling Recreation Authority (G.R.A.) is a 501c3 non-profit organization, located in Grayling, Michigan. G.R.A. Manages and Operates Hanson Hills Recreation Area, The Grayling Fish Hatchery, along with providing various recreational programs and special events for the community of Grayling.

Contact Information: The Grayling Recreation Authority P.O. Box 361 Grayling, Michigan 49738 Phone: 989-348-9266 Fax: 989-348-1393 Email: hansonhills@hotmail.com Web: WWW.HANSONHILLS.ORG

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School Starting Date\_\_\_\_\_

**School Ending Date** 

Mail check or money order to address below.

**CRAWFORD COUNTY** P.O. Box 490, Grayling, MI • 989-348-6811







ATTENTION DRIVERS no experience necessary. TMC Transportation needs drivers. \$650 per week guaranteed. Off weekends. Local CDL training. 800-882-7364. (LR10/26/06/3)

GENERAL LABOR/PRO-**DUCTION** positions in the Grayling area. Must have proof of HS diploma/GED, solid work history, good references, strong math and measuring skills, and the ability to lift, sort, and stack product in a fast paced environment. \$8/hr. All shifts. Call 989-705-2120 for appointment. EOE. (-19-26/3)

COMPASSIONATE CARE Health Services is seeking a fulltime Staff Supervisor for the Gaylord office: Duties include staffing, payroll, billing, and office organization. Basic computer knowledge and some experience in home health care would be a plus. If interested please call Arlene or Jody at 1-866-705-8844. (-12-19-26/3)

ADVANCE AMERICA/CASH ADVANCE Part-time employment. Apply at 2325 S. I-75 Business Loop, next to Pizza Hut. 989-348-4593. Fax, 989-348-6979. (-12-19-26/3)

ARBYS OF GRAYLING Immediate openings for serious long term applicants. Day and night shifts. Full and part-time positions available. Apply in person. On the spot interviews possible between 2 and 5 pm, and 10 and 11 am. (LR11/9/06/3)

**CUSTODIAN:** Kirtland Community College is accepting applications to fill a part-time (approx. 20 hours per week) custodian position. Individual will perform routine building custodial tasks. For a complete position description, visit our website at www.kirtland.edu/hr/jobs. For an application form, visit our website

www.kirtland.edu/hr/forms or call 989-275-5000, ext. 239. Applications will be accepted until November 10, 2006. Equal opportunity/affirmative action employer. (-26/3)

MacIntosh

POSITION OPENING

Part-Time Composition

Computer experience in designing

computers with Quark, Photoshop and

Adobe preferred. Must be reliable

Send Resume to:

Crawford County

and able to work within deadlines.

advertisements using

THE BROOK RETIREMENT **COMMUNITIES** are looking for a contingent Registered Nurse to provide coverage for absenteeism, such as vacations/illness. First shift, no holidays or weekends, some on-call. Send resume to: The Brook of Roscommon, 195 State St., Roscommon, MI 48653. Deadline: November 6, 2006. (-26-2/3)

LARGEST COURIER COM-PANY in midwest looking for independent contractors. Must have cargo van. Call for inquires at Grayling office (989) 344-0499. No CDL required. (-26-2-

5. For Sale

#### 

LAWNS RAKED, snow moved, honest pricing, advanced notice preferred. Call Henry at 989-217-0924. (-26tygd/4)

SEWING, ZIPPERS, MEND-ING quilter. Ask for Lorrie (989)348-9349. (LR11/2/06/4)

I CHARGE by the job, not by the hour. Raking, and cleaning debris off roofs of houses and garages, and painting. 348-5081. (-LR11/30/06/4)

**PROFESSIONAL HEMMING** jeans, dresses, slacks, etc. Custom made bedding. 989-344-2444. (-26/4)

5. For Sale

#### Buy Locally and keep Grayling alive and thriving.

Scheer Motors is your local dealer and has been for over 40 years.



Stop by Scheer Motors today and see Cliff Wheeler, third generation local!



Dodge, Dodge Truck, Jeep, Chrysler Used Cars & Trucks

#### 4. Services Offered Continue Office 2

RTH HOME IMPROVE-MENT all your interior and exterior needs. Garages, additions, drywall, painting, roofing, siding, decks, and more. Licensed and insured, free estimates. Rob Harrington 989-344-1383. (else. 9/16/04tf/4)

**DRIVER'S EDUCATION** Segment 1, 2, automobile and motorcycle road testing available from the Grayling Driver's Training School. Classes, November 1, January 8, 2007. Call 348-8838 for materials. (LR10/26/06/4)

HAWES/DRIVERS' D. TRAINING Northern Driving School, currently providing driving instruction in Crawford County, is now taking reservations for upcoming classes. Grayling September, November, January, March, May, and summer 2007. Segment I, \$240. Segment II, \$35. (989) 344-2470, (8/10/06tf/4)

**HEATHER'S** DAYCARE Openings now available, 18 months and older. State licensed, DHS accepted, meals provided, experience in early childhood development. Open Mon. - Fri., 7 am to 6 pm. 989-348-1930 or 989-390-2367. (-19-26/4)

ARE YOU TIRED of looking at your old pole building? We can make it looking new again. Call Tom's Pole Buildings, 800-541-3974. (10/5/06tf/4)

5. For Sale

Seasoned Oak Firewood Ready to Burn \$50.00 per face cord **Delivery Available Call Chris** 989-348-1870 989-619-0912

#### FIREWOOD Hardwood mix,

sawmill type 16 - 18", ready to burn. 2 1/2 cords delivered, \$125. Yard work, two man crew, rack truck, tools, snow plowing, roofs, walkway, clears anything 989-348-7046. (LR10/26/06/4)

AUSABLE ADULT Care Home has openings for males or females in their quiet setting home. Private rooms. Call for information. 989-348-7603. (LR11/2/06/4)

**SEAMS LIKE HOME Military** sewing by Dar Welt. Winter hours are by appointment. Call 348-7220. (LR11/30/06/4)

EXPERIENCED HANDY-MAN Fifteen years experience, no job too big or small, including carpentry, plumbing, painting, lawn cleanups. Call Dan for free estimates, (989) 710-0758. (-12-19-26/4)

#### Crossword **Answers**



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Minimum charge, \$6.00 for the first 15 words, 10¢ for each additional word. Please use as many words as you like, one word per box. Includes listing on the Avalanche internet page.

Crawford County Avalanche

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#### **Categories (Circle One)**

- 1. Real Estate
- 2. For Rent
- 2a. Want To Rent
- 3. Employment
- 4. Services Offered
- 5. For Sale
- 6. Wanted
- 7. Miscellaneous
- 8. Announcements
- 9. Personals
- 10. Garage Sales
- 11. Automotive

\$6.00	\$6.10	\$6.20	\$6.30	\$6.40	\$6.50	\$6.60
\$6.70	\$6.80	\$6.90	\$7.00	\$7.10	\$7.20	\$7.30
\$7.40	\$7,50	\$7.60	\$7.70	\$7.80	\$7.90	\$8.00
\$8.10	\$8.20	\$8.30	\$8.40	\$8.50	\$8.60	\$8.70
\$8.80	\$8.90	\$9.00	\$9.10	\$9.20	\$9.30	\$9.40
\$9.50	\$9.60	\$9.70	\$9.80	\$9,90	\$10.00	\$10.10

CLASSIFIEDS MUST BE PAID IN ADVANCE BY TUESDAY NOON

Call (989) 348-6811, Stop by 102 Michigan Ave., or Visit us online at www.avalanche.townnews.com

102 Michigan Ave. • Grayling • (989) 348-6811

8 CORD OF OAK cut, most split, \$300. U-pick up. 348-4313, please leave a message. (10/26/06tf/5)

SCHOOL FURNITURE SALE Frederic Elementary School, Sat. Oct. 28, from 9 - 3 pm. Includes: student desks and chairs, work stations, tables, chairs, air conditioners, shelving, books, supplies, cabinets, misc. furniture. (-26/5)

**QUEEN SIZE MATTRESS** set with Amish made pine log headboard and free frame still in plastic; never used. Cost \$800, will sacrifice for \$235. Call (989) 539-3910. (7/3/03tf/5)

AMISH BUILT pine log bed. Oueen size, beautiful, must see. Will sell for \$265. Queen size mattress set, new in plastic with free frame will sacrifice \$150. Call (989) 539-3910. (7/3/03tf/5)

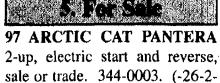
CABIN LOGS rough sawn lumber, kiln dried lumber, tongue & groove, log siding, custom sawing. T. Warran Sawmill. 989-619-0840. (LR12/28/06/5)

FIREWOOD FOR SALE Five face cord minimum order, delivery up to 30 miles. \$275 per load. 231-384-0398 or 231-631-9601. (LR11/9/06/5)

**OUEEN SIZE PILLOW TOP** mattress and box springs new in plastic with Amish made pine log headboard. Cost \$995 will sacrifice for \$285. Call (989) 539-3910. (7/3/03tf/5)

FIREWOOD aspen/bass, 3cord load, \$100. Split/delivered. 344-9056. Phone (LR11/23/06/5)

THE CAR LOT is always open in the Avalanche classifieds. (989) 348-6811



1998 JAYCO DESIGNER SERIES 48395 miles, air, microwave, awning, screen room, super sharp. \$12,000. 348-8680.

(-26tygd/5)KING SIZE waterbed frame, \$50. 2 milk crocks, \$50 each. 6 drawer dresser, \$25. 2 antique

mirrors, \$25 each. 348-8176. (-SET OF FOUR Bridgstone Blizzaks, 215/60R16, \$175. 2 Wintertraxx, Dayton

26tygd/5) MOBILE HOME FURNACE Nordyne-L.P. Gas, excellent condition, \$350. 989-745-3377. (-

P235/T5R15, \$50. 348-2433. (-

WOODS 72" SNOWBLOWER 2 stage, 3 pt. hookup, used part of a year. Make offer. 989-350-1305. (-26-2/5)

#### 6. Wanted

26/5)

**ROOMMATE WANTED \$300** a month, plus half of utilities. 989-348-5283 or 989-366-5036. (-26-2/6)

WANTED-SCRAP VEHICLES top dollar paid. Pick up available. 888-471-3818. (3/3/05tf/6)

WANTED room to rent from older woman. I am 49 years old and receive \$1,128 a month S.S. Disability benefits, and prefer quiet, hillbilly type country living. Please call Dave, cell phone number 989-745-1887. Leave message and number, or what time you can call back if not receiving no cell signal. (LR11/16/06/6)

#### 6. Wanted

WANTED TO BUY Rittenhouse cottage furniture. 248-851-7585. (03/2/06tf/6)

#### 7. Miscellaneous

**CUSTOM SIGNS & LETTER-**ING for your business, truck or trailer. Call Pete Kocefas at 989-348-8627, 1-800-848-1268. www.SledheadsUSA.com (10/19/06tf/7)

#### 8. Announcements

FAMILY, GRIEF or general counseling. GRACE Center, Grayling. 989-348-2544. (7/13/06tf/8)

MOVING AUCTION Oct. 28, 10 am, Perry Creek & M-33, Mio. Antique and contemporary furniture, northern decor, glass, porcelains, antiques, household, sportsman collectibles, animal mounts, guns coins, more. View Lets Talk Auction online. (989) 848-5158. Company. www.LetsTalkAuction .com (-26/8)

KIDS from the community are invited to Trick or Treat at Grayling Nursing Rehabilitation, 331 Meadows Drive, October 31, from 6 to 7:30 pm. (LR10/26/06/8)

"HUNT WITH FRED BEAR" New book due out Nov. 10, by Dick Lattimer. Call Pete Kocefas at 1-800-848-1268, or go to www.FredBearCampfireStories.c om (10/19/06tf/8)

SALE Hartman's Fly Shop, 6794 E. County Rd. 612. 989-348-9679. Woolrich, Filson, Artisan. Ends 10/31/06. (-12-19-

**HELP WANTED HINTS When** placing a Help Wanted Classified, remember to list the job title and duties involved, whether it is full or part time, the name of company or business, mailing address for resume, or street address for walk-in applications. Crawford County Avalanche, 102 Michigan Avenue, Grayling - (989) 348-6811

9. Personals

#### l Asidimetanni

THE OLE BARN 6811 W. M-

72, Grayling, MI 49738. 989-344-1760. Open 7 days, Sat. -Thurs., 2 pm, Sun. & Mon., 4 pm. New management. Sunday: Open pool, \$5 pitchers. Monday: \$1 drafts. Wednesday: Ladies night, \$1.50 well drinks and domestic beer. Thursday: G. I. night, Karaoke with Cal Dutton from 9 - 1 am. Kitchen open soon. Live band Fri. & Sat., Oct. 27 & 28. Curb-. (-26/8)

ANNUAL HARVEST DINNER Michelson Memorial United Methodist Church. Thursday, Oct. 26, 5 - 7 pm. Buffet style turkey dinner. Adults \$8, children (5-12) \$3. Carry out available only between 4 - 5 pm. (-19-

QUIZNOS SUB Open house/seminar, Great Wolf Lodge, 3575 North US 31 South, Traverse City. Wed., Nov. 1, 2006, 1 pm & 7 pm. RSVP: 800-335-4782. www.quiznos.com. 1475 Lawrence St., Ste. 400, Denver, CO 80202. (-19-26/8)

HALLOWEEN PARTY at The Ole Barn, Saturday, Oct. 28. Costume contest, shooter specials and prizes. Live band Oct. 27 & 28, Curb. (-19-26/8)

LOOKING FOR A WAY to sell your antiques? Bring them to Antiques & More, 600 N. James St. We are now taking antiques on consignment. Stop in or call 344-0108. Located behind Fabrics & More, across from Rochettes. (-19-26/8)

COME ONE COME ALL to 16th Grayling Ladies Eagles Craft Show and Bake Sale. November 4, 9 am - 4 pm. (-26/8)

HALLOWEEN #1 Prizes for best costume. Drink Specials. Music by Cherry Bomb at the Sawmill Tavern on Friday, Oct. 27th, 9:30 pm til 1:30 am. (-

HALLOWEEN #2 Ladies night. Prizes for the best costume. Drink specials. Karaoke by "Corky" at the Sawmill Tavern on Wed., Nov. 1st, 9:30 pm til 1:30 am. (-26/8)

9. Personals

JAYDEN PARTELLO

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11 thru Dec. 15 in Gaylord. Evening classes, cost \$995. Limited seats. 313-382-3857. (LR11/30/06/8) JOIN US ON SATURDAY Oct.

28 for a low key Halloween party at Spike's Keg of Nails. Food and drink specials from 8 pm to 1 am with a costume contest. (-26/8)

LEARN TO KNIT and crochet at Fabrics & More in Grayling. Beginners on up are welcome. Call 344-0986 for more information. Located next to Rochettes IGA. (-26-2/8)

#### 9.Personals

HAPPY 19th BIRTHDAY JOSH you have done nothing but made us proud, you will be sadly missed. Love, your sister Jen, Keith, and Kaden. (-26/9)

#### 10. Garage Sale

SCHOOL FURNITURE SALE Frederic Elementary School, Sat. Oct. 28, from 9 - 3 pm. Includes: student desks and chairs, work stations, tables, chairs, air conditioners, shelving, books, supplies, cabinets, misc. furniture. (-26/10)

HUGE SALE in our basement, Friday, 10/27 from 10 am to 5 pm, Saturday, 10/28 from 1 pm to 5 pm. 104 S. Bauman, Grayling. 1/2 mile east of Stephan Bridge Rd. on North Down River Rd. and S. Bauman Corner. Lots of albums left, a lot of new things have been added, lots of new material, new patterns, craft items, candles, dishes, clothes \$1 per box, stuffed animals, toys for the young, blankets, ceramics, and much, much more. All items must go, we are down sizing and must sell all. (-26/10)

TIMBER RAPIDS garage sale, Sat., Oct. 28, 9 - 3. Oueen size bedding, end tables with lamps, coffee table, stereo,

lots of miscellaneous items, Don't miss out. (-26/10) MOVING SALE Oct. 26 - 29, 9 am to 6 pm. Toys, appliances, kid and baby items, and much more, 803 Chestnut, Grayling, (-

16. Garage 541

indoor

#### 11. Automotive

19-26/10)

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11. Automotive



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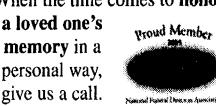
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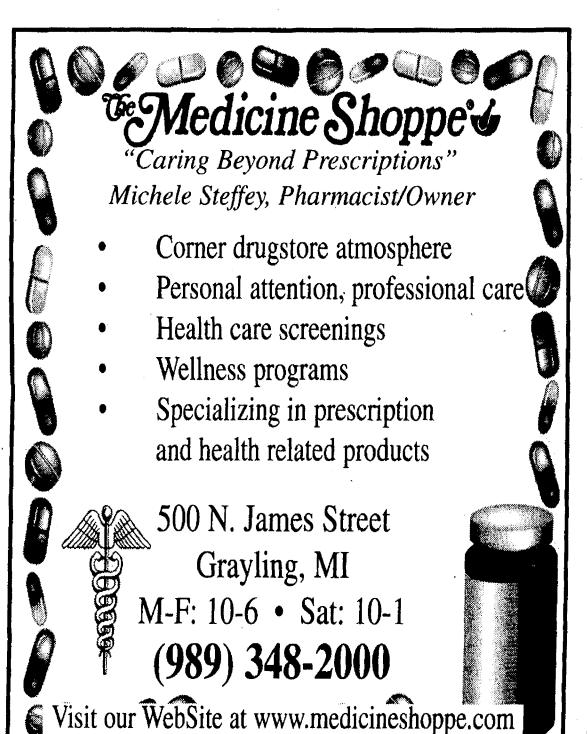
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## Helping seniors stay active and healthy: A doctor's care makes a difference

(ARA) - What a difference a few decades make. Today's seniors are living longer, healthier lives than their parents did.

According to the Centers for Disease Control and Prevention (CDC), the average life expectancy in America is now 77.9 years – the highest it has ever been. Back in the 1940s when today's retirees were born it was 62.9. When their parents were born around the turn of the century it was more like 50.

So what has changed? The introduction of new drugs and vaccines, improvements in living standards and advances in health care. There were 50,000 fewer U.S. deaths in 2004, the biggest single-year drop in mortality since the 1930s, with the largest reductions due to improvements in treating heart disease, cancer and stroke.

"We're doing more than ever before to help keep seniors healthy, including cancer screenings, managing multiple medications and providing counseling on ways to stay healthy, like how to quit smoking," says Dr. J. Edward Hill of the American Medical

Association.

But seniors are in danger of losing wide-spread access to physicians because of drastic Medicare cuts. The Medicare Trustees Report, released earlier this year, projects that payments to Medicare physicians will be cut about 40 percent over the next nine years. At the same time, the government projects practice cost increases of about 20 percent.

"Doctors are stuck between a rock and a hard place as they try to do more to improve the quality of medical care for seniors while being penalized with lower Medicare payments," notes Dr. Hill.

If Medicare payments don't keep up with increasing practice costs, doctors will be forced to make difficult decisions. Nearly half of the physicians polled in a recent survey say that next year's cut will force them to either decrease or stop seeing new Medicare patients. This is frightening news for the seniors who rely on Medicare now for health care, and for the baby boomers who will begin to age into Medicare in just five years.

"Seniors want to enjoy their retirement, and they're turning to physicians for advice on how to stay healthy," says Dr. Hill. "I love my senior patients, but it will

be difficult for doctors to care for the nation's growing elderly population if the government keeps cutting Medicare payments."

For optimal health, Dr. Hill of the AMA advises seniors to:

- Keep a list of all your current medications, including prescriptions, over-the-counter and herbals to bring to medical appointments.
- An ounce of prevention is worth a pound of cure: Take advantage of preventive health screenings for vision, hearing and early screenings for diabetes, heart disease and cancer.
- Exercise regularly to stay fit and reduce arthritis pain and disability.
- Create a "living will" so your health care wishes are known if you can't speak for yourself.
- Talk to your doctor about safe driving skills.
- Quit smoking.
- Get an annual flu shot.
- Tell your members of Congress to preserve seniors' access to physicians by stopping Medicare physician payment

For more information on what's being done, log on to www.patientsactionnetwork.org or call your member of Congress at (888) 434-6200.

(Courtesy of ARA Content)



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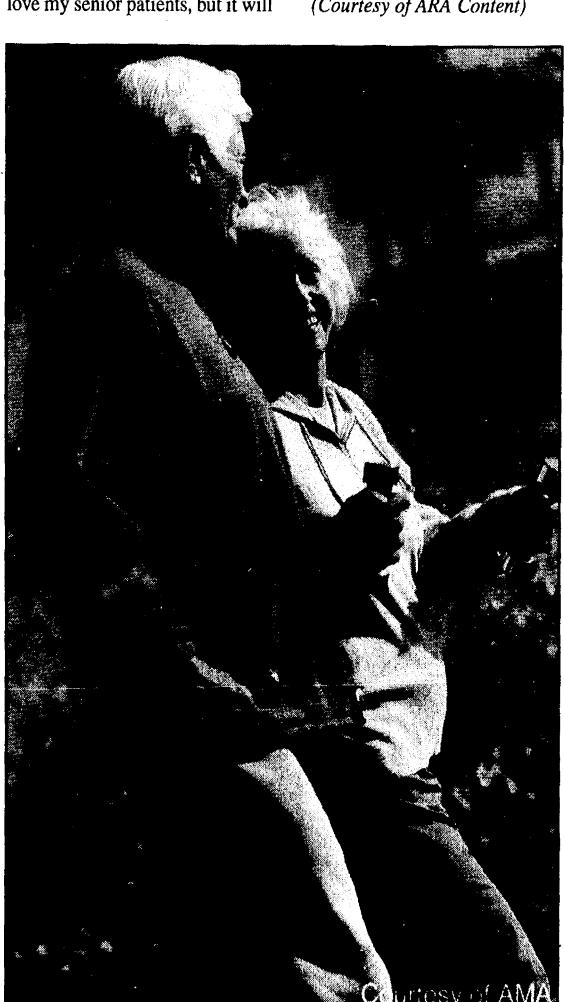
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Today's seniors are living longer, healthier lives than their parents did.



Gardening can be a rewarding experience for people of all ages.

# Treating osteoarthritis pain while gardening

(NewsUSA) – Gardening can be a rewarding experience for people of all ages and a life-long passion to many. However, for Americans who suffer from osteoarthritis, tending to plants and perennials during their golden years may be difficult and painful. According to the Arthritis Foundation, there are some simple modifications that can help keep your garden growing with ease.

• First, create a garden that helps you. Before you even get started, arrange your garden in a way that makes your tasks easier and conserves your energy. For example, make sure your garden has a nearby water source so you don't have to carry watering cans or hoses and keep tools and storage close.

• Choose your plants wisely. Don't be afraid to ask about plants that require little care, such as ones that don't need regular pruning or maintenance. Plant shrubs or perennials that bloom every year so you don't have to replant each time.

• Set your posture clock. Maintain good posture at all times. Switch tasks every thirty minutes or so and take fifteen-minute breaks every hour to ease tension and reduce stiffness. And stretch before you begin to get your body ready for activity and help prevent injuries.

• Bend, pinch and cut correctly. If you have to work close to the ground, place only one knee on the ground and keep your back straight, or use a stool.

• Update your tools. The equipment you use can make a big difference. Wear a carpenter's apron with several pockets to hold tools. Keep pruners sharp to make cutting easier. Use hoes or rakes that have long handles to avoid bending or stooping. Widen tool handles with foam tubing or grip tape to make them easier to grasp.

But if you do suffer from pain after over-doing it in the garden, David Baras, M.D., of the Department of Family Medicine at the University of South Florida School of Medicine has tips to reduce the soreness and pain.

• Listen to your body. Pain as a result of gardening often sets in hours after weeding the flower beds. Don't try to do the entire garden project in one day, especially if it is a large one. Break it up into several small parts and over several days.

• Treat the pain. For his patients whose osteoarthritis pain is exacerbated by stressful joint activities like gardening, Baras recommends an over-the-counter pain reliever like acetaminophen. Baras encourages people to talk to their doctor about which pain reliever is right

for them.

• Soak and stretch. If you have sore muscles, try soaking in a warm bath to help soothe your joints. Stretch before and after activity to help maintain flexibility and range of motion.



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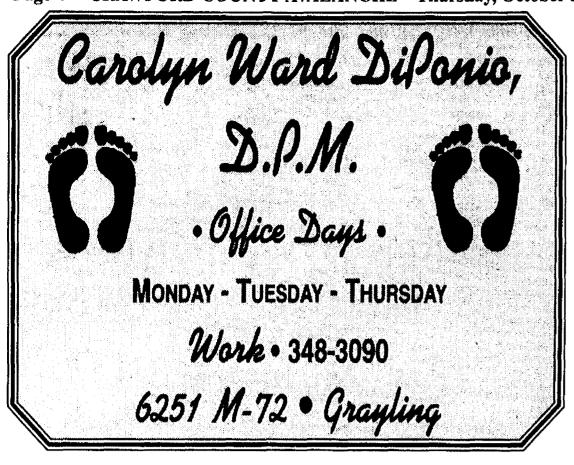
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## Keep good memory on your mind

Here's good news for anyone who wants to boost their brain power: Doctors recommend the following tips for helping to improve a person's memory.

• Exercise to be wise. The old adage "use it or loose it" may hold true for brain functioning. A recent study in the Archives of Neurology reports that exercise significantly cuts a person's risk of Alzheimer's and other memory loss. It is thought that exercise is beneficial because the activity helps maintain blood flow and lowers high blood pressure and cholesterol-all of which can affect the brain.

- Jog your memory. Similarly to physical exercise, studies suggest that mental exercise can help maintain memory health. Experts say activities ranging from the simple-writing, associating names with places-to the more complexplaying chess, card games or crosswords-can keep memories sharp. In addition, regular social activity has been shown to increase memory function.
- Supplement your memory. Many people take supplements and vitamins to slow memory loss. Vitamin E, for example; is an

antioxidant capable of neutralizing free radicals that can damage brain cells. In addition, both phospholipids and specific fatty acids have been found to help compensate for memory loss caused by age, stress, diet and more. Doctors say certain dietary supplements may help enhance memory and keep minds sharp.

• Food for thought. When it comes to the mind, diet does matter. Nutritionists say a balanced diet that includes fish, fiber and leafy green vegetables can help people think clearly, feel alert and help keep memory clear.

## Three keys to help ease joint pain

(NUI) - Back in the late 1990s, more than 40 million Americans suffered from arthritis - the painful, often debilitating disease that can affect every joint in the body.

As baby boomers age and the elderly are living longer, the number of people who have arthritis is rising.

Today, a recent study by the Centers for Disease Control and Prevention notes an alarming increase. In just over five years, the study states that 70 million Americans (or one in three people) wake up with joint pain radiating from their back, knees, knuckles or elbows.

Although arthritis knows no gender or age group, older individuals seem to be prime candidates for the disease for reasons ranging from loss of bone density or bone mass to lack of flexibility.

In addition, there is a misperception among the older generation that exercising will aggravate already aching joints. On the contrary, remaining active, especially for seniors, is one of the most important things that can be done to prevent or, at the very least, manage the pain associated with arthritis.

So whether you are interested in minimizing the effects of the disease or simply reducing your risk, use these tips as a basic guideline: • Maintain an appropriate weight. Extra pounds add unnecessary strain to the joints, so it is important to find out what weight is right for you.

• Exercise to maintain fitness and flexibility. Remaining active whether that means keeping your Sunday golf date or simply rooting

around in your garden - is key to limiting the impact that arthritis can have over your life.

 Seek early diagnosis. Consulting your doctor whenever you experience joint pain is essential to preventing joint damage and ensuring that you can continue with an active life.

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**Promoting Independence** 

## The best ways to support a friend with cancer

(ARA) – One in every three women will be diagnosed with cancer over the course of her life. More than 33 percent of these diagnoses will result from breast cancer, making it the most common cancer to affect women. In fact, this year alone nearly 700,000 women will be diagnosed with some form of cancer. These statistics make it abundantly clear that cancer touches all Americans in some way, either directly or in the life of a loved one. Research suggests that when struggling with cancer, individuals who feel supported are more able to cope psychologically with the physical and emotional burdens of their disease.

"In my experience, after being diagnosed with cancer, most people are faced with the feeling of helplessness and despair. I have found that having someone to stand by my side gives me the will to continue my battle," comments cancer survivor Becky Johnson.

Although most people want to help loved ones during this challenging time, it's often hard to know where to begin. Here are some meaningful ways to make a difference in the life of a woman battling cancer:

• Keep track: Five lovingly-made meals may be an appreciated gift. but probably not if they arrive all at once! Create a communal calendar where friends and family can sign up for simple chores and meal preparation. Even better, post the calendar online to make it easy for everyone to access.

• Make the cut: Fifty-eight per-

cent of cancer patients fear losing hair more than any other effect of cancer treatment; 8 percent even consider foregoing such treatments to avoid losing their hair. People across the country (including actress Diane Lane) are cutting off their ponytails to help out! Pantene Beautiful Lengths, the first program to turn donated hair into realhair wigs for women undergoing cancer treatment, is helping women regain some of the self confidence that hair loss may have taken from Visit www.beautiful lengths.com to see how to get involved.

• Lend an ear: Be ready to listen if a loved one would like to talk either about their illness or something else. Initially, a person battling cancer may not be able to speak about what they're going through, but it can help to know that a sympathetic listener is there when they are ready to talk.

• Spare the time: Support groups provide strength and inspiration to patients and their families through discussion and community. Though they are usually led by trained professionals, support groups often rely on general volunteers for critical help before, during and after meetings. Local chapters of the American Cancer Society are a great resource for more information on how to become involved.

• Don't wait to be asked: Walking the dog, mowing the lawn, even doing the dishes can often seem overwhelming to a person with cancer. It doesn't take much time to make an ill person's day much eas-

• Share the wealth: Initiatives like the Entertainment Industry Foundation's Women's Cancer Research Fund (www.wcrf.org) support innovative research, education and outreach directed at the development of more effective approaches to the early diagnosis, treatment and prevention of all women's cancers.

Most importantly, reach out to loved ones during the greatest fight of their lives. Anxiety, fear, depression, grief and loss are all common feelings among women battling cancer. Knowing that they are loved, appreciated and cared for can be a tremendous psychological

(Courtesy of ARA Content)



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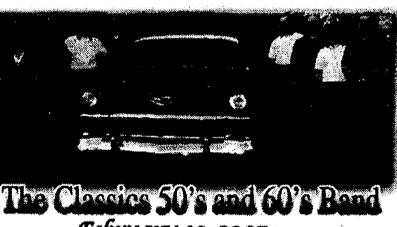




The Merling Trio January 11, 2007

demand! Grayling **High School** Doors open at

6:45 **Show Starts at** 7:30 \$12 / \$10



February 10, 2007 Splish Splash with The Classics '50s and 60s Band & wear your Blue Suede Shoes **Grayling High School** 

Doors open at 6:45 • Show Starts at 7:30 \$12 / \$10



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**Dinner Show** Holiday Inn -Grayling Doors open at 5:30 6:30 Dinner 7:30 performance White Fish or Prime Rib \$30

Midland's Manhattan Transfer

**Dinner Show** Holiday Inn -Grayling Doors open 5:30 6:30 Dinner 7:30 performance New York Strip or Apple Jack Pork

\$30



Good Company Apríl 19, 2007





@atobar 26, 2006



Novambar 80, 2003

March 22, 2007



The Sun States April 12, 2007



Amezing May &, 2007

Rialto Theatre, Grayling - \$8/\$7 Doors open 6:45 - Show 7:30

Actress Diane Lane cut her hair to benefit Pantene Beautiful Lengths, the first program to turn donated hair into real-hair wigs for women undergoing cancer treatment.

Tickets available at the Grayling Regional Chamber of Commerce 989-348-292 or at the door

## MERCY HOME CARE MERCY HOSPICE



About Us: Mercy Homecare & Mercy Hospice was first founded in 1985 when Trinity Health, then Mercy Health Services, identified the increasing need for health care services for people in their homes. Home care is requested by the physician to assist individuals back to optimum independence after they have experienced a change in their health. In 1995, hospice services were started to allow specialized comfort care and support to people living with life limiting illnesses.

Both the home care team and the hospice team have ongoing specialized training. Both teams work, with your physician, to provide exceptional care that is personalized. We respect that we are guests in your home.

Home Care Services Include: Skilled Nursing, IV Therapy, Home Health Aides, Social Work, Nutrition, Speech, Physical, Occupational, and Wound therapies

Hospice Services Include: Skilled Nursing, Social Work, Home Health Aides, Trained Volunteers, Spiritual Support, Bereavement Services, Respite Care, Pain and Symptom Management, and Emotional Support.

Community Activities: Chamber of Commerce member, participation in community health by offering blood pressure/sugar screening, educational presentations, bereavement support groups, annual memorial services and Adopt A Highway.

**Professional Associations:** National Association of Home Care, Michigan Hospice & Palliative Care Organization. Michigan Home Health Association.

He serve argetter of Printip Fiedla. In the spirit of the Eastell to heal body, mind and spirit, to improve the health of our communities and steward the resources entrusted to us.

After hours services available 24 hours a day - 365 days a year. For Further information or to arrange for Home Care or Hospice Services, please call: (989) 348-4383 or (800) 424-1457.

A MARKET & TRINITY HEALTH

# Four tips to retire with a healthy, active lifestyle

(NewsUSA) – Being a senior citizen does not mean you can't be as active as you once were. Age slows down only those who are slow in making the right choices.

With some precautions and a healthy lifestyle, your retirement years can be filled with fun, romance and adventure. While you're planning activities to keep you busy, remember that taking care of your health is the all-

important first step to maintaining an active lifestyle.

Here are a few tips to keep in mind for a healthier life:

- Be a positive thinker. Maintaining a positive attitude – and a sense of humor – is believed to make a difference in your overall health and well-being.
- Exercise regularly. For starters, try walking, water aerobics or yoga. Be sure to consult your doctor before starting a new

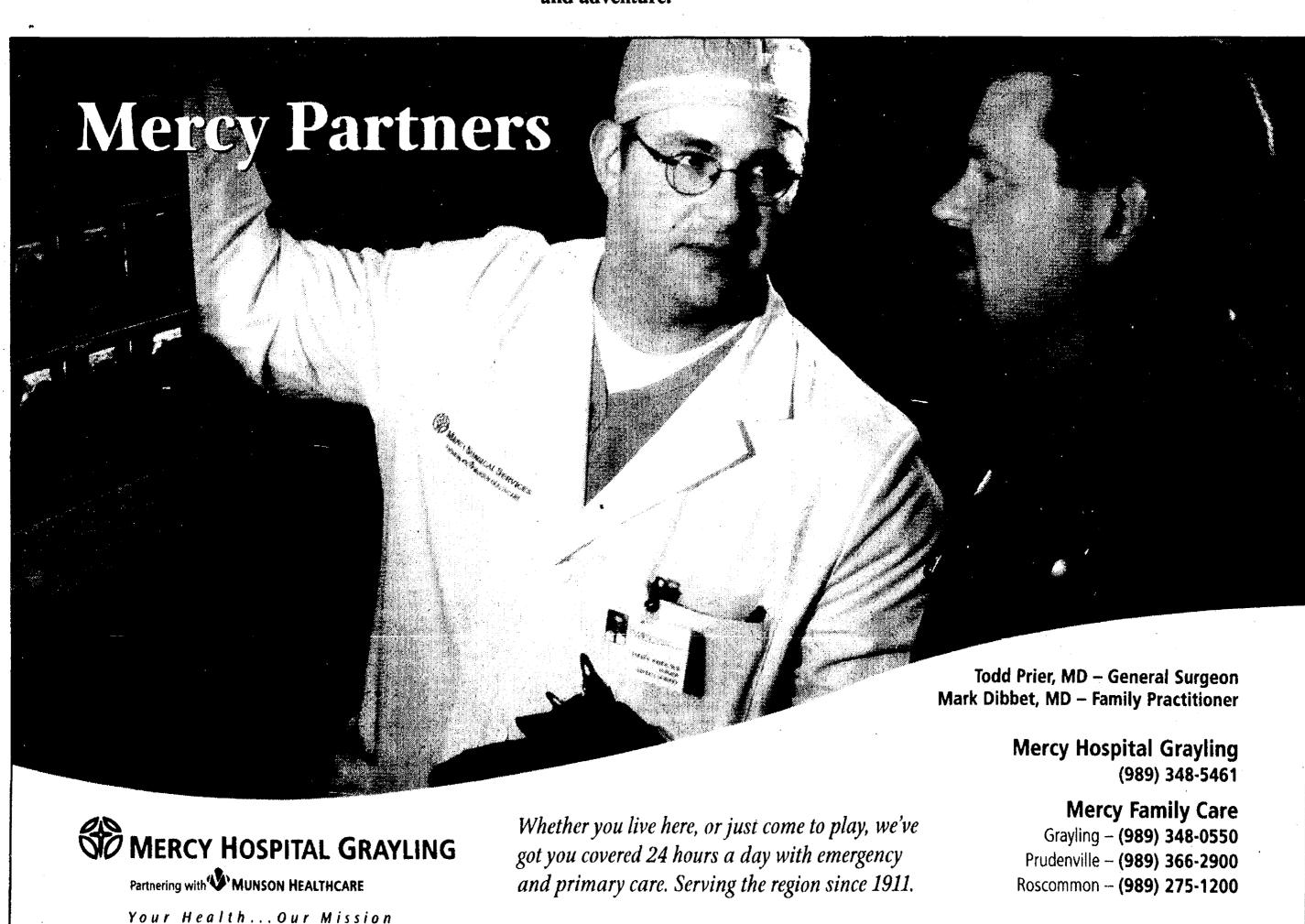
exercise regimen.

- Don't skip meals, especially breakfast. Add fiber to your daily diet and drink plenty of fluids. Limit consumption of foods high in sugar, salt, saturated fat and calories.
- Ask your pharmacist about multivitamins especially formulated for people age 55 and older. For those who don't like to or can't take pills, consider supplements available in liquid form.



Being a senior citizen does not mean you can't be as active as you once were. With some precautions and a healthy lifestyle, your retirement years can be filled with fun, romance and adventure.

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## It's More Than Just Cholesterol: Survey Shows Doctors Recognize the Risks, but Patients Remain in the Dark

(ARA) - Results from a new national survey from the National Lipid Association (NLA) show that although physicians are aware of the dangers of high triglycerides, patients - including those at greatest risk – are unaware of the heart risks they can pose, and are largely uninformed about triglycerides in general.

Triglycerides are a type of fat (or lipid) found in the blood that is produced by the body and ingested from food. So-called "good," or HDL cholesterol, and "bad," or LDL cholesterol are other types of lipids. All three blood fats are measured as part of a standard lipid blood test.

According to national guidelines, a normal triglyceride level is under 150 mg/dL. Elevated triglycerides have been linked to serious illnesses including heart disease, kidney disease and pancreatitis. In fact, the Diabetes at Greater Risk risk of developing coronary artery disease doubles when triglyceride levels are above 200 mg/dL. If your triglycerides are above 200 mg/dL and your "good" (HDL) cholesterol is below 40 mg/dL, you are at four times the risk. These risks are a widespread concern, with more than 100 million Americans living with unhealthy lipid levels, according to the American Heart Association.

The Moving Beyond Cholesterol survey, which included 2,089 patients and 510 doctors, demonstrates that while nearly 9 out of 10 doctors agreed that elevated triglycerides are an independent risk for heart disease, only 13 percent of patients knew the accepted national guidelines for healthy levels. In fact, the overwhelming majority of physicians felt patients did not understand triglycerides or recognize the differences between them and cholesterol.

The survey also found that although 67 percent of physicians reported having discussed healthy triglyceride levels with their patients, fewer than half of patients. who had discussed lipids with their doctor recalled talking specifically about triglycerides.

"The findings clearly show that we, as physicians, need to do a more thorough job of being sure our patients understand the cardiovascular risk of unhealthy lipid levels, including often-ignored triglycerides," said Jerome D. Cohen, M.D., director of Preventive Cardiology Programs at St. Louis University Health Sciences Center and chairman of the National Lipid Association Consumer Affairs Committee.

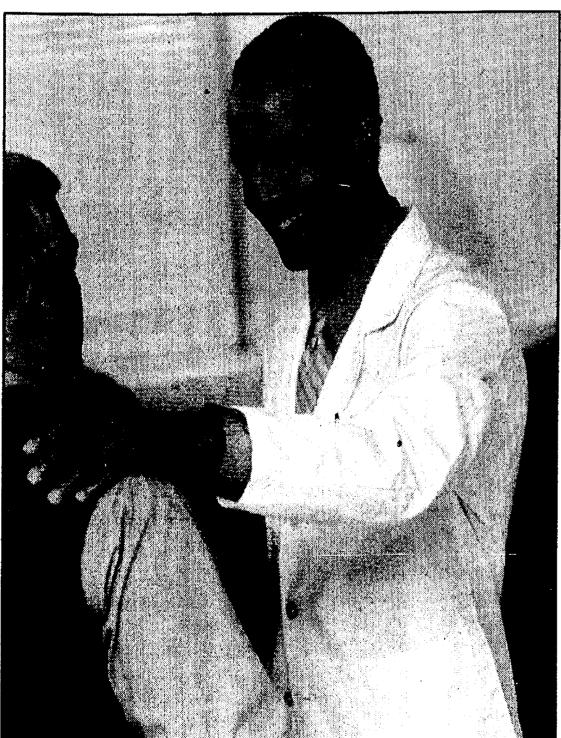
#### Women and People with

Elevated triglycerides are an even more significant risk factor for women than men. An increase in triglyceride levels of 88 mg/dL increases the risk of developing cardiovascular disease by 37 percent for women, compared to 14 percent for men. Despite the fact that elevated triglycerides pose a greater threat to women than to men, significantly fewer women reported having discussed the risks associated with high triglycerides with their doctor.

Among people with diabetes, who are already at increased risk of heart attack and stroke, and for whom high triglycerides are an especially important and common problem, only 15 percent correctly identified normal levels of triglycerides.

#### **Need for Education**

The survey, which was conducted



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by Harris Interactive in July and August 2006, demonstrates the need for improved patient education. Though doctors reported having discussed lipids with 3 out of 4 patients, more than 9 out of 10 doctors agreed that most of their patients need to learn more about lipid management. Unfortunately, only 43 percent of patients surveyed said they had discussed lipids with a healthcare provider, suggesting the need to reinforce lipid education.

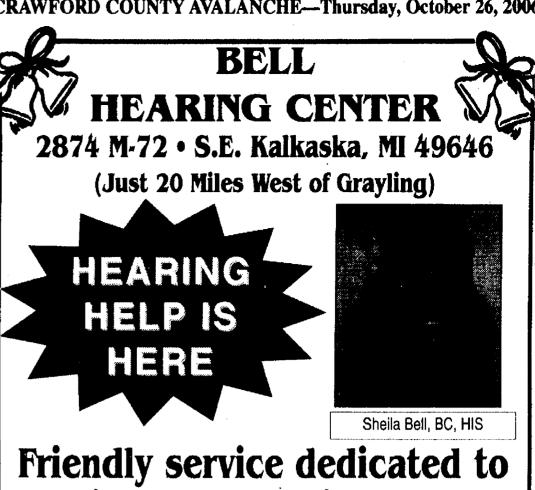
Encouragingly, patients who reported discussing triglycerides with their physicians were more likely than average to be aware of normal levels, pointing to the positive educational impact physicians can have on their patients.

#### About the National Lipid Association

The National Lipid Association (NLA) is a multidisciplinary nonprofit membership association that serves the community of healthcare professionals who manage patients with lipid disorders and cardiovascular disease. The NLA's public health mission is to help reduce deaths related to high cholesterol. For more information, please see the NLA Web site at www.lipid.org.

Funding for this survey was provided by an educational grant from Abbott.

(Courtesy of ARA Content)



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## Lifestyle tips for managing arthritis pain

(NewsUSA) - One out of three adults in the U.S. suffers from arthritis or chronic joint problems, Foundation.

Some may get twinges upon awakening; others are so seriously and chronically debilitated that simply driving or washing the dishes causes agony.

Either way, arthritis is a major health problem. Whether you want to prevent contracting the disease or decrease the symptoms if you already have it, here are some steps you can take toward relief:

• Exercise. Regular physical activity strengthens the muscles that support arthritic joints, increases range of motion in the joints and, by reducing body weight, lessens the load the joints must bear.

- Find a hobby. The Arthritis according to the Arthritis Foundation reports that hobbies can have a positive effect on pain management by diverting the mind's attention away from physical and psychological pain. In a 2005 study, doctors found that older people with arthritis who listened to music for 20 minutes daily had less pain than those who simply sat and did nothing for the same length of time.
  - Try supplements. You don't need a doctor's prescription to try a variety of supplements.
- Get more sleep. Inadequate sleep leads to an increase in arthritis pain and to a gain in weight, which stresses the joints even
- Eat well. Certain foods may help prevent arthritis or help reduce its symptoms. Specifically, the following could make a difference: omega-3 fatty acids (found in cold-water fish, walnuts and soybean kernels); selenium, an antioxidant in shellfish and whole-grain products; vitamin D (sources include eggs, fortified breads, cereals and milk); and vitamin C (berries and citrus fruits).



Regular exercise and stretching strengthens the muscles that support arthritic joints.

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